



Bond County Recovery Council

Wednesday, January 11, 2023

10am-11am

Via Zoom/In person at the SMART
Building 3rd floor

Meeting Minutes

Welcome and Introductions

In Person:

Toni Randall - BCRC

Bekah Walter - BCRC Intern

Rebecca Klitze - Prairie Counseling

Marc Tanner - Recovery Coach

Dan Hutchison - ROSC Supervisor

Melissa Monte - Aviary Recovery Center

Tony Brooks - County Coroner

Patrice White - Core Communities/Bibleway Church

Gene Dunkeley - Greenville University/Peter's Place

Brian Pollo - MMCR/ROSC

Chelsey Scott - Prairie Counseling Center

Via Zoom:

Alice Fitzsimmons - Lost & Found Ministries

Beverly Holland - MERC/ROSC

Deb Beckman - Take Action ROSC Council

Clint Hamel - Gateway Foundation

Kourtney Renfro - Sagamon Co-ROSC

Craig Loddecke - PAL Group/Family Support Network

Kristine Gamm-Smith - NAMI SWI

Sarah Hulbert - Substance Abuse Clinician at Prairie Counseling

Chuck Bersin - Lost and Found

Alicia Moesner - RCORP Grant

Teresa Cornelius - HSHS Head of Nursing

Chelsey Scott – Engagement Specialist at Prairie Counseling

Angela Holloway - MERC

Donnis Campbell - RCORP

2. Review Old Business

*If you would like to be added to our resource list, please email Toni and request to be added – tcrandall@chestnut.org

*2nd Tee Shirt order-Purple or Neon Yellow

- Tee Shirts are finally here!!
 - Yellow shirts specifically for people with lived experience (can have both though)
 - Purple is for all members of the council
 - Email Toni with the best way to get it to you

**NARCAN Training at the Free Methodist Church in Greenville on Thursday, Jan. 12th from 6-7pm at Celebrate Recovery (but open to the public)

*MOU's

- If you can't print it or submit it online, Toni will get you a paper copy
- Required to have MOU's for everyone working with us in the community

3. Presentation – Craig Loddecke – Family Support Network

- Leads a group called PALs (Parents of Addicted Loved Ones), which they started after experiencing this themselves with their adult daughter
- Craig talked about who all is affected by substance use disorder – not just the user but the family, friends, community, and even the communities' finances
- Have billboards along the highway and signs in yards and around the community with info about who they can reach out to for help/resources
- Had about 71 calls in 2022 where they were able to give people advice, resources, education, and tell them about meetings available to them and their loved ones
- PAL is for any caretaker (not just parents) over 18 of someone who is suffering from addiction
- PAL meetings have a time for prayer, education (topics like codependency, boundaries, changing approach to parenting, etc.), and time for sharing/advice
- PAL uses life coach Mike Speakman's, "Four Seasons of Recovery for Parents of Alcoholics and Addicts" curriculum
- Southern IL PAL Group meets on Zoom every Tuesday at 7pm – email with information and Zoom link is sent on every Monday or Tuesday
- Email: info@palgroup.org
- Website: palgroup.org
- Contact Craig by call/text at (618) 567-6095 or by email at craigloddecke@yahoo.com

4. New Business

*Michelle Miller & Toni want to bring NARCAN Training to businesses (gas stations, grocery stores, public bathrooms etc.) in the community

*Toni - BCRC:

- Toni and Deb took a trip to Aviary Treatment Center with Melissa Monte
- Out in the woods in a rural area so there are outdoor activities in a more outdoorsy area
- Do not accept Medicare or Medicaid but in network with most insurances – no sliding scale but are open to considering payment options
- Have little to no waitlist
- Have medical detox (43 beds for men and women)
- Good after-care: an app for alumni to talk about progress, encouragement, etc.
- Excellent place – would highly recommend

*Strategic Committees:

- Housing Group: every 2nd Tuesday of the month
- Stigma Group: Meet at Lost & Found on the 3rd Tuesday of every month from 2-3pm
- New group: looking into Drug Court in Bond County or starting something like Drug Court

*On BCRC Facebook page, there is a Fentanyl quiz that EVERYONE should go ahead and take – then comment below how many you get right

5. Advisory Board for People with Lived Experience.

- Advisory Board meets on the first Wednesday of every month so Toni can bring what the Advisory Board talks about to the BCRC Meetings on the second Wednesday of every month
- Things discussed at the last Advisory Board meeting:
 - o Each month, the Board will nominate someone who is doing good in the community and whoever the group votes to nominate, Toni will send a thank you note and gift-card to
 - o Going to ask for 100 people to be praying every day for those who are in recovery or who need recovery
 - o Want to provide more family support (family dinners, talent shows, cookouts, etc.)
 - o Have a big sober New Year's party next year
 - o Talked about putting on a "Laundry Day" once a month from 9-noon where they will pay for people to do their laundry, pay for soap, etc. so they can do their laundry for free

**** SHARE with anyone you may know with lived experience – we want as many voices heard and as much input as possible****

6. Update from Groups & Organizations:

*Chuck Bersin - Groups at Lost and Found:

- Monday nights: Men's recovery group
- Tuesday nights: Women's recovery group at 6:30
- Sunday at 3pm: Men's Bible study
- Sunday night at 5:30: worship service
- Friday at 7: time to hang out at Sober Bar

7. Narcan Training:

- LIVE NARCAN training at Celebrate Recovery (Free Methodist Church in Greenville) on January 12th from 6-7pm from Mary Ann.
- Chestnut will still have virtual trainings on January 19th at 10am and 2pm

8. Advisory Board – Next meeting on Wednesday, February 1st from 7-8:30pm

**Still in the process of finding someone to hire as Toni's new partner at BCRC - if you or someone you know is interested, there is still time to go to the Chestnut Website to apply.

Future Meeting Dates:

Wednesday, February 8th, 2023

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.