

Supporting a Diverse Chicago West Side Community

Westside ROSC Council
11 /18/2022 Meeting Minutes

10:00am-12:00pm Via Zoom Online

Welcome Extended by; *Venessa Moreno:* Expressed appreciation for all persons present, and continued support, and for attending the ROSC Symposium.

Goals and Objectives by; *Venessa Moreno*: Westside ROSC Councils overall goal is to advocate and assist with guiding and monitoring the development of an integrated system of recovery by creating a shared vision to improve availability of services by building a sustainable ROSC Council. Our objectives 1. To create communities of recovery that encourage and integrate resources for the recovering individual, families, and friends. 2. Develop supportive recovery communities that foster growth, respect and understanding of those who have identified problems in the areas of substance use and mental health. 3. Implement effective communication that will allow for inclusion of PLE's (persons with lived experience) voices to be heard.

Participants: C.R.C.C., Westside V.A., Chicago Booth, Serenity House DuPage, Perfectly Flawed, West Care Illinois, Northern Illinois Recovery Community Organization (NIRCO), Guild Haus, PCC Wellness Center West Suburban Hospital.

Dora Wright

Chicago Recovering Communities Coalition (CRCC)

Founder/Executive Director

Celebrated Veterans, spoke to the importance of completing surveys. Spoke to the importance of promoting the ROSC council to business on the west side of Chicago.

Vanessa Moreno

Spoke to the challenges that the holiday season brings, and the importance of self-care. The importance of collaborating with each other to meet the needs of our communities. Reminded attendees of the Recovery Symposium in Jan. as well as the continued offer of Narcan Training.

Speaker - Stacy Z

Topic: Efforts in rural Illinois

Spoke about the mobile resources her and her team make available such as harm reduction training and other outreach work, she does in LaSalle County and the surrounding areas.

Speaker – Dr Mary Roberson (N.I.R.C.O.)

Topic: The challenges that come with working with veterans in recovery

- The wealth of resources the V.A. offers in reference to substance abuse and mental health services
- The Jesse Brown V.A.
- Gender biases in recovery specifically pertaining to veterans
- P.T.S.D.
- Moral compass
- The way veterans use acronyms and how the use of those acronyms could help overcome barriers encountered while helping veterans
- The treatment of veterans in the criminal justice system
- Re-enforcing positive affirmation, dignity respect



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Q and A

Dora Wright

Spoke to how her Veteran family members affected her family life.

Ron Rainey

Spoke to the challenges that come with being a combat veteran and the issues he had surrounding PTSD and how therapy helped him.

John Wright

Spoke to how he was affected by his brothers being oversees in the navy.

Carolyn H.

Spoke to the challenges that come with being a parent of a combat veteran and the correlation she sees with the penal system and military service. (Dr Roberson shared the difference between the two)

Closing Comments

Dora Wright: Thank you to everyone we really appreciate all that you do so thanks again for attending I am very happy for this turn out thanks to my team who worked hard to put this together.

Venessa Moreno: Thanks again to everyone and as a last reminder, please put your information in the chat because that is the only way we can get you your CEU'S.

Please Join Us in Building
A Sustainable Westside ROSC Council

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