



Recovery Oriented System of Care
McDonough/Fulton County ROSC Council
Minutes

Location: Zoom

Date: March 8th, 2023

Time: 2:00pm

1. Welcome and Introductions
2. Agency Updates
3. Kristin Lewis Presentation – Mental Health
4. Questions, Comments, & Open sharing

Sign In: 21 in attendance

4 Persons with lived experience

Notes:

March's McDonough/Fulton County ROSC meeting was very successful. We had representation from over 13 different agencies. Agencies represented included; Macomb Police Department, North Central Behavioral Health, Western Illinois University (Alcohol and Other Drugs), AHEC, ROE 26, Veterans Association, Bridgeway, Center for Youth and Family Solutions, Eagle View, West Central Illinois ROSC, and others. Mental health engagement specialist Kristin Lewis gave a presentation that covered what her position entails at Bridgeway. Kristin informed ROSC members of the mental health peer support group that meets weekly via a hybrid option. MFCI ROSC members were very engaged and enjoyed the meeting and presentation. Coordinator has emailed flyers and files that were mentioned and shared during the meeting. Coordinator has also engaged in a rundown of budget with Region 3 ROSC mentor and other integral members of both MFCI and WCI ROSC councils.

Welcome

ROSC Mission:

"Collaborating to build and empower communities of recovery"

ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the "voice" of peers, family members, and the community in planning and decision-making
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability