

Johnson County ROSC Council Monthly Meeting
05/23/2023
11:30 AM to 12:30 PM
JCO/Zoom

1. John Cantrell-Opened with Welcome and Introductions

John Cantrell, Arrowleaf-ROSC Program Manager
Katt Decker, Arrowleaf-Peer Recovery Specialist, Union County
Haley Robison, Arrowleaf-Peer Recovery Specialist, Johnson County
Chrystal Cantrell, Take Action Today, Assistant Director
Andy Greer, Gateway Foundation, Business Development Coordinator
Holly Windhorst, MCDAC-Massac County ROSC
Jordan Strong, MCDAC, Peer Recovery Specialist
Rachel Chruszyk, Illinois Prevent Child Abuse
Kayla Dowdy, New Beginnings (Women's Treatment)
Megan Ragan, RCORP-Stress and Trauma
Serena Smith, Rural Health-Peer Recovery Specialist
Dennis Jeffra, PLE
Beverly Holland, Illinois Region 5 ROSC- TA
Johanna Gonzales, IDHS-SPUR-ROSC Coordinator
Kat Houghton, Illinois Region 5 ROSC Mentor

2. Power Point Slides

- a. John Cantrell Covered Slides,
 - What is ROSC?
 - Arrowleaf's ROSC Program Grant
 - ROSC Council Goals
 - Johnson County ROSC Mission and Vision
- b. Haley Robison Covered Slides,
 - Saving Lives with education, support, and Narcan.
- c. Katt Decker Covered Slides,
 - Stigma Reduction
 - SMART Recovery
- d. John Went Over The MOUs

3. Questions, Comments, or Concerns?

- a. Chrystal Cantrell offered to set up a table at our Community event for Take Action Today!!
- b. Megan Ragan put in chat there's a Stigma training tomorrow with free CEU's by Brent VanHam from SIU school of medicine and placed link to register
<https://lnkd.in/gNHCS8R>
- c.
- d. Beds are available for treatment in Indiana at New Beginnings!

- e. Serena asked how to best help someone that is still consuming alcohol while trying to stay clean from other drugs. The answer to that in general seemed to be it's a learning process and the individual will eventually find their own answer as long as they stay engaged.
 - f. Dennis Jeffra mentioned Shawnee Pentecostal Church has a Steps meeting that is struggling to gain traction for various reasons.
4. Round Table Discussion!
- a. Community Event
 - b. Food Pantry
 - c. Community Closet
 - d. Upcoming Event 6/1/23
5. John Cantrell closed out the meeting letting everyone know that we appreciate their time and inputs!