Livingston County ROSC Council Meeting

Thursday, June 1st 2023 at Noon (Zoom Videoconference)

Agenda:

- Introductions and Opening Remarks
- Agency Updates
- Guest Presentation: Autumn Olowo (Center for Community Engagement),
 - o What is CCE?
 - Current Goals
 - o Demo Resource Toolkits
- Housekeeping (Social Media (<u>Livingston Facebook</u> & YouTube; Next Meeting 7/6/23)

Attendees:

Nadia Klekamp (Chestnut Regional ROSC Coordinator)

Kari Knapp (Community Outreach Coordinator, Chestnut Health)

Frankie Ward (Livingston/Ford County ROSC)

Barb Brumleve (Chestnut, Logan/Mason ROSC)

Autumn Olowo (Center for Community Engagement)

Alyssia Christ (Life Center for Independent Living, Pontiac)

David King (Carle Bromenn)

Joe Vaughan (IHR)

Julie Pohlman (Statewide ROSC/Region 4 Mentor)

Adrian Barr

Leann Courson (Region 3 ROSC Mentor)

Sandra Beecher (Gateway Foundation)

Christine McMillion (IHR)

Brittney McDaniel (Bright Point/Butterfly Project)

Caroline Mcleese

Johanna Gonzales

815-844-xxxx (unknown)

Anonymous (PLE)

General Discussion:

- John is out today due to a death in the family. Nadia will be presenting in his absence.
- She noted that today is our 20th Livingston ROSC Council Meeting!
- The meeting opened with sub-committee updates. Christine updated the group on Education & Resources Sub-committee (Recovery in Action). The team meets the third week of every month and is discussing a variety of upcoming events through October.
 Working on Resource Directory for local counties at the moment; they had another Drug Court graduation last month. The Zoom link to the meeting is also included at the very

^{*} Guest Presenter: Autumn Olowo, Center for Community Engagement (CCE)

bottom of this document. There will be many options and events in late August due to Overdose Awareness, upcoming Recovery Awareness Month, and local annual events (e.g. Harvest Fair). There will be updates on more specific events and decisions next month.

- Frankie reported the Education sub-committee now meets on the 2nd Monday of the month at 1pm (over Zoom). There are 3 upcoming Canvas/Clay and Coffee events (Thursday June 22nd at 8pm Clay and Coffee in Chatsworth, 10 people max; 2nd event is Sunday, June 25th in Pontiac at 1pm (coffee shop, 15 people max); 3rd event will be in Dwight (Canvas & Coffee) but date is TBD (late June/early July hopefully). Flyers with details and QR codes to directly sign up are forthcoming soon. Please contact Frankie Ward for more details in the interim. Please note signup space is limited to 10-15 participants per event.
- Nadia recognized any new attendees to the ROSC Council meeting. Julie Pohlman (TA Specialist for Region 4) introduced herself as someone observing.

Agency Updates:



- O IHR see Christine's updates above. Joe and Christine briefly updated the group on Drug Court graduations, Walk/Run in Fairbury last month (John Schneider spoke), the last local schools still in session are wrapping up today. New fiscal year starts in July. Brittney McDaniel: Abby is out on maternity leave, but Brittney attended in her stead. She reiterated that Childrens Home and Aid is not called Brightpoint. Brittney asked the group to contact her re: any upcoming events or fairs that they feel Brightpoint would be good to have present (info booths/table, etc.)
- Butterfly Project: Serves Clients 0-18 in McLean, Woodford, Livingston, Ford, and Logan Counties. Still being done through Brightpoint.
- Christine asked Brittney if she knew whether the new Bright point info has been sent to IHR yet to be properly reflected in new, updated Resource Directory.
- I-CAN Conference upcoming on June 27th. Contact Dave King for more details.
 Frankie Ward will be speaking at the conference as well.
- Nonspecific discussion of possible upcoming ideas Recovery 'Flash Mobs' (to spotlight recovery at upcoming events/fairs/etc.), Recovery Out Loud, Tailgate &

Tallboys, and other ideas of how to shine a light on people recovering among the community at large.

