February 16, 2022 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on February 16, 2022 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Julie Pohlman (Statewide ROSC Region 4); Ted Lowers (Dewitt-Piatt Bi-County Health Department); Cristin McMullen (IMPACT PCMHC); Jaime Porter (Clinical Director Piatt Co Mental Health); Tony Kirkman (Piatt Co Mental Health – ED). In addition the following participants joined via ZOOM: Paul Spangler (First Presbyterian Church); David King (Carle); Kyle Reynolds (Piatt Co Probation); Katie Schacht (Parkland Student Advising); Emily Weidner (CG Superintendent 7/1/23); Hillary Stanifer (Blue Ridge School District Superintendent); Abbie Lee (IL HPP Prevention); Anna Crawford (Kirby Wellness); Kourtney Renfro (Sangamon Co ROSC); Fran Ingram (Sangamon Co ROSC).

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Suboxone Clinic at Kirby stating that things are going well. Tia shared that Dr. Mandhan and herself have been giving Naloxone (NARCAN) Nasal Spray to the patients in the Suboxone program. Of these 43 patients, 33 have received a box of Naloxone as well as education on how to use and 1 declined the box of Naloxone as well as education. Tia explained that this is a combined effort between Dr. Mandhan and herself to help close the gap between Naloxone administration to save a life and Opioid overdose related deaths. Tia discussed the support group at the Piatt County Jail is going well. Tia has received feedback from Karla Bell, Director of the Jail as well as a few others that the inmates that participate in the group are getting something valuable out of the group. This shows the need to continue with this group. Tia reports that there has not been any attendance at the Youth Support Group as of yet. Tia explained she put on a "Would You Rather" vote and opened it up to high school students as well as middle school students in Bement. The students were given events to vote on, Lunch Time Trivia, Chalk the Walk, or both as well as All Day Sports Day, Pool Party, or Both. The students showed interest in all 4 of these events. After going over the budget, Tia was happy to announce that, as long as volunteers could be gathered up, all 4 of these events could be put on for the Bement youth. Tia will be going to Bement Middle School to announce this to the 6th, 7th, and 8th graders with an announcement being put in the morning announcement for the high school students. The Wednesday evening support group is going strong! The group still has 5 members who attend. While Tia was in DC for the CADCA conference, the support group held a meeting and it was reported that 5 were in attendance. Tia has contacted Oxford housing to get a tour and has a tour date rescheduled. Sean McMullen, who is over the Oxford House in Decatur, informed Tia that a women's house should be opening and that when it was opened, a tour for both houses could be scheduled. Tia passed the floor over to Tony Kirkman who discussed the Leave Behind Bags and the Piatt County Fire Association Meeting that was held on January 31. Tony explained that, to the best of his knowledge, all Piatt County Fire Districts were in attendance. After explaining what the bags where and the purpose behind them, all 83 bags were left. It was later discovered that one of the Cerro Gordo Command Leaders took personal responsibility and walked the total business district in Cerro Gordo passing out the bags to each business owner. Cerro Gordo has also reached out requesting 6 individual boxes of Naloxone to have on each of their school buses for just in case purposes. Tia explained how amazing it is to see such a small idea make such an impact in a good way. Tia reported that Tony had 6 or 7 participants at the latest NARCAN training he held at the Piatt County Court House. Tia discussed that

the sectors and subsectors are starting to fill up nicely and that there are 6 sub sectors left to fill. Tia discussed with the group the progress on the Parent's Night Expert Panel. The date is set for March 6th from 630 pm to 730 pm. It will be at Monticello Middle School in the cafeteria. Cristin McMullen talked about the event that Marisa's Purpose and IMPACT Coalition are holding February 28th at the Monticello High School, Sievers Center Gym. Cristin explained that Nadine Machovech and her partner Anthony Alvarado will be presenting information to raise awareness around youth substance use and how to support their mental health. Flyers for both events were made available for those who wanted to take them.

This Month's Activities – Tia Discussed that the billboard should be up by the end of this week. The billboard that had the most votes had the message "One Dose Can Kill". Tia discussed the Washington DC trip to CADCA. Information brought back included how predators are looking for vulnerable youth via social media platforms, snapchat, tiktok, Facebook, Instagram, and preying on them. Tia explained that they are not only being tricked or forced in to sex trafficking but some are being forced in to drug trafficking as well. Tia explained that this is even more affirmation and reinforcement that just like us with the adults we work with in recovery or in active substance or alcohol use, we need to be sure to open to our youth and make sure they know who they can talk to that is safe. Tia also discussed the idea for a ROSC Council Spot Light to get the faces of the ROSC Council out there and get the name of ROSC out there more as well. The idea of an anti-stigma video was also suggested. This video would show case those who identify as a person of lived experience (PLE) and how addiction doesn't care about your socioeconomic status, race, gender, religion, it is not prejudice.

Tia then discussed two ideas that she has been feeling strongly about. One of these was a living room project and the other was a youth center project. After explaining both of the projects, the floor was open to questions, comments, and concerns. Staffing was brought up and the possibility of volunteers staffing the living room and youth center was suggested. Tia encouraged the council to reach out via email, phone call, face to face meeting with any questions, comments, suggestions, or concerns.

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

RISE Together Tour – February 28th 2023 6 pm at Monticello High School Parent's Night Expert Panel – March 6th 2023 630 pm to 730 pm at Monticello Middle School

NARCAN Training

February 17, 2023 – Blue Ridge School District Faculty

*Hopefully if COVID #s decrease, Council can resume past discussion regarding a possible County-wide collaborative effort to provide a NARCAN training for multiple communities with multiple agencies utilizing their communication channels.

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday March 16 2023 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4:00 pm

Recorded by ROSC Coordinator, Tia Schum