

October 11, 2022



Attendance: 9 - Neesha Stringfellow, Wesley Stringfellow, Alice Crawford, Tash Leak, Geoff Leak, Kristen Dean, Kathleen Burke, Ruby Powell, Jenny Gonzalez

Lived Experience: 4

Location: iCan Dream Center - 8501 Maple Creek Dr Suite 200, Tinley Park, IL 60477

Opening Prayer

Neesha Stringfellow

Updates:

Called Linda Stevenson - had surgery today, bypass in her leg

Met with Al Crespo - going to check out he Manhattan space, it is ready to lease Office space and conference room

Rubys event went over well

Clients:

From the living room

Effram - Oak forest, alcoholic, divorced with daughter (11yrs), he want to get clean, can't drive - no aa meeting

Resources were limited, no insurance, and no income (super hero business, for hire) Found church in oak forest with aa and alanon - agreed to attend Check in on Friday 10/14

Awareness Days:

May

Mental Health Awareness month

<u>Aug</u>

<u>Sep</u>

<u>Oct</u>

Mental Illness Awareness Week (October 3-9)

Mental health day 10/10

Resources:

Input all resources onto our list - scan originals Samsa

Directives:

Add back in Thursday class - was deleted on accident
Plan events around awareness days
Christmas event - do in a school gymnasium and have the resources come in
Have speakers, not to charge - make it a fundraiser
Kathleen - competition for these events - maybe bingo event
Spoke on last years Christmas events "Need a different location to get better"
Jarret Burton - invite to our meeting
Lockport - 1st St Johns Lutheran church is creating a website of resources

Everyone add to the resource list and check off once called

Closing Prayer:

Dr. Alice Crawford