

Tuesday, March 21, 2023 11:00am-12:00pm

Hybrid-Breese Activity Center

Via Zoom: https://zoom.us/j/96984991421

MEETING MINUTES

1. In-Person Attendance: Craig Loddeke, Alicia Moesner, Bree Polk, Cary Trame, Heather Creasy, David Whipple, Melissa Monte, Deb Beckmann.

Zoom Attendance: Cara Loddeke, Tiesha Matthews, Randy Haselhorst, Tisha Lancaster, Christy Foster.

2. Heather Creasy presenting on "Clinton County IYS Analysis". Slides attached. Information on how Clinton County is listed as "Other Urban/Suburban" instead of rural below. Question was asked if the IYS asks questions about anxiety (no!). Also does the IYS ask if students take e-cigs from their parents without their knowledge (not specifically). Discussed doing a presentation to parents on IYS data for National Prevention Week. Do a Town Hall meeting at each high school and invite Junior High parents, too. Possibly combine with a "Hidden in Plain View" exhibit.

Other Urban/Suburban

Weighted Sample to Represent Urban and Suburban Counties (Excluding Chicago Metro Area)

Alexander Jersev Piatt Kankakee Rock Island Bond Macon Boone Sangamon Calhoun Macoupin St. Clair Madison Champaign Stark Clinton Marshall Tazewell McLean Crawford Vermilion DeWitt Menard Williamson Winnebago Mercer Monroe Henry Woodford Jackson

https://iys.cprd.illinois.edu/UserFiles/Servers/Server_178052/File/state-Reports/2020/IYS%202020%20Other%20Urban%20Suburban%20Report%20Final rev.pdf

3. Sub Committee Reports: (we need people to serve on committees and help with our work!!)

A. Education & Prevention:

NIDA morning announcements and video project sent to all schools. Asked schools to let us know if they participate by sharing pictures or posts on their social media. Facebook posting this month for "Substance Use and The Brain Month". PSA and news release will go out for April's RX Take Back Day. Planning for National Prevention Week May 8th-13th. Bree would like to plan a 5K for the end of this week with possibly sponsors and t-shirts for participants; have resources for students and families. Would like to include Washington County schools, too. Christy Foster suggested a route used for a Heart Walk that started at the Courthouse, down to river by swinging bridge and back. Would like the place for event to be located between both counties. Deb B. will ask Ken Sterner if he and/or the Illinois National Guard could help with the 5k. Discussed the need to get school Red Ribbon Week leaders together to make a plan for next Fall in late May or early June.

B. Law Enforcement-

Overdose deaths from Trenton end of February had one determined to be natural causes based on toxicology report. Mike Kuhl reported all local Police Chiefs will be getting together for a meeting. Deb B. sent an email to all Chiefs with a list of things TAC would like to discuss with them.

C. <u>Treatment & Recovery</u>-

Cara reached out to a PLE asking if they would join us. She also plans on reaching out to Megan at Central H.S. about putting an information rack in the high school library. Discussed getting someone else trained in SMART recovery so we would have a pair of people to start local meetings. Need to start planning Overdose Awareness Day Overdose Awareness Day event on August 26th (need to go to Park Board meeting to ask for pavilion use) and order a reusable banner for the event. Cara will ask Jentry if she can come up with some simple art for that. Cara also reported that the Maryville-Chestnut location will hold a ribbon cutting soon for the newly opened crisis unit.

D. Family Support-

Please like and follow FSN's Facebook Page. It's called "Family, Friends and Addicts Stronger Together". The FSN warm line received no calls in February. PAL Group meeting weekly via Zoom on Tuesdays, 7-8:30pm. Please call or text Craig at 618-567-6095 or email him at craigloddeke@yahoo.com to receive the Zoom link. The PAL meetings are going well. There will be an in person PAL group starting in East St. Louis. The Life Church in Carlyle has a group, Project HOPE, that meets on Wednesday evenings. HOPE stands for Healing Overcoming Persevering Empowering. The group is open to anyone with any problem that needs hope and healing. For more information you can go to https://www.lifechurchcarlyle.com/project-hope.html. There is also a Christian counselor in Carlyle, Branch of Hope Christian Counseling Ministry, website https://branchofhopeministry.com/. FSN will send an email letter to all churches in Clinton, Bond, Madison and St. Clair counties about their group, warm line availability, and PAL group. Discussed printing 40 more yard signs with less wording and easier to read quickly. Deb B. will work on art.

E. Finance-

Deb L. received the EIN for TAC. She is next working on getting the funds transferred from the Conley's Project Zoe to TAC. She will set-up a bank account for TAC, probably at Scott Credit Union in Breese. She would like to do a picture for local media when the check is turned over.

F. Marketing -

Seeking ideas to advance our group's work and gain more members. Please share any ideas with any Coalition member or bring them to our next meeting. Discussed doing PSA messages on radio Station, using Breese Journal "News Briefs" to mention monthly meetings, and sending meeting minutes out to media for possible inclusion in newspapers. Need to engage more PLE's, families, and elected officials. Need to get a list together of all community government meetings and have a few people attend their meetings to discuss our work and needs from them.

- G. <u>Celebrate Life (Sober) Event Committee</u>: Committee consists of Craig L., Deb L., Randy H., Bree P., Alicia M. Location will be Breese Northside Park, Sept. 24th, 2-6pm. Craig has contacted several Christian bands that are interested in participating. Need to start seeking sponsors/vendors/booth hosts/food trucks/speakers; make a re-useable banner for event and possibly yard signs. Melissa Monte with The Aviary volunteered to be our first sponsor!! Thanks, Melissa!!
- 4. 2023-2024 Budget planning: Retain billboard on New Rt. 50 outside Carlyle; Deb B. needs suggestions on what kind of giveaways we should purchase for next year. Discussed and additional equipment needed for hybrid meetings. Ruled out an "Owl" and will continue to borrow a hot spot from Germantown Library. Deb will check inventory on marketing materials and see what needs to be printed or reprinted.

TAC Minutes March 21, 2023 Page 3

- 5. Additional Information/Announcements: Anyone else have anything to share?
 - IL Helpline has free resources; check it out https://helplineil.org/app/order
 - Alicia M. said the RCORP grant has been working in Marion County to get recovery supports going. The Marion County Recovery Coalition is being resurrected. She is working to help host a Rx Take Back Day at the Centralia Community Resource Center on April 21st and one at HSHS Highland Hospital.

The next meeting will be held in person/hybrid via Zoom on: April 18, 2023

Breese Activity Center, 419 S. Clinton, Breese, IL

www.facebook.com/Take-Action-Coalition-of-Clinton-County-2267638083492125

Family Support Network Call-line #314-669-1184

<u>Vision:</u> Reduce the impact and stigma of substance use among residents of Clinton County.

<u>Mission:</u> Cohesive partners developing comprehensive strategies involving prevention, education, spirituality, law enforcement, treatment, support, and other recovery services.