



## Meeting Notes: **HLM ROSC Meeting Notes**

Date: July 25, 2023

Time: 1:30pm

Location: Zoom

Minutes Dictate By: Jada Anthony

Attendance: 14

Neesha Stringfellow

Ben Rudolph

Kathleen Burke

Ruby Powell

Dr. Alice Crawford

Kristen Dean

Jada Anthony

Allison Thomas

Caitlyn Daly

Ginni Demko

Tanya Reid

Danny Sourbis

Jarret Burton

Patty Johnstone

Lived Experience Attendees: 4

### **Agenda:**

1. Welcome & Introductions- Tarcia Leak welcomes everyone to the meeting and starts with prayer.
2. Introduction Kristen Dean provides an overview of the meeting agenda and sets the context for the discussions.
3. Jada Anthoy speaks on upcoming events.
4. Impact of HLM Recovery & Importance of Staying Connected as PLE
5. Special Speaker: Tanya Reid shares her organization in connection to Minority Mental Health Month and shares her Sound Minds Conference
6. Q&A with Tanya
7. Closing Prayer

## **Meeting Minutes**

**Welcome & Prayer:**

The meeting began with Tarcia Leak welcoming all attendees and leading a prayer to start the session.

**Upcoming Events:**

The following upcoming events were announced:

- August 18: Movie and Mind
- August 23: Your light still shines
- August 15: Love and Grief

**Introduction:****Neesha Stringfellow**

introduced the agenda and set the context for the meeting.

Agenda

**Sound Minds and Minority Mental health:**

Special Speaker: Tanya Reid

Tanya Reid, a prominent voice in our council meeting, captivated the audience as she delved into the details of the upcoming Sound Minds Conference. With a keen focus on minority mental health, Tanya's presentation resonated deeply with attendees. She eloquently highlighted the pressing need to address the unique challenges faced by marginalized communities in the realm of mental health. Tanya's dedication to fostering inclusivity and understanding was evident as she shared her vision for the conference—a platform where individuals from diverse backgrounds can come together to discuss, learn, and support one another. By shining a spotlight on this often-overlooked aspect of mental health, Tanya Reid's Sound Minds Conference promises to make a meaningful impact, promoting greater awareness and equity in the realm of mental well-being.

**Q & A with Tanya Reid:**

Attendees had the opportunity to ask Tanya questions and engage in a question-and-answer session.

**Closing Prayer:**

Tash Leak led the closing prayer to conclude the meeting on a positive and reflective note.