

Minutes

Macoupin and Montgomery Counties ROSC Council			
Date: February 27, 2023	Time: 2 pm	In-person meeting at Beacon Church and https://slu.zoom.us/j/98964683555	
Meeting	February ROSC Council Meeting		
Agenda	Announcements, Safe Passage and Clinic Updates, St. Francis Way Clinic Presentation		
Facilitator	Jennifer Carron		
Attendees	<div><input checked="" type="checkbox"/> Becky Hatlee, COO, MCPHD</div> <div><input checked="" type="checkbox"/> Jennifer Carron, ROSC Coordinator, MCPHD</div> <div><input checked="" type="checkbox"/> Lindsay Minor, Safe Passage, MCPHD</div> <div><input checked="" type="checkbox"/> Elyse Schoen, Safe Passage, MCPHD</div> <div><input checked="" type="checkbox"/> Carissa van den Berk-Clark, SLU</div> <div><input checked="" type="checkbox"/> Giulia Butler, SLU</div> <div><input type="checkbox"/> Courtney Newby, MCPHD</div> <div><input checked="" type="checkbox"/> Helena Viehweg, MCPHD</div> <div><input checked="" type="checkbox"/> Sherry Ison, MCPHD</div> <div><input checked="" type="checkbox"/> Bailey Jarman</div> <div><input checked="" type="checkbox"/> Nancy Phillips, Illinois Family Resource Center</div> <div><input checked="" type="checkbox"/> Julie Pohlman, Statewide ROSC Region 4 TA</div> <div><input type="checkbox"/> Jenna Hays, Region 4 Mentor</div>	<div><input checked="" type="checkbox"/> Orville Mercer, Chestnut</div> <div><input type="checkbox"/> Donna Nahlik, Chestnut</div> <div><input type="checkbox"/> James Timpe, HSHS St. Francis</div> <div><input type="checkbox"/> Ty Bechel, Amare</div> <div><input type="checkbox"/> Corinne Briscoe, Macoupin County Probation</div> <div><input type="checkbox"/> Chief Brian Boston, Girard PD</div> <div><input type="checkbox"/> Chief Kenny Ryker, Litchfield PD</div> <div><input type="checkbox"/> Jeff Schoen, Staunton PD</div> <div><input checked="" type="checkbox"/> Jon Magnuson, Beacon Church, Next Network</div> <div><input checked="" type="checkbox"/> Jessica Gatlin, Next Network</div> <div><input checked="" type="checkbox"/> Kathy Alford-Spitze, Next Network</div> <div><input type="checkbox"/> Linda Liebscher, Cross Over Ministries</div> <div><input type="checkbox"/> David Knoblich, Hearts United</div> <div><input type="checkbox"/> Ailee Taylor</div> <div><input checked="" type="checkbox"/> Kevin Schott, EMS</div> <div><input checked="" type="checkbox"/> Steve Bryant, Litchfield Park Dist.</div> <div><input checked="" type="checkbox"/> Kristine Gamm-Smith, NAMI</div> <div><input type="checkbox"/> Kelly Jefferson, NAMI</div> <div><input type="checkbox"/> State Senator Doris Turner</div> <div><input type="checkbox"/> Dr. Kristen Ferguson</div>	<div><input checked="" type="checkbox"/> Chas Swearingen, LPBHC</div> <div><input checked="" type="checkbox"/> Ron Howard, Montgomery County Health Department</div> <div><input checked="" type="checkbox"/> Candi Mazza, Litchfield School District</div> <div><input checked="" type="checkbox"/> Sarah Crawford, Jersey Community Hospital</div> <div><input checked="" type="checkbox"/> Lauren Savoie, Jersey Community Hospital</div> <div><input checked="" type="checkbox"/> Terry Lane, Lewis and Clark Community College</div> <div><input checked="" type="checkbox"/> Amanda Majors, crisis interventionist, Montgomery County Health Dept, 988 Program</div> <div><input checked="" type="checkbox"/> Kourtney Renfro, Family Guidance Center</div> <div><input checked="" type="checkbox"/> Rick Brown, Family Guidance Center Springfield/Sangamon County ROSC</div> <div><input checked="" type="checkbox"/> Cornerstone Church</div> <div><input checked="" type="checkbox"/> Kelda DeBarr, retired LCSW</div> <div><input checked="" type="checkbox"/> Fran Ingram, FGC Springfield</div> <div><input checked="" type="checkbox"/> Jensine Wyant, Montgomery County Health Department</div> <div><input checked="" type="checkbox"/> Mari Handy, Gateway Foundation</div> <div><input checked="" type="checkbox"/> Nicole List, Locust Street Resource Center</div>

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Agenda Topic 1 – Announcements, Safe Passage, and Clinic Updates

