



ROSC COUNCIL

Strategic Plan

Abstract

The Recovery Oriented System of Care's systematic process of envisioning a desired future, and translating this vision into broadly defined goals or objectives and a sequence of steps to achieve them.

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Recovery Oriented System of Care

Strategic Plan

Purpose

The purpose of establishing the strategic plan below is to provide individualized objectives. These objectives will provide a means for determining the success of the ROSC Council as well as guiding its members.

Strategic planning is an organizational management activity that is used to set priorities, focus energy and resources, strengthen operations, ensure that members and stakeholders are working towards a common goal, establishing agreement around intended outcomes and results, and assess and adjust the council's direction in response to a changing environment.

Mission, Vision, Values and Goals

ROSC Mission:

“Collaborating to build and empower communities of recovery”

ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the “voice” of peers, family members, and the community in planning and decision-making

- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Goals:

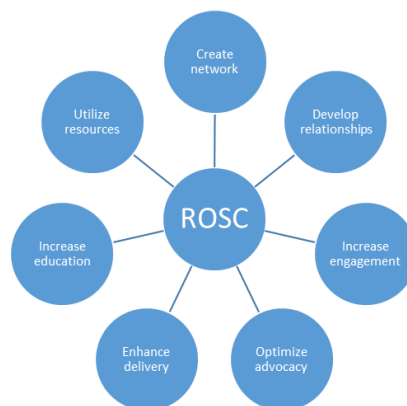
- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability

SWOT



Strengths	Weaknesses
<ul style="list-style-type: none"> • Development of ROSC Council with diverse council members • Henry County Mental Health Alliance • Evaluation/intake services • Individual counseling • Outpatient group therapy • Intensive outpatient treatment • Adolescent services • Insight program • Relapse prevention services • Medication Assisted Treatment <ul style="list-style-type: none"> ▪ Suboxone ▪ Vivitrol ▪ Narcan Trained • AA • NA • Western Illinois Works, Inc. • Parks and recreational opportunities 	<ul style="list-style-type: none"> • Community gaps in services • No detoxification facility • No inpatient • No residential treatment facility • No peer ran sober living with various services offered in house • No certified peer specialists • Lacking other options of sober living • Lack of community awareness of services • Market concentration • Grants could be discontinued • Lack of community education involving substance use and mental health issues as well as recovery • Transportation system • Family support and education • Stigma • Lack of grief support groups • Limited number of providers

<ul style="list-style-type: none"> • Knox County Drug Court • Henry County Drug Court • Warren/Henderson County Drug Court • OSF Resource Link • OSF Navigation Link • Prairie State Legal Services • Crossroads • La Grace Hall of Hope • Oxford House • Supportive Community • 2-1-1 • Silvercloud App • Celebrate Recovery support groups • Mental Health First Aid • Faith based support • Older Adult Behavioral Health Unit • Collaboration with EMS and Police Department • 708 Boards (Knox, Warren & Henry) 	<ul style="list-style-type: none"> • Lack of sober activities • Lack of employment, housing and other resource opportunities • Homeless • Poverty
Opportunities	Threats
<ul style="list-style-type: none"> • Community involvement • Community education • Networking with community stakeholders • Initiatives • Building a culture that nurtures recovery • Building rich and diverse community partnerships and collaborations • Increase the number of individuals pursuing recovery • Advocate for needed services • Connecting communities • Making our communities healthier and stronger • Recognizing successful recovery stories • Treatment program for adolescents • Telehealth options • Faith based opportunities • More outpatient treatment options • Positive attitude towards our communities future • Future grants/funding • Increase in sober activities 	<ul style="list-style-type: none"> • Funding • Stigmas • Lack of consistent, ongoing collaboration • Rural demographics (recruitment challenges) • State of Illinois legislative changes • Lack of understanding of rural challenges for treatment • Apathy • Growing opioid epidemic • Absent parents/family



On-going Strategic Goal:

Goal A: Maintain local ROSC Council meetings

Objective 1: The ROSC Council will continue to meet monthly and increase member attendance.

Activity 1: ROSC Council meets monthly, every 3rd Thursday of the month on zoom.

Activity 2: Continue to update contact email list

Activity 3: Email blasts sent out monthly to remind members

Activity 4: Two weeks prior to meeting, send out an email invite

Activity 5: ROSC Council website will be kept up to date

Activity 6: West Central Illinois ROSC Facebook page to be updated regularly.

On-going Strategic Goal:

Goal B: Community Awareness and Education

Objective 2: Inform, educate and empower the community through media outlets and events

Activity 7: Town Halls and Community Events

Activity 8: Contact newspaper and radio

Activity 9: Utilize social media platforms weekly

On-going Strategic Goal:

Goal C: Involvement of all schools in Henry, Henderson, Knox and Warren counties in a prevention program through Bridgeway.

Objective 3: Adolescence is the critical period to prevent substance use disorders. Implement this program in all schools for the 2022-2023 school year.

Activity 10: Speak with school administration and ROE to establish an ongoing relationship.

Activity 11: Develop a plan/program that will be sustainable. This includes speaking and providing resources to the schools. West Central IL ROSC will provide Narcan trainings to school staff.

On-going Strategic Goal:

Goal D: Increase the amount of peer supported activities in all 4 counties.

Objective 4: Peer activities provide opportunities for peers to interact with each other in a fun, community-based setting that allows for social support and friendships to flourish.

Activity 13: Offer education opportunities presented by people with lived experience in a centralized location.

Activity 14: Bi-monthly recovery events

Goal E: Develop data and quality management system

Objective 5: Individually, organizations and council/consortium members collect their own data and within various systems that do not have the capability to communicate. Providers work to measure progress independently based on the service they alone provide. Outcome data is shared sporadically and only for specific identified needs. Providers do produce data, which is available for review but do not collectively utilize or share data to assist with managing progress or to implement necessary changes. This development will allow for the sharing of information and assist with future planning.

Activity 15: Develop a collaborative data system for input, tracking and reporting in order to manage data and quality measurements.

Activity 16: Participation from council members to develop a data and quality management system.

Activity 17: The council members will determine data metrics and quality measurements.

Activity 18: As a true collaboration, collectively input data across programs to see outcomes and assist with further needs assessments and strategic planning.

Update: The data collection system has been created. We are working out a few minor details and plan to implement in summer of 2023.

Goal F: Recovery Community Organization

Objective 6: A Recovery Community Organization (RCO) is a resource for skill-building education, information, support and socialization for those in recovery and their loved ones. It makes real the belief that recovery from addictive disorders is possible. The basis for available services and programming through an RCO are Peer Based Recovery Support Services (P-BRSS)

Activity 19: Establish a time line

Activity 20: Apply for funding and establish residency of the RCO

Activity 21: Recruit volunteers to run activities

Activity 22: Develop schedule and sustainability plan

