

Who is a Recovery Navigator?

- Your peer
- A person in recovery
- Your guide to overcoming obstacles
- A connector to community supports
- A helper
- A person who honors all pathways to recovery



Your Recovery Navigator is
a phone call away
217-348-8108

There is hope in *Recovery*

**HAVE QUESTIONS OR
NEED FURTHER
ASSISTANCE?**

**PLEASE REACH OUT TO US.
WE ARE HERE FOR YOU!**

**OUR HOUSE:
217-348-8108
WWW.HOURHOUSERECOVERY.ORG**



Recovery Navigator Services



Recovery is Possible



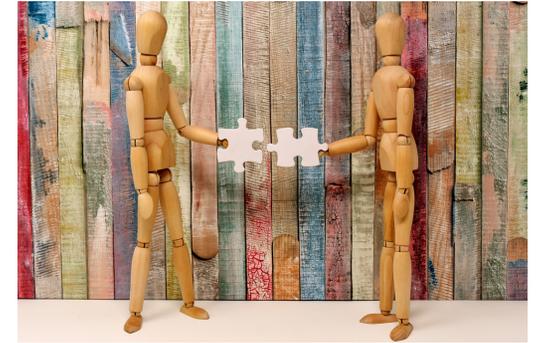
Recovery Navigators are your peers. They strive to create a relationship between equals that is nonclinical and focused on overcoming obstacles in recovery.

What goals can we help you achieve?

- Connectedness to the recovery community
- Education
- Emotional health
- Housing
- Job Search
- Physical health
- Spiritual health
- Relationship skills with self and others



Recovery Navigator Services



Holistic

Empowering

Hopeful

PERSON-CENTERED

Self-Directed

Individualized

RESPECTFUL

Strength-based