

Tuesday, April 18, 2023 11:00am-12:00pm Hybrid-Breese Activity Center

MEETING MINUTES

1. Attendance:

In-Person: Alicia Moesner, Kat Houghton (ROSC Region 5 Mentor), Craig & Deb Loddeke, Ashley Thomson (PLE), Bree Polk, Heather Creasy.

Via Zoom: Deb Beckmann, Dan Hutchison, Mark Knott (MERC/Chestnut), Cara Loddeke, Karen Roberts, Tiesha Matthews, Monique Bourneous (BCRC/Chestnut), Ken Sterner, Becca Wolter, Angela Holloway, Kevin Schaubert (St. Joseph's ER), Jessica Gatlin (NEXT Intern/CHS).

2. Craig Loddeke-Update on Celebrate Life Event, Sept. 24, 12-6pm, Breese Northside Park

Celebrate Life brings people together to appreciate all the positive aspects of our lives. Craig asked what are the traits of SUD affected people? Answers were stigma, mental health, depression, social isolation, shame, trauma. Life is often difficult, but there are tools, people, and organizations available to us so that we may enhance and improve our well-being. This is a free event for anyone to attend, especially those who are sometimes stressed, anxious or depressed. Many organizations will have information booths available to help you learn what services might be available to help you or a loved one find more joy, hope, peace, or love in your life. There will also be motivational speakers, bands will be performing live music, good food will be available, and there will be entertainment and games for children. Please plan to join us for this fun and worthwhile day in the park. All donations will be used to defray costs and to support the Take Action Coalition of Clinton County's mission to provide substance use education and recovery services in the community. Sponsors are being sought to help defray costs of the event. Community services are being sought to host information tables. Sponsor leaflets and event advertising is being worked on and hoped to be released soon. If interested, reach out to Deb Beckmann or Craig Loddeke. Presentation slides are attached.

- 3. Sub Committee Reports: (we need people to serve on committees and help with our work!!)
 - A. <u>Education & Prevention</u>- Heather Creasy-Chairperson: Planning for National Prevention Week in May; Email sent to schools re: Red Ribbon Week planning for next October 23-31—theme "Be Kind to Your Mind. Live Drug Free.™". Deb has scheduled Facebook posts on April-Alcohol Awareness Month. Press release went out to local media regarding Drug Take Back Day on April 22nd.
 - B. Law Enforcement- Jon LeCroy-Chairperson: Police Chief's meeting update pended.
 - C. <u>Treatment & Recovery</u>- Cara Loddeke/Alicia Moesner—Co-Chairpersons: Working on engaging more PLE's and planning Overdose Awareness Day event on August 26^{th.} Deb B. going to Park Board meeting on 4/26 to get event approved to use their main pavilion again. Deb B. working on art for a re-useable banner for OAD. Alicia Moesner is completing training in SMART Recovery and she and Deb B. are hoping to start a group in Clinton County soon.

D. <u>Family Support</u>-Craig Loddeke-Chairperson: Like/Follow the Family Support Network—Facebook Page. It's called "Family, Friends and Addicts Stronger Together". PAL Group meeting weekly via Zoom on Tuesdays, 7-8:30pm. Please call or text Craig at 618-567-6095 or email him at craigloddeke@yahoo.com to receive the Zoom link. Reprinting yard signs. See art below.



- E. <u>Finance</u>- Deb Loddeke-Chairperson. Ein has been received. Bank account cannot be set-up until we have donations to put into it. Zoe Project donation from the Conley's is pending.
- F. <u>Marketing</u> Craig Loddeke-Chairperson. Seeking ideas to advance our group's work and gain more members. What has anyone seen that we should try here? Have heard the Carlyle radio station airing SAMHSA messages on the "Talk. They Hear You." Campaign which is good. Deb B. sent Louie's Law article to local media. Union Banner ran the article.
- 4. Mobile Narcan Distribution events for 2023: We can set up our tent anywhere in Clinton County and distribute free Narcan to members of the community. If anyone or an organization would like to schedule a Narcan distribution event or training, please reach out to us.
- 5. TAC logo giveaways were discussed. Items suggested were: mini flashlights, tissue packs, squeeze balls or frisbees for children at events, pens. We need to print more "Signs of Opioid Overdose" cards. Deb B. will work on that. We are pretty good on other flyers/leaflets for now.
- 6. TAC Resource List attached. If anyone has edits or additions of services in Clinton County area that would be good to add to it, let Deb. B. know.
- 7. Additional Information/Announcements: Anyone else have anything to share?

The next meeting will be held in person/hybrid via Zoom on: May 16, 2023

Breese Activity Center, 419 S. Clinton, Breese, IL