



Bond County Recovery Council  
Wednesday, April 12, 2023  
10am-11:30am  
Via Zoom/In Person at the SMART  
building 3rd Floor

## Meeting Minutes

### Welcome and Introductions

#### In Person:

Toni Randall - BCRC  
Bekah Walter - BCRC Intern  
Rebecca Klitze - Prairie Counseling  
Kris Gamm-Smith - NAMI  
Kelly Jefferson - NAMI  
Danielle Vincent - Crossover Ministries  
Linda Liebscher - Crossover Ministries  
Erica Petcher - Crossover Ministries  
Beverly Holland - MERC/ROSC

#### Via Zoom:

Alice Fitzsimmons - Lost & Found Ministries  
Alicia Moesner - CHS- Peer Recovery Coach  
Angela Holloway - MERC  
Clint Hamel - Gateway Foundation  
Patrick Small - HSHS Highland  
Megan Miller - Prairie Counseling  
Chelsey Scott - Prairie Counseling  
Liz McQuaid - Chestnut Health Systems  
Teresa Cornelius - HSHS  
Gene Dunkley - Greenville University  
Donnis Campbell - RCORP  
Kat H - Region 5 ROSC Mentor  
Michelle Miller - Prairie Counseling Center  
Lindsey Elizabeth Davis - Caritas Family Services

## I. Review Old Business

\*If you would like to be added to our resource list, please email Toni and in the subject line put "Resource List". Share the information that you would like to have added to the document and I will make the updates. – [tcrandall@chestnut.org](mailto:tcrandall@chestnut.org). The resource list is also included as an attachment to this email.

\* Bond County Recovery Council along with HSHS, Prairie Counseling Center, Greenville PD and Sherriff's Department are hosting an event for the National DEA Drug Take Back Day. "Donuts for Drugs" - Saturday, April 22nd from 10am-2pm. I have attached the flyer for this. Please share.

- There will be a drive-thru location behind the Bond County Health Department

- We will also have Detera bags that you can use at home to put your medication in to deactivate the drugs and dispose of them safely.

- We will have Narcan (an Opioid Overdose Reversal Medication) available for anyone who would like to have it.

- We will also have resource information for anyone interested.

\* From the Sorento Fire Department – after doing a NARCAN training there, the Shoal Creek Fire Protection and Brett Kunkel have been requesting NARCAN and have been sharing throughout the community. We are so grateful for their partnership and hope to continue to support their distribution of the life saving nasal spray.

\* Upcoming NARCAN trainings:

- We have been invited on Thursday, May 4th, from 6pm-7:30pm to do a Narcan Training at the St Paul Free Methodist Church. This event will be open to the community. I have attached the flyer for this event and would appreciate anyone sharing who can.

- We have also been invited on May 9<sup>th</sup> to do Narcan Training for the entire staff at the First Christian Church in Greenville

- Chestnut Health Systems also does a virtual Narcan Training every month. The next 2 will be held on April 20<sup>th</sup> at both 10am & 2pm. After that it will be May 18<sup>th</sup> at both 10am & 2pm. The flyers for both are attached with a registration link. You must register ahead of time for these.

## 2. Advisory Board Update:

- We will be hosting a Recovery Family Game Night at Toastiez on April 29th from 6 to 9pm (for anyone with experience with substance use disorder AND their loved ones!). Drinks and snacks will be provided. Should be a fun night for everyone. I have attached the flyer for that event.

3. We had a presentation from Crossover Ministries out of Hillsboro on the great work they are doing in Montgomery County.

- Their Mission Statement: “We promote individual recovery and wellness through Hope, Opportunity, Mercy, and Encouragement (H.O.M.E.)”
- Montgomery County (MC) recent years stats: suicide rate nearly doubled from 2021-2022, 911 calls are a high percentage of mental health calls, overdoses are steadily increasing, Emergency Departments are overwhelmed, and it takes 2 weeks or more to see a counselor (even longer for a psychiatrist), 80% of people in Montgomery County jails/prisons have substance use or mental health challenges. Many of these same things are happening right here in Bond County.
- Detox and mental health treatment is delayed due to lack of beds in IL
- No long-term or short-term care (50 miles to get to care that is not private pay)
- Montgomery County has lost 9 people so far this year - 5 overdoses and 4 suicides.
- Access to mental health care was the #1 health need in the Community Needs Assessment done in 2021
- Public Services that are available in Montgomery County: Drug Courts, Mental Health Courts (coming in the next couple weeks), St. Francis Way Clinic, Montgomery County Health Department, 988 - Crisis Number, 708 Board Mental Health Board, and Mental Health Programs in schools.
  - Their ultimate goal is to open “Haven: Home of Hope” - 5 Phases (they are interested in possibly partnering with Bond County on this project)
    - \* Phase 1: Purchase a HOME - hire program coordinator, crisis intervention, prevention, emotional well-being and referrals, family and friends involvement if appropriate, Bible studies and prayer offered (not required), wellness tools available (art, music, gardening, creative writing, etc.), food and rest, hours - 4 days/week from 2-10pm
    - \* Phase 2: HAVEN manager, open 24/7, program focuses on trauma healing, healthy relationships, forgiveness, self-care, etc.
    - \* Phase 3: (5-7 year mission) working farm, income to flow back to ministry, up to 6 months stay (free of charge), work on farm (and can hold other jobs, too)
    - \* Phase 4: Build another home on premise for guests to stay in, hire more staff
    - \* Phase 5: Independent living - guests would pay 30% of their income, 50% of operating costs would be supported by the farm, the store, and additional events/fundraisers - hope to advance this to other counties
  - \* Erica Petcher shared her moving personal story of substance use disorder and her journey to recovery. This was powerful and inspirational

