

**Chicago Recovering Communities Coalition**  
**Westside ROSC- ISN 2/24/2023 Meeting Minutes**

**10:00am-12:00pm**

**Via Zoom Online**

**Welcome Extended by; Venessa Moreno:** Expressed appreciation for members present, and continued support, and to those who were attending ROSC meetings for the first time. Also mentioned that from now on ROSC will be offering CEU's.

- **Participant Introductions:** *CRCC, Nomi Chicago, Serenity House, West Side Heroin/ Opioid Task Force, Restoration 61 Victim Advocate, Statewide ROSC, Cook County Behavioral Health, Perfectly Flawed Foundation, Guild Haus, Recovery on Wheels Outreach Center, Faith Way Men's Independent Living Facility, Polished Nail Academy, West Care Illinois, LCSW, Salvation Army*

**Our council make up includes: Hospitals, Treatment Centers, Mental Health Facilities, First Responders, Recovery Programs, Schools, Local Government, Employment Agencies, and importantly persons with lived experience.**

**Speaker: Dora Wright (Executive Director)** I have a few announcements about some exciting things that's happening for us within Cook County health well not necessarily has to do with ROSC but, many people been calling about our upcoming training series that we have, Venessa will put it in the chat. 2 employees from your agency could sign up for our trainings under the Recovery Support Services Program for recovery coach, ethics, and emergency room ER trainings. I just want to make sure that across the board that all our partners have the information. Happy Black History Month everybody. Being on the panel Great Lakes ATTC on yesterday for Black History was an amazing experience, I am an activist in our communities, I'm doing the work of the community, also pulling together partners and that's what the ROSC is all about. If you're looking to get CPRS, CRSS, NCRS, please do sign up for your trainings. The only thing that we ask, that you purchase your books. We offer CEU'S for attending this ROSC meeting and can be used toward your certification.

- 4-Day Recovery Coach Academy. March 7th - 10th from 10 am - 3 pm Daily (30 CEUs AVAILABLE)
- 2 - Day Ethical Considerations for Recovery Coaches. March 21 & 22 from 9 am - 3 pm, Daily (16 CEUs Available)
- 2 - Day Professionalism for Recovery Coaches. March 23 & 24. 10 am - 2 pm, Daily (12 CEUs Available)
- 4-Day Recovery Coach Academy. April 18th - 21st from 10 am - 3 pm, Daily (30 CEUs Available)
- 2-Day Coacher Vision (Recovery Coach Supervision) Training. May 2 & 3 from 10 am - 2 pm, Daily (12 CEUs Available)
- 2- Day Recovery Coaching in the Emergency Department May 8 & 9. 10 am - 2 pm, Daily (12 CEUs Available)

The ROSC council is about coordinated efforts in getting as many people involved and services out to the public. We are going to talk about what is the ROSC council, and as a member. We are hopeful that there are going to be some expansion as I do see some new faces, I would like to welcome you. One of the things that we try to do is to get as much information out to as many people as we can. I am very happy to see that we are building partnerships and connecting with people, so it is very important that we continue to do the work.

**Endorse the values and general principles of the Westside ROSC Council, as reflected in its strategic plan:**

- Be active in the community providing resources for all individuals and families.
- Promote community involvement, multiple pathways to recovery, peer supported recovery, and focus on values, person-centered services, client choice, and health & wellness.
- Participate in (12) twelve learning collaborative ROSC Council meetings per year, in person or via zoom.
- Participate in ROSC activities, such as newsletters, sharing new ideas, data, best practices, and other important, relevant news related to the ROSC.
- Link to the ROSC website from your organization's website.
- Actively initiate and participate in collaborative activities with other ROSC organizations to promote health for all.
- Promote the work of the Westside ROSC Council

**Goals and Objectives by; Venessa Moreno:** Westside ROSC Councils overall goal is to advocate and assist with guiding and monitoring the development of an integrated system of recovery by creating a shared vision to improve availability of services by building a sustainable ROSC Council. Our objectives 1. To create communities of recovery that encourage and integrate resources for the recovering individual, families, and friends. 2. Develop supportive recovery communities that foster growth, respect and understanding of those who have identified problems in the areas of substance use and mental health. 3. Implement effective communication that will allow for inclusion of PLE's (persons with lived experience) voices to be heard.

**Dora:** Spoke about How we need to educate those who do not know the difference between NA, CA, AA so that there will not be any push backs from reading a CA poem inside a NA meeting. We have an All Recovery meeting every Saturday at 6pm. To be able to talk about anything and everything that will help that individual or families. We want to meet people where they are and some need more than faith base because of their circumstances. Let's continue to educate on multiple ways to recovery.

**Memorandum of understanding**

Defines the working relationships between agencies. Defines collaborative roles and responsibilities of the two agencies with respect to improving the local infrastructure supporting the establishment of a ROSC Council

**ROSC Needs Assessment & Strategic Planning**

An initial needs assessment will be completed to gather data to identify gaps in services across the geographical area.

In addition to the assessment a SWOT analysis should be conducted for the ROSC Council.

The data collected from the needs assessment and ROSC members is then used in strategic planning.

**The Strategic Plan sets priorities for the year, focuses energy and resources, ensures that the ROSC Council is working towards common goals and assess and adjust the council's direction in response to community changes supporting the establishment of a ROSC Council**

**Link to the needs assessment is in the chat that takes 3-5 minutes.**

We will go right into Narcan training after this. During the pandemic, the numbers went up for Drug overdose. It is very important that we get trained, get Narcan in recovery homes and in different agencies. You can receive Narcan Kit from us CRCC, WSHOTF, SSHOTF so that we may be able to save a life.

### **Questions/Comments**

Venessa: **Narcan Training**

Richard: Spoke about the importance of being equipped and trained. Whereas, at the recovery home where he's employed, has a Narcan training every month.

**Video was played.**

### **Closing comments**

**Dora:** It is part of our strategic plan to get CPR training, hopefully face to face, to be able to continue to do overdose prevention. It's important to get the training as you pass it out to be able to train people to use it.

**Venessa:** I encourage you to do as many Narcan training as you can. there will be a link in the chat to get a larger quantity for your organization. You can sign up online at; Access Now/ Access Narcan. There will also be a link in the- mail for CDPH fentanyl testing kits. The floor is open for announcements and reminding everyone to leave any information of upcoming events in the chat. lastly, Venessa thanked both presenter and all attendees for being present.

### **Meeting Adjourned.**

Next Westside ROSC Council meeting will be hosted via Zoom – March 24, 2023

*Please Join Us in Building*

*A Sustainable Westside ROSC Council*

*This project is supported in part by the Illinois Department of Human Services Division of Substance Use Prevention and Recovery, as part of the Social Services Block Grant award from the Federal Administration for Children and Families (G-18011LSOSR)*