

Alexander/Pulaski ROSC Council Monthly Meeting

06/29/2023

11:30 AM to 12:30 PM

ACO/Zoom

Katt Decker, Arrowleaf
Drew Middleton, Arrowleaf
Brittney Hale, Arrowleaf
Brandy Nelson, Arrowleaf
Haley Robison, Arrowleaf
Shara Roberts, TAT
Brittney Matthews, S7HD

1. Katt Decker Opened with the Welcome and Introductions
2. Katt Covered Slides,
 1. -What is ROSC?
 2. -Arrowleaf's ROSC Program Grant
 3. -ROSC Council Goals
 4. -ROSC Mission and Vision

Haley Robison went over Saving Lives with Education, Support, and Narcan!

Katt Decker went over Stigma Reduction and How Words Matter!

Haley Robison went over SMART Recovery and the 4-Point Program.

Katt Decker Covered The MOUs.

Round Table Discussion, Katt Decker, Brittney Hale, Drew Middleton, Brandy Nelson, and Haley Robison went over our upcoming events and current resources,

The Food Pantries

The Community Closet

National Night Out

1. Questions, Comments, or Concerns?

Brittney Hale shared that Stress and Trauma are starting a new overdose study that will be updated information!

As a whole, we talked about National Night Out, asking for any inputs as they thought of it, sharing our idea of having it at the Anna pool!

Take Action Today's Walk for Recovery will be held on August 26th at p.m.! It will start at the courthouse in West Frankfort Illinois.

Shara is also taking SMART Recovery Training and would like to collaborate on some Recovery Meetings with our groups!

Katt Decker closed the meeting, letting everyone know we appreciate their time and input! Stating that **Alexander/Pulaski ROSC Council Meeting is going to be held on the 3rd Thursday of each month. We will continue to be in person and on Zoom!** Same location and same Zoom Meetings ID and Passcode.