



Recovery Oriented System of Care
McDonough/Fulton County ROSC Council
Meeting Minutes

Location: Zoom

Date: February 8th, 2023

Time: 2:00pm

1. Welcome and Introductions
2. Agency Updates
3. Narcan information and refresher
4. Questions, Comments, & Open sharing

Sign In: 29 in attendance

8 Persons with lived experience

Notes:

February's McDonough/Fulton County ROSC meeting was a huge success. We had representation from over 15 different agencies. Agencies represented included; North Central Behavioral Health, Western Illinois University (Alcohol and Other Drugs), AHEC, ROE 26, Spoon River Community College, Veterans Association, Trinity Lutheran Church, Bridgeway, Celebrate Recovery, Galesburg Rescue Mission, Samaritan Wellness, Eagle View, West Central Illinois ROSC, and others. WCIR Coordinator Leann Courson gave a brief presentation that covered what ROSC Councils do as well as upcoming events. Leann also gave a refresher on Narcan usage and availability. MFCI ROSC members were very engaged and enjoyed the meeting and presentation.

Welcome

ROSC Mission:

"Collaborating to build and empower communities of recovery"

ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the "voice" of peers, family members, and the community in planning and decision-making
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability