

Recovery Oriented System of Care ROSC Council Meeting Minutes

Location: Zoom

Date: July 21, 2023

Time: 1:00- 2:00pm

1. Welcome and Introductions- 30 people in attendance

2. Agency Updates-

Hygiene Pantry- Back to School Event August 6th 12-4pm ROE #33- Knox County Summerfest August 2nd 5-7pm Bridgeway- Discover Wellness Summit September 15th 7:30 Knox County Housing Authority- 2 new peer support groups start in August 1 for mental health 1 for substance use Oxford House- 3 beds open/ Community Open House August 11th 3-7

- 3. What is SMART Recovery- Jeff McFadden gave a presentation on SMART Recovery and the tools used.
- Generation Found Event- Movie showing July 22nd at the Orpheum Theatre 4 Panelists- Brycen, Lynsey, Keith and Kristin Raising awareness around teen substance use
- 5. Candlelight Vigil- Shirts are available for order

Knox County Corner reported 42 overdose deaths since 2017
We are ordering yard signs and 42 purple lights to put out the week of the event Light the town up purple.

This project is supported in part by the Illinois Department of Human Services Division of Substance Use Prevention and Recovery, as part of the Social Services Block Grant award from the Federal Administration for Children and Families (G-1801ILSOSR)

Sign In: Leann Courson System of Care Coordinator Jeff McFadden- System of Care Coordinator McDonough Fulton County ROSC Deanna Trout- Community Hygiene Pantry Amanda Gibson- Knox County Housing Authority Kristin Lewis- CRSS Keri Dodson- Bridgeway Community Engagement/Marketing Leslie- Robert Young Center Ibrahim- Robert Young Center Jordan Peterson- Knox County Housing Authority Ashley Felt- Substance use counselor Tomas Diaz- PLE Dorothy Lamb- 1st Baptist Church Roy Van Meter-Birth to 5 Rhonda Hillyer- ROE #33 Julie Pohlman-Region 4 TA Kelli Jo McFadden- LPN Bart Wolek- Prairie State Legal Services Heather Allen- BA in Substance Use/ Family member

Lucas Robinson- Work Force Office
Peter Schwartzman- Mayor of Galesburg
Debbi Jo- Bridgeway Prevention Specialist
Jamie Stark- Hunger Collaborative
Harley Spero- Turning Point Child Advocacy
Lisa Stevens- Bridgeway Substance Use Counselor
Zach George- Oxford House
Nancy- Galesburg Community Member
Cheryl Root- Recovery Core
Reina Reyes- Knox County Health Dept.
Ashley Thomas- Good Will Employment Specialist

Welcome

ROSC Mission:

"Collaborating to build and empower communities of recovery"

ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the "voice" of peers, family members, and the community in planning and decision-making
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability