

# Ford County ROSC Meeting Minutes

*November 22<sup>nd</sup>, 2022, Opioid Coalition/ROSC Meeting*

Date: 11/22/22

Time: 8:30am - 9:30am

Location: Zoom

<b>Intros:</b>  <b>People in attendance:</b> <b>(16)</b>	<ul style="list-style-type: none"><li>• <b>Bill Kirby</b><ul style="list-style-type: none"><li>○ Gibson Hospital, Employee and Community Events</li><li>○ Bill_kirby@gibsonhospital.org</li></ul></li><li>• <b>Barb Brumleve</b><ul style="list-style-type: none"><li>○ Community Health Specialist, Chestnut Health Systems</li><li>○ Bdbrumleve@chestnut.org</li></ul></li><li>• <b>John Schneider</b><ul style="list-style-type: none"><li>○ Recovery Specialist, Chestnut Health Systems</li><li>○ Jjschneider@chestnut.org</li></ul></li><li>• <b>Frankie Ward</b><ul style="list-style-type: none"><li>○ Recovery Specialist, Chestnut Health Systems</li><li>○ Fvward@chestnut.org</li></ul></li><li>• <b>Nadia Klekamp</b><ul style="list-style-type: none"><li>○ Chestnut Health Systems, Associate Director Community Health</li><li>○ <a href="mailto:nfklekamp@chestnut.org">nfklekamp@chestnut.org</a></li></ul></li><li>• <b>Kari Knapp</b><ul style="list-style-type: none"><li>○ Community Outreach Coordinator</li><li>○ kmknapp@chestnut.org</li></ul></li><li>• <b>Jennifer Anderson</b><ul style="list-style-type: none"><li>○ Chief Probation Officer, Ford County</li></ul></li><li>• <b>Karli McCreary</b><ul style="list-style-type: none"><li>○ RN, Ford County Public Health Department</li><li>○ Kmccreary@fordcountypd.org</li></ul></li><li>• <b>Tia Shum</b><ul style="list-style-type: none"><li>○ Piatt County ROSC</li></ul></li></ul>
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	<ul style="list-style-type: none"> <li>• <b>Kami Garrison</b> <ul style="list-style-type: none"> <li>○ Ford County Health Department</li> </ul> </li> <li>• <b>Anne Kuna</b> <ul style="list-style-type: none"> <li>○ Substance Use Program, CRCC</li> </ul> </li> <li>• <b>David King</b> <ul style="list-style-type: none"> <li>○ Leadership Center, Carle Champaign</li> </ul> </li> <li>• <b>Helena Longfellow</b> <ul style="list-style-type: none"> <li>○ Physician Assistant, Gibson City Clinic, MAR</li> </ul> </li> <li>• <b>Jeff Asmus</b> <ul style="list-style-type: none"> <li>○ Community Recovery Technical Specialist, Statewide ROSC-Region 3</li> <li>○ jrasmus@chestnut.org</li> </ul> </li> <li>• <b>Leann Courson</b> <ul style="list-style-type: none"> <li>○ Systems of Care Coordinator, Bridgeway</li> <li>○ leannc@bridgeway.org</li> </ul> </li> <li>• <b>Tammy Barragree</b> <ul style="list-style-type: none"> <li>○ Medical/Legal Advisor, Clove Alliance</li> </ul> </li> </ul>
<b>PowerPoint:</b>	<ul style="list-style-type: none"> <li>• <b>Welcome and Introductions:</b> Share something about a Veteran you are thankful for.</li> <li>• <b>GRATITUDE and THANKFULNESS</b></li> </ul>

	<ul style="list-style-type: none"> <li>○ Practicing gratitude on a regular basis has been associated with enhanced optimism, better sleep, fewer physical ailments, and lower levels of anxiety and depression.</li> <li>○ Ford ROSC is grateful for each of you...joining together in support of persons in recovery.</li> </ul> <ul style="list-style-type: none"> <li>● <b>Talent Assessments</b> <ul style="list-style-type: none"> <li>○ We will be sending a copy of the talent assessment for you to review and fill out. We hope to share this at our next meeting and learn more about one another. This information will inform us of the outside talents of the Council and to be able to ask for more assistance in areas where your talents may be used in continuing to build awareness and effectiveness of the ROSC</li> </ul> </li> </ul>
<b>Call to action/Council member updates:</b>	<ul style="list-style-type: none"> <li>● ROSC Outreach Sub-Committee: Frankie asked if anyone knows of any speaking opportunities to spread ROSC awareness. Sub-committee meets on the 3<sup>rd</sup> Tuesday of the month at 5:30 pm, Hybrid</li> <li>● Kami Garrison stated that she and Karli were at the GCMS Schools and trained the staff on the use of NARCAN®.</li> </ul>
<b>Homework :</b>	<ul style="list-style-type: none"> <li>● Recruit, Recruit, Recruit</li> <li>● Please review and come ready to share your talent assessment.</li> <li>● Please forward Ford County ROSC email invitations/information to anyone that you see that should be at the table.</li> </ul>

<b>Next Meeting</b>	<ul style="list-style-type: none"><li>▪ Tuesday, December 20, 2022, at 8:30 am</li><li>▪ Look forward to seeing you all again!!</li></ul>
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*The hardest step to climbing a mountain is the first and we've done that.*

