

Ford County ROSC Council Meeting

January 24, 2023 at 2:00 p.m.

Attendees:

Nadia Klekamp, Kari Knapp, Barb Brumleve, Frankie Ward, John Schneider, Abby Behrens, Bill Kirby, Leann Courson, Helene, Jennifer Anderson, Chestnut Health Systems (Anonymous),

Discussion:

- The meeting opened with Frankie providing introductions and talking about New Year's Resolutions as an ice breaker. Likewise, the time has come to look at the Ford County ROSC's goals, which is the focus of today's meeting.
- The following PPT was used as a reference point during meeting discussion:



Ford County FY23
strategic plan - Janu

- **Strategic Plan:**

- ✓ **Goal 1: Develop Recovery Support**

- **Objective 1: Assess Expansion of Local Support Groups**

- Support expansion of new support groups and expand/support existing meetings in the community.
 - Empower more people to become facilitators of groups through encouragement, training options and funding.
 - Identify other types of recovery support (e.g. non-'traditional', person-centered recovery that may involve more online meetings, plus reading, music and art for people in recovery) *Seek out unmet needs re: local meetings and address the gaps accordingly!

- **Objective 2: Expand Substance-free Recreational Activities**

- Identify opportunities to provide substance free activities (IE sports league, camping, nature walks, survival classes.)

- **Objective 3: Family Recovery Supports & Services**

- Identify and promote existing supports for families affected by SUD.
 - Support the expansion of resources for families affected by SUD.

- **Objective 4: Advocate for People with Lived Experience (PLE) to take leadership roles**

- Advocate for PLE (People with Lived Experience) to take leadership roles in ROSC Council and the community
 - Recruit PLEs for ROSC Council and volunteer opportunities, supervised hours, offer supervised hours towards CRSS, etc.
 - Explore Advocacy Training

- ✓ **Goal 2: Increase Access to Services & Resources for Community**

- **Objective 1: Explore strategies to address transportation barriers.**
 - Strategy 1: Understand current offerings of existing transportation services.
 - Strategy 2: Research volunteer-based supports.
 - Strategy 3: Identify community members/organizations to provide sustainable transportation within the SUD/MH community
- **Objective 2: Explore Sober Housing Options**
 - **Strategy 1:** Research ways to bring recovery housing to rural areas (recovery supports, location, staffing).
 - **Strategy 2:** Invite recovery-housing experts to share their knowledge.
- **Objective 3: Link Community with members with new and existing resources.**
 - **Strategy 1:** Promote 211 Resource Directory.
 - **Strategy 2:** Advertise/Market all new and existing resources and services for those with SUD/MH. Focus on social and local media.
 - **Strategy 3:** Continue to network with Council, Community, and Persons with Lived Experience to bring greater awareness to SUD supports.
- ✓ **Goal 3: Inform & Engage the Community to Increase Awareness and Reduce Stigma re: SUD (substance use disorders).**
 - **Objective A: Provide SUD education to community**
 - Offer free trainings
 - Host/Co-host at least two Stigma Reduction community activities.
 - Continue to network with Council, Community, and Persons with Lived Experience to bring greater awareness to SUD supports.
 - Post Testimonials of local people who have recovered.
 - **Objective B: *Develop and Promote public awareness campaign.***
 - **Strategy 1:** Create a subcommittee to focus on campaign goals.
 - **Strategy 2:** Develop campaign narrative.
 - **Strategy 3:** Collect informative data and tools that will be used to build the campaign narrative.
 - **Strategy 4:** Identify distribution sources that are popular and credible with the target audience.
 - **Strategy 5:** Utilize social media platforms and local media sources.
 - Develop and promote public awareness campaign.
 - **Objective C: Increase education to reduce Stigma**
 - Educate community about MAR (Medication Assisted Recovery)
 - Raise awareness about Harm Reduction as a viable recovery path
 - Continue to support Narcan training.
- **Outreach Committee:** Meets **3rd Tuesday of every month at 5:30pm** (hybrid); next meeting is February 21st (location TBD) - * All Awareness Event (multi-org event to share resources with community)
- Frankie plugged the ROSC Social Media sites and asked people to please Like, Share, etc. if they feel so inclined.

- Upcoming Free ROSC Events (Logan/Mason)...**Family Bowling: February 25th 2-4pm at Logan Lanes**

Next Meeting:

- Thursday, February 28th at 8:30 a.m.
- Join Zoom Meeting
- <https://us06web.zoom.us/j/87970797355?pwd=Si9DQjIhZWtaZElIWERJNVBEZ09>
- Meeting ID: 879 7079 7355
- Passcode: 379316
- One tap mobile
- +13126266799,,87970797355# US (Chicago)
- +13092053325,,87970797355# US