

March 23, 2022 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on March 23, 2022 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Anna Ruckman (PLE); Ted Lowers (Dewitt-Piatt Bi-County Health Department); Cristin McMullen (IMPACT PCMHC); Steve Keagle (Lodge Church of God); Tara Beckett (Piatt Co Mental Health – Mental Health Provider); Jaime Porter (Piatt Co Mental Health – Clinical Director); Tony Kirkman (Piatt Co Mental Health – ED); Mary Jo Dean (Willow Tree Missions). In addition the following participants joined via ZOOM: Kyle Reynolds (Piatt Co Probation); Katie Schacht (Parkland Student Advising); Adam Clapp (Monticello CUSD #25 Superintendent); David King (Carle); Anna Crawford (Kirby Nutrition and Wellness); Sheriff Mark Vogelzang (Piatt County Sheriff); Rob Bross (Chief of Police, Monticello); Hillary Stanifer (Blue Ridge School District Superintendent); Julie Pohlman (Statewide ROSC Region 4.)

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Suboxone Clinic at Kirby stating that things are going well. Tia shared that Dr. Mandhan and herself have been giving Naloxone (NARCAN) Nasal Spray to the patients in the Suboxone program. Of these 43 patients, 42 have received a box of Naloxone as well as education on how to use and 1 declined the box of Naloxone as well as education. Tia explained that this is a combined effort between Dr. Mandhan and herself to help close the gap between Naloxone administration to save a life and Opioid overdose related deaths. Tia discussed the support group at the Piatt County Jail is going well. Tia has received feedback from Karla Bell, Director of the Jail as well as a few others that the inmates that participate in the group are getting something valuable out of the group. This shows the need to continue with this group. There have been questions from inmates in regards to services after they are released but none have followed up. Tia reports that there has not been any attendance at the Youth Support Group as of yet. Tia explained that recently there was a survey put out to the students to gather information about the youth support group. From this information, Tia, Mr. Kepley, and Jaime Porter have altered availability times and Tia will start going Tuesdays from 7:45 am to 8:15 am as well as 3:20 pm to 3:50 pm. The Wednesday evening support group is going strong! The group has between 4 and 5 members who attend. Tia explained that Wednesday, 3/22, the Paint Party was held and that 19 folks attended. \$98 were raised from donations! Tia explained that there could be the possibility of another event like this before the years end. Tia has contacted Oxford housing to get a tour and is working on a tour date reschedule. The expert panel that was held 3/6 was also discussed. Survey information gave positive feedback and ideas for the next panel that is put on. Cristin McMullen, who sat on the panel, explained that she was leery at first to participate due to the stigma that surrounds addiction and recovery but felt it was very important to share her story. Since the panel, Cristin has had 1 parent reach out as well as has 2 more speaking engagements set. Jaime Porter stated that though she felt like she “dittoed” Doctor Mandhan, the different perspectives was great. Sheriff Vogelzang thought that the panel was very well rounded. Tia reported that Tony had 12 participants at the latest NARCAN training he held at Blue Ridge. Tia discussed that the sectors and subsectors are starting to fill up nicely and that there are 6 sub sectors left to fill. Tia then asked for ideas and feedback from the council in regards to FY '24 billboards. The council came up with suggestions of more stigma reduction, consequences of SUD/AUD, more messages of hope and recovering out loud, showing addiction as a treatable disease, possible “faces of recovery” showing folks

who have recovered to assist with stigma reduction, as well as a positive message of 1 day at a time. The idea of a QR code on yard signs was also discussed as well as the possibility of bumper stickers.

This Month's Activities – Tia discussed the budget for FY '24 is looking good and that there is just a few minor adjustments that need to be made. Tia stated that the list of activities for FY '24 is good to go and will be reaching out for volunteers, donations, and possible ideas on making things go smoothly!

Speaker – Anna Ruckman was the guest speaker for this month. Anna explained that she grew up in Monticello, IL and attended school here as well. Anna explained that growing up with a social worker as a parent it is difficult to not think about how to make your community better. Anna explained that there is a running joke in Monticello that “There is nothing to do in Monticello but eat and do drugs”. Anna had a lot of good ideas that she presented to the ROSC Council. These ideas include, a community teen center that would include adults in recovery or “life experiences” as mentors for these teens. It would be supervised and can be held at a coffee shop. Anna felt that there are valuable skills to be shared between generations! Anna also suggested a community garden, rec league sports as well as more diverse ways to spread the word about ROSC and the events that ROSC puts on. Anna explained when asked what school administration could do for their students that they need to be careful about how they approach a student with known or suspected alcohol and or drug use. She explained that when a student is called out of class, not only do they have to deal with that shame, but then they also have to deal with their friends and classmates asking what they went to the office for. Anna also stated that administration should pay a little more attention to their students, especially the really popular ones as well as the loners, and show support. Let them know that you are a safe person they can talk to and that you want to help.

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Prevention Week – May 8 thru May 12

Murder Mystery on the Train – May 12

Bement End of the Year Pool Party – TBD

Bement All Sports Day – TBD

DEC (Drug Endangered Children) training – TBD

*Hopefully if COVID #s decrease, Council can resume past discussion regarding a possible County-wide collaborative effort to provide a NARCAN training for multiple communities with multiple agencies utilizing their communication channels.

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday April 20 2023 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would

help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4:30 pm

Recorded by ROSC Coordinator, Tia Schum