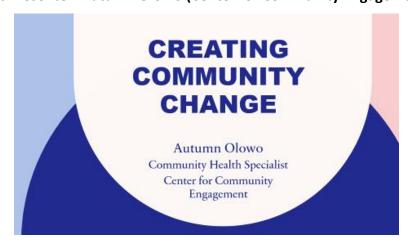
- Nadia offered to help advertise this via ROSC social media if Alyssia email us some flyers or literature with further information.
- Please contact Alyssia at <u>achrist@lifecil.org</u> if you have any medical items to loan, donate or just want more info.

Phone: 815/844-1132

■ <u>Videophone</u>: 815/844-0007

■ Bloomington Office: 309/663-5433

• Guest Presenter: Autumn Olowo (Center for Community Engagement, CCE)



- Goal of CCE is to provide resources and supports that help our communities recovering people thrive and connect with services they otherwise might not.
- Autumn described at a high level what the CCE is (Center for Community Engagement) and what they do in the community. Funded by IL Department of Human Services (Substance Abuse division). The goal of CCE is to reach people with little or no access to SUD Treatment services. An analysis was done and the following gaps were identified: 1) Stigma, 2) Lack of Recovery Housing, and 3) Lack of Transportation.
- Toolkits are being developed to help address these gaps. Also supports all of Illinois when it comes to SUD Tx across continuum of care (includes schools) with no cost to consumer for the services.

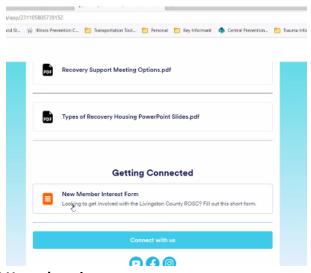
- Autumn reviewed some of the Toolkits today (Jotforms), which can be accessed by emailing Autumn. A web site with all the resources consolidated into one place is also being developed; it's projected to be launched by Fall of 2023.
- Transportation Toolkit: Variety of resources (PDF handouts that can be printed and passed out). PCs for People (donate free computers and equipment to those who need it, as well as public spaces for Wi-Fi and computer use).

TRANSPORTATION TOOLKIT

- Connecting with Human Services Transportation Plan Networks (pdf)
- Understanding Managed Care Organizations (video)
- · PC's for People (pdf)
- · Telehealth Cafes (pdf and PowerPoint)
- · Transportation Grant Funding Opportunities (pdf)
- Volunteer Models for Transportation Services (pdf and PowerPoint)
- Recovery Housing Toolkit: Also in the format of a Jotform for easy web-based access to variety of resources, ranging from guidance on how to obtain housing to information about Living Room Programs, to even including when & where of local recovery support groups. Please see below for full suite of examples provided by Autumn.

RECOVERY HOUSING TOOLKIT

- · Steps for Getting Required Housing Documentation (pdf)
- · Housing Stigma Factsheet (pdf)
- Levels of Recovery Housing (pdf)
- Living Room Program (pdf)
- Recovery Housing FAQ (pdf)
- · Recovery Housing Funding Sources (pdf)
- · Recovery Support Meeting Options (pdf)
- Types of Recovery Housing (PowerPoint)
- Stigma Reduction Toolkit: This tool is still in process of development. Includes a 5-part Video Series on topics like Stigma in recovery, Recovery: The Basics, Treatment: The Basics, Addiction as a Disease, Recovery & Setbacks, etc. Also included will be handouts on proper use of stigma-reducing language.
- Autumn walked the team through a brief demo of the online Resource Toolkit (screen cap below):



General ROSC Housekeeping:



Next Meeting: Thursday, July 6th, 23 at Noon (Virtual)

Correct Link as of 4/6/23:

Topic: Livingston ROSC meeting

Time: July 6, 2023 12:00 PM Central Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/94591664561?pwd=bno1c3c3cGhoY3B0Z2xLOXYrMW5yZz09

Meeting ID: 945 9166 4561

Passcode: 675942 One tap mobile

+13126266799,,94591664561# US (Chicago)