Each month the Bond County Recovery Council hosts a guest speaker who will provide education and learning opportunities for those that attend.

4. New Business

\* We will be partnering with Celebrate Recovery this year for Recovery Fest in the Fall. Starting to put this together.

\*Finished the billboard project that the Stigma committee was working on – the billboard will be up for a year on Rt 127.

\*We are working on getting yard banners that are 2ft by 6ft that promote Overdose Awareness & Recovery Fest. The goal is to have 9 of each up in the county in August and September. We would like to be able to do 9 of each. The cost is going to be \$100 per banner. The Bond County Recovery Council can cover the first 9. We are looking for 9 businesses or organizations who would like to purchase a banner for \$100. The Aviary Treatment Center has already volunteered to pay for the first one so we are looking for 8 more businesses to support this effort.

5. Updates from our work groups from our Strategic Plan:

- -Housing-meets the 2<sup>nd</sup> Tuesday of the month, 2-3pm, Toastiez in Greenville. We are looking for a few more people to join this group. We are currently looking at RCO's and how that might look in Bond County. Rebecca Klitze, Curtis Flake, Monique Brunois & Toni
- -Transportation-10-11am, meet via Zoom on the 3<sup>rd</sup> Tuesday of the month. Melissa Marti, Michelle Miller, Monique Brunois & Toni
- -Stigma-2-3pm, meet at Lost & Found in Greenville on the 4<sup>th</sup> Tuesday of each month. We are looking for a few more people to join this group. We are looking for projects to do within the community that will help to reduce Stigma. AliceFitzsimmons, Curtis Flake, Kelly Jefferson, Kristine Gamm-Smith & Toni
- -Drug Court-10-11am, meet via Zoom on the 4<sup>th</sup> Tuesday of the month. Clint Hamel, Chelsey Scott, Monique Brunois & Toni

6. Advisory Board for People with Lived Experience.

- Advisory Board meets on the first Wednesday of every month so Toni can bring what the Advisory Board talks about to the BCRC Meetings on the second Wednesday of every month from 7-8:30pm at Toastiez in Greenville. I have attached the flyer to this email. The next meeting is May 3<sup>rd</sup>.

\*\* SHARE with anyone you may know with lived experience – we want as many voices heard and as much input as possible\*\*

7. Update from Groups & Organizations:

\* Patrick Small: They will be holding a Drug Take Back Day on April 22nd at the HSHS Highland in the parking lot.

\* Michelle Miller: Prairie Counseling completed Annual Performance Review last week and their preliminary review went very well.

- On the 1st Wednesday of every month at 10am Prairie Counseling Center hosts a “Reflections Group” – the group is to look inside yourself and check in with your emotions to get things off your chest. Everyone is welcome! You do not have to be a client at PCC to attend.

- SMART Recovery Group is also held at Prairie Counseling Center the 2nd Tuesday of every month at 10am. Everyone is welcome! You do not have to be a client at PCC to attend.

\* Available Groups at Lost and Found:

- Sunday afternoon: Men’s Bible study at 3pm
- Sunday evening: Worship service at 5:30pm
- Monday nights: Men’s recovery group 7-8:30pm
- Tuesday nights: Women’s recovery group at 6:30-8pm
- Friday night: Sober Bar at 7pm

Celebrate Recovery is held on Thursday evening at the Free Methodist Church in Greenville  
5:45-6:15pm-FREE dinner  
6:15-7:15pm-Large Group  
7:15-8:15pm-Small Focus Groups

The next Bond County Recovery Council meeting will be held:

Wednesday, May 10th, 2023 at 10am

**BCRC Vision:** Working together to build and maintain safer and healthier communities of recovery and hope.

**BCRC Mission:** To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.