

Bond County Recovery Council Wednesday, December 14th

10am-llam

Via Zoom/In person at the SMART Building 3rd floor

Meeting Agenda

Welcome and Introductions

In Person:

Jennifer Carron - ROSC at Macoupin-Montgomery County

Helo Ordjiv - Greenville University Social Work

Nicki Schoonover - Greenville University Social Work

Toni Randall - BCRC

Bekah Walter - BCRC Intern

Rebecca Klitze - Prairie Counseling

Marc Tanner - Recovery Coach

Dan Hutchison – ROSC Supervisor

Melissa Monte - Aviary Recovery Center

Tony Brook-County Coroner

Patrice White-Core Communities/Bibleway Church

Via Zoom:

Deb Beckman - Take Action ROSC Council

Kristine Gamm-Smith - NAMI SWI

Sarah Hulbert - Substance Abuse Clinician at Prairie Counseling

Megan Miller - Prairie Counseling

Chuck Bersin - Lost and Found PLE

Alicia Moesner - RCORP Grant

Michelle Miller – Director at Prairie Counseling Center

Chelsey Scott - Engagement Specialist Prairie Counseling

Kelly Jefferson - NAMI SWI

Angela Holloway - MERC

Patrick Miller - Center for Community Engagement

Donnis Campbell - RCORP

Julie Pohlman - ROSC TA

2. Review Old Business

- *2nd Tee Shirt order-Purple or Neon Yellow
- Tee Shirts should be coming within the next week or so
 - Yellow shirts specifically for people with lived experience (can have both though)
 - -Purple is for all members of the council
- *New MOU's very important*
 - If you can't print it or submit it online, Toni will get you a paper copy
 - Required to have MOU's for everyone working with us in the community
- 3. Presentation Kristine Gamm-Smith and Kelly Jefferson from NAMI SWI:
 - Work with people experiencing mental illness AND their families and peers (unique to them in that most do not also work with families and peers)
 - Connection groups for families and peers as well mostly online and one hybrid "Family to Family" and "Peer to Peer"
 - Program called "Peer-to-Peer" teaches people how to manage triggers, talks about mental health concerns, how to get support, and encouraging their recovery
 - Do advocacy in churches, businesses, and advocate for legislation as well
 - Recently had annual walk for mental health
 - Next class is January 12th (hybrid) from 6:30-8:30 in person is at Heights Community Church

4. New Business

Toni - BCRC:

- Shared Billboard graphic; feedback included:
 - Potentially changing the wording of "addiction hurts... community heals"
 - Any other contact info than FB if they don't have FB? Phone number?
 - The bottom ribbon in white with black font just to keep the same three colors of the color scheme (black, white, and same purple)
- Went to business luncheon and met a woman who shared she will be starting "Lighthouse Therapy" which will be new mental health services in Bond County
- Toni and a group from Chestnut will be going to Frankfort, IL on Dec. 16th
- 5. Advisory Board for People with Lived Experience.
- Toni started it with the intention that BCRC is guided by those with lived experience.
- They meet on the second Wednesday of every other month at Toastiez to talk about ideas and to gain feedback.
- Last meeting, they talked about drug court and the accountability it offers. Discussed what we can do to mimic that sort of accountability.

- In 2023, the Advisory Board will meet on the <u>first</u> Wednesday of <u>every</u> month so Toni
 can bring what the Advisory Board talks about to the BCRC Meetings on the <u>second</u>
 Wednesday of every month
- SHARE with anyone you may know with lived experience we want as many voices heard and as much input as possible
- 6. Update from Groups & Organizations:

Chuck Bersin - Groups at Lost and Found:

- Monday nights: Men's recovery group
- Tuesday nights: Women's recovery group at 6:30
- Sunday at 3pm: Men's Bible study
- Sunday night at 5:30: worship service
- Friday at 7: time to hang out at Sober Bar

Toni Randall - BCRC:

- Have been focusing on housing, transportation, and medication assisted recovery (MAR)
 - Will be removing MAR that has been accomplised with Prairie Counseling Center. They are able to provide MAR at their office - also, able to provide MAR in the county jail and can also do virtual counseling for the people there so they will have a connecting point when they are released

Patrick Miller – Center for Community Engagement:

- Focusing on helping faith-based communities serve their congregations and communities well in terms of substance use and mental health
- Trying to identify resources they need to serve those populations well
- They are a state-wide initiative but they are trying to find key partners who they have solid connections with to invest in
- 7. Narcan Training:
- LIVE NARCAN training at Celebrate Recovery (Free Methodist Church in Greenville) on January 12th from 6-7pm from Mary Ann. Marc Tanner has been working to put this in place. Anyone from the community is encouraged to come. Flyer will be out soon.
- Chestnut will still have virtual trainings on January 19th at 10am and 2pm
- 8. Advisory Board Next meeting on Wednesday, January 4th from 7-8:30pm

Still in the process of finding someone to hire as Toni's new partner at BCRC If you or someone you know is interested, go to the Chestnut Website to apply.

Future Meeting Dates:

Wednesday, January 11, 2023

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.