

Alexander/Pulaski ROSC Council Monthly Meeting

05/30/2023

11:30 AM to 12:30 PM

ACO/Zoom

John Cantrell, Arrowleaf
Katt Decker, Arrowleaf
Drew Middleton, Arrowleaf
Haley Robison, Arrowleaf
Kat Houghton, EHD R5M
Annie Burton, Director at New Beginnings Recovery Center Indiana
Jennifer Willison, S7HD
Beverly Holland, R5 Statewide ROSC
Madison Odum, TAT
Johanna Gonzalez, IDHS-SPUR

1. John Opened with the Welcome and Introductions

1. PowerPoint Slides

- a. John Cantrell Covered Slides,
 - i. -What is ROSC?
 - ii. -Arrowleaf's ROSC Program Grant
 - iii. -ROSC Council Goals
 - iv. -ROSC Mission and Vision

a. Haley Robison went over Saving Lives with Education, Support, and Narcan!

a. Katt Decker went over Stigma Reduction and How Words Matter!

a. Haley Robison went over SMART Recovery and the 4 Point Program.

- a. John Cantrell Covered Slides,
 - i. Identifying Needs
 - ii. Community Needs Assessment
 - iii. ROSC Council Membership Required Sectors
 - iv. The MOUs
 - v. Why Should I Care?
 - vi. Example ROSC Activities

a. Round Table Discussion, John Cantrell, Katt Decker, and Haley Robison went over our upcoming events and current resources,

- i. The Unhoming Fair in Union County
- ii. The Community Event in Johnson County
- iii. The Food Pantries
- iv. The Community Closet

1. Questions, Comments, or Concerns?

- a. Johanna said that a little over half of the counties in Illinois are now covered with a ROSC Program! She also mentioned that RCO could be funded throughout the year, not just per fiscal year!
- b. Beverly asked if our ROSC Council would like to do a "subcommittee" project with Region 5, where each individual would be assigned to focus on one "item"(sponsor, business, location, building, funds, etc.) to help work towards opening a Sober Living Home in the area. Johanna

added that they could provide the funding for the transportation to get an individual to and from work while living in the Sober Living Home. John mentioned that it would be ideal and necessary to employ those residing in the Sober Living Home so that their rent and fees would come directly from their check. This would ensure the funds were available to stay open and running as opposed to how other SLHs are ran and quickly decline to shut their doors within months.

John Cantrell closed the meeting, letting everyone know we appreciate their time and input! Stating that moving forward, our council meetings will be on the same day each month! The Zoom Member ID and Passcode will remain the same for each County meeting! **The next meeting is on June 29th! From now on, Alexander/Pulaski ROSC Council Meeting will be held on the 3rd Thursday of each month, in person and on Zoom!**