



### **Welcome and Introductions**

- Introductions of first-time attendees
  - In Person: Angella Holloway, MERC/Chestnut  
Marissa Henderson, Region 5 Mentor, Illinois Statewide ROSC  
Cora Hughes,  
Greg Norkus, St. Clair County Probation  
Violette Book, DOPP/Chestnut  
Beverly Holland, MERC/Chestnut
  - Virtually: Mary Nester  
Ashley Amburn  
Dan Hutchinson  
TL White  
Emily Won  
Courtney Ray  
Dawn Steward

### **Old Business**

**MERC and agency/community partners attended the following in September and October:**

- Alton Pride, September 10, 2022
- Amare Rockin' For Recovery, September 17, 2022
- Lewis & Clark Community College Fall Fest, Sept. 28, 2022
- Metro East Pride, October 1, 2022

Several dozens of NARCAN cases were distributed to participants and other care providers. MERC also made in-person contact with several people with lived experience, all of whom are interested in getting involved with this coalition and other Recovery efforts.

### **New Business**

- **Chestnut Health Systems Mobile Unit – Ellen Nester**, Wellness Connection Coordinator

**MERC Meeting**  
**Agenda**  
**October 20, 2022**  
**9:00 AM – 10:00 AM**  
**Salvation Army,**  
**Belleville IL**

- **Chestnut Health Systems IPS – Ashley Amburn,** Employment and Wellness Outreach Coordinator
- **Community Assessment** is in the works. The MERC Executive Committee is taking steps to develop and implement the questionnaire. Keep an eye out for the survey in your email Inbox soon! The questionnaire will guide the EC on the formation of sub-committees, which ideally will be coming in January 2023.

### **Announcements and upcoming events**

None were reported.

**Wellness Moment:** *The Squirrel and The Seed*

### **Upcoming MERC Meeting:**

Thursday, November 17, 2022

9 AM – 10 AM

**Location TBA –**

**We are seeking suggestions for a Madison County location. Contact Beverly with any suggestions.**

### **Metro East Recovery Council (MERC) Vision:**

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

### **Recovery Oriented Systems of Care (ROSC) Mission:**

Collaborating to build and empower communities of recovery.