Time allotted: 10 minutes

Jennifer Carron

Presentation and discussion

- Welcome and introductions
- Overview of agenda
- Approval of meeting minutes
- Upcoming Events:
 - 3/11 Poverty Simulation at Community Center, Litchfield, IL
 - 3/16 Macoupin County Networking Alliance Meeting, 10-12, Carlinville Public Service Office
 - 3/25 Macoupin County Family Mental Health Summit 10-2 pm in Gillespie, IL
- Recurring Events:
 - Mourning to Morning grief support group every Thursday at MCHD, Litchfield, IL
 - NAMI Family support group, third Wednesday of every month, 5:30-7 pm at 205 Oakland Ave, Carlinville, IL
 - Macoupin County Networking Alliance Meeting, third Thursday of every other month, 10-12 at 225 N Broad Street, Carlinville, IL. (Next one in March)
 - Al-Anon Meetings every Thursday at 6:30 pm at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL)
 - AA Meetings every Friday 6:00pm at Episcopal Church (415 S. Broad St, Carlinville, IL)
 - AA Virden Group First Baptist Church Monday 10:00am (157 W. Franklin, Virden IL)
 - Emotions Anonymous Meetings every Thursday from 6-7 pm at Beacon Church (622 North Franklin, Litchfield, IL)
 - NA Virden Group First Baptist Church Saturday 11:00am (157 W. Franklin, Virden IL)
 - NA Hope Shot Meetings every Wednesday at 7 pm (rear entrance upper floor at 201 W. Chestnut St, Gillespie, IL)
- Webinars:
 - 3/7 Pre-Addiction: Research Needed to Evaluate its Public Health Value
 - 3/15 Cultural Considerations for 12-Step Recovery Programs
 - 3/29 Current Scientific Evidence About Mutual Help Groups

Please send us any announcements/upcoming events you would like to share with the council.

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	<ul style="list-style-type: none"> ○ Safe Passage: <ul style="list-style-type: none"> ▪ Next Macoupin County Networking Alliance meeting will be 3/16 from 10-12 at Carlinville's Public Service Office. ▪ There are currently 31 access points across Macoupin and Montgomery counties. ▪ In January, 17 individuals received a Safe Passage and 71% of them are in inpatient or outpatient facilities. Please reach out if you would like to become one. ▪ Like and follow Facebook page: https://www.facebook.com/SafepassageMM ▪ St. Francis Way and Health and Wellness Clinics: New Clients Served: 29 Inpatient Referrals: 5 Outpatient Referrals: 15
Agenda Topic 2 – Additional Updates	
Time allotted: 10 minutes	Jennifer Carron, Jon Magnuson, Kevin Schott
Presentation and Discussion	<ul style="list-style-type: none"> ○ There is currently only one ROSC Coordinator as Brian shifted into full-time nursing. They are currently hiring, and details can be found at https://mcphd.net/ ○ Also hiring case workers. Only requirement is a BA and willingness to work with people. ○ Discussing the potential to add an evening ROSC meeting every other month. Poll found respondents 50/50. <i>Please let us know if you would be available/would like to add that option.</i> ○ The subcommittees will meet every month at 1 PM, right before the ROSC meeting. If you'd like to be involved in one or more, reach out to Jen jcarron@mcphd.net or Giulia giulia.crocebutler@health.slu.edu ○ 3/8 Risk Reduction Committee meeting at Beacon Church. Reach out to Kevin Schott kevins@montgomeryco.com to learn more. ○ 3/11 Poverty Simulation at Community Center is free and CEUs/CPDUs are offered. Reach out to Jon Magnuson jon@beaconchurch.us to learn more.
Agenda Topic 3 – St. Francis Way Clinic	
Time allotted: 20 Minutes	Krystal Daniels
Presentation and Discussion	<ul style="list-style-type: none"> ○ Work with both outside referrals (Litchfield Family Practice), internal referrals, and walk-in hours (1-4:30 MTWF, although nobody is turned away). ○ Patients first do a pre-registration at front desk. ○ Then they see a case manager, who reports to RN who will assess patient for medical history, behavioral health background, medications, and set of vitals. ○ The RN will then report to prescriber and CM.

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	<ul style="list-style-type: none">○ They will then move patient to living room, and the patient who will talk to all the providers (RN, case manager, therapist, and prescriber) to create individualized care plan.○ Assessment includes substance of choice, type of treatment requested, additional support.○ First handle safety, then housing, then food (food stamps), and transportation to increase chances of recovery.○ Can help with are food stamps, clothing, toiletries.○ Looking to assess daily needs (medication, inpatient facility, etc.)○ The patient will meet will meet with team for first 4 weeks, then we will reevaluate and decide on weekly or biweekly appointments.○ The patient will meet with the prescriber weekly at first and then taper down to 2 weeks.○ They must meet the therapist at least every 2 weeks.○ Monthly maintenance appointments.○ Not one care plan works for everyone.○ The recovery program consists of 13 weeks of consistent MAR, 1:1 therapy, and group therapy. At completion of their program, get graduation certificate, but they may still continue to come for medication, and then transition to behavioral health.○ Right now, there are 166 active SUD patients. The total number of SUD patients in remission (6+ months of sobriety) is 84, so half of patients.○ Just today there were 4 new patients. <p>Q & A session</p> <ul style="list-style-type: none">○ Walk-in are seen the same day or next day. We do not turn anyone away.○ Housing and transportation are the most difficult to connect people to.○ Would even help with getting drivers on Lyft and Uber who can help with transportation.○ SFWC treats all types of substances, not just opioids, as well as co-occurring MH disorders.○ They provide services for family members if they are interested.
	<p><u>Final Remarks:</u></p> <ul style="list-style-type: none">○ Moment of wellness offered by Sherry on finding a passion and making time for yourself.○ Next ROSC meeting will be on March 27th at 2:00 pm at Beacon Church (622 N. Franklin St).○ ROSC Facebook page: https://www.facebook.com/MMCRCouncil

End Time: 2:40 pm