

Ford County ROSC Meeting Minutes

December 20, 2022, ROSC Meeting

Date: 12/20/22

Time: 8:30 AM – 9:30 AM

Location: Zoom

Intros: People in attendance (9 people total):	<ul style="list-style-type: none">• Kari Knapp, Community Outreach Coordinator, Chestnut Health Systems• Barb Brumleve, Community Health Specialist, Chestnut Health Systems• John Schneider, Recovery Specialist, Chestnut Health Systems• Tia Schum, Piatt County ROSC• Harlee Nelson, PLE• Leann Courson, Bridgeway• Andrew Killian, Ford County SA• Jeff Asmus, ROSC Region 3 TA• Helena Longfellow, Physician Assistant, Gibson City Clinic, MAR
Welcome/Talent Assessment Discussion	<ul style="list-style-type: none">• Welcome<ul style="list-style-type: none">○ Bucket list/finding your passion (general opening)○ “I would like to do this” or “I would like to do that...”○ When we look at why we are doing the ROSC, why are we doing what we are doing?○ Question: What is my goal or what is one thing on my bucket list? Is this a passion or a desire? How will you achieve this goal/bucket list item? (<i>Participants given a few minutes to write down answers</i>)• Discussion:<ul style="list-style-type: none">○ Frankie: learn how to sew (passion) – would like to make clothes for her daughter and for herself, goal to get there: get a sewing machine, YouTube tutorials○ Tia: travel to Italy (desire), need kids to move out so more money can be allocated towards traveling○ Kari: backpack across Europe (desire), will need to save money, time off work,○ Helena: go to Hawaii (desire), time off work and save money, and go back to school for Nurse Practitioner Mental Health certification (passion) – would need to build up her team/train them so she can take time off work

	<ul style="list-style-type: none"> ○ Andrew: visit every National Park (passion), 8 out of 63 completed, would need to achieve this by one park at a time and plan vacations around these parks/pre-planning! ○ Barb: wants to get back to regular exercise (wants this to be a passion), join a gym, try to make this a habit, and get back to yoga ○ Leann: go back to school for social work (desire but also a passion) – feels like she was born for social work, she has applied for school and should be starting in the fall ○ Jeff: get a camper and travel around with his wife and family, relax in nature (passion and desire), will take time and saving money – used to want to build a log home and live on a lake ○ John: passion is doing recovery work and being with people in need (this job has allowed that), desire would be driving a wing spring car (800 horsepower) – to achieve this would be saving money, convincing his better half, and learn more info on the planning side (classes needed, hotel accommodations, etc.) <ul style="list-style-type: none"> ● Talent Assessment: <ul style="list-style-type: none"> ○ The info above is the talent assessment of our team ○ Hopefully this info will allow for us to move forward while bettering understanding persons strengths/passions/desires ○ Learning something new is always positive ○ Goal and team building will continue to build success ○ How we build our bucket list is how we build every other aspect of our lives ● Last Question: <i>One word that comes to mind as to why this talent assessment is needed / what it brings</i> / how can we achieve more this in this county? → Awareness, education (educating communities on resources/access to these), unity/collaboration (using the skills we have to better the community), community (bringing resources together/having a deeper understanding of the community), involvement (increasing awareness amongst community members so they know what is happening), perspective and creativity (each person brings unique thoughts/skills), mission (clear cut direction/goal/purpose), transparency, hope (hope for people who have struggled with substance use), vulnerability
Outreach Committee Updates	<ul style="list-style-type: none"> ● Looking for opportunities to share what ROSC is with the community ● Please let the ROSC know if there is any group that you have in mind ● All-inclusive awareness event (come the New Year) – multiple events are connected/all the colored ribbons out there – potentially in May (a walk, resource tables for all the ribbons, etc.)

Conclusion	<ul style="list-style-type: none"> • Please share and follow Livingston County ROSC's social media (Facebook, Instagram, YouTube) • Recruit, Recruit, Recruit • Happy Holidays to you all! Thank you for all you do!!!
Council Members News:	N/A
Next Meeting:	<ul style="list-style-type: none"> ▪ Thursday, January 24th at 8:30 AM ▪ Look forward to seeing you all again!!

The hardest step to climb a mountain is the first and we've done that.

Who is missing/who else do we need to get info from?