

## McLean County ROSC Council December Monthly Meeting

*Date:* Tuesday, December 13, 2022

*Time:* 3:30 – 4:30 pm

*Location:* Hybrid - Chestnut Health Systems, 448 Wylie Dr, Normal, IL

*Attendees:* **Kari Knapp** (Coordinator, Chestnut Health Systems-CHS), **Cat Hayes** (Recovery Support Specialist, CHS), **Barb Brumleve** (Community Health Specialist, CHS), **Randi Derrig** (Center for Community Engagement, CHS), **Jeff Ausmus** (TA Region 3 ROSC, CHS), **Krissi Jacob** (Technical Assistant Manager, Faces & Voices of Recovery-F&V), **Lori Mellinger** (Technical Assistant Coordinator/NRI Team-F&V), **Alba Craig** (Technical Assistant-F&V), **Abbie Lee** (OMNI Youth), **Natasha Caudle** (Behavior Health Specialist (McLean County Health Dept), **Chris Baldwin** (PATH Crisis Center), **Linda Foster** (Family Resource Center/NAACP)

- I. Introductions
- II. Welcome Faces & Voices of Recovery
  - a. History – Faces & Voices of Recovery started as a grassroots movement and was founded in 2001 at a Summit in St. Paul, Minnesota.
  - b. This provided focus for a growing advocacy force among people in long-term recovery from addiction to alcohol and other drugs, their families, friends, and allies to bridge the gap in public understanding of recovery to:
    - i. End discrimination
    - ii. Obtain equal healthcare treatment
    - iii. Incorporate family recovery
  - c. Mission: Changing the way addiction and recovery are understood and embraced through advocacy, education, and leadership.
  - d. Vision: We envision a world where the diverse voices of individuals and families affected by addiction are embraced and connected in communities, free from discrimination and injustice.
  - e. Values: Authenticity, Integrity, Wellness, Leadership, Diversity, Inclusion and Participation, Equality, Equity, Activism. F&V strives to make a place for everyone at the table.
  - f. Advocacy is such an important part of F&V work. Our Advocacy, Research & Innovation work helped bring much-needed increases to two critical programs housed under the Substance Abuse and Mental Health Services Administration (SAMHSA). One of these is the Building Communities of Recovery (BCOR) Program, which received an increase of \$3 million.

- g. ARCO Membership (please see F&V PDF for more information)
- h. CAPRSS Accreditation (please see F&V PDF for more information)
- i. Recovery Data Platform (please see F&V PDF for more information)
- j. Faces & Voices offer numerous Free Services to Illinois Organizations
  - i. Training, Technical Assistance, Mentorship
  - ii. Peer Workforce Development
  - iii. Recovery Community Organization: Increasing capacity and infrastructure

III. ROSC shared Crisis Hotline Numbers & Resources

- a. Suicide and Crisis Lifeline: **988**
- b. Crisis Text Line – **Text “HOME” to 741741**
- c. Veterans Crisis Line: **Dial 988, then Press 1**
- d. National Domestic Violence Hotline: **800-799-7233**
- e. Essential Community Services/Providing Access to Help: **211**
- f. National Sexual Assault Hotline: **1-800-656-4673**
- g. IL Helpline – Opioids & Other Substances: **833-234-6343 or Text “HELP” to 833234**
- h. LGBT National Hotline: **888-843-4564**
- i. National Runaway Safeline: **1-800-786-2929**

IV. The McLean County ROSC Holiday party was a success with 52 people in attendance at the beautiful location called The Junction. We had the opportunity of fellowship, food, activities, and two incredible speakers, Mary Campbell and Mathias Pope. Each shared their personal journeys and provided a positive message of HOPE. The community also came together and provided incredible support. We would like to thank: The Junction, Avanti’s, Thrivent, Pizza, Cookies By Design, Hyvee, and Jimmy Johns.

V. ROSC Update

- a. Winter Outerwear Collection Drive finished up on December 9th and we are donating to Youth Build.
- b. Time to plan for 2023 events! What kind of events do you all want to see in our community? Please reach out and let us know!!
- c. Needs assessment update & updating strategic plan.
  - i. We are in the process of finishing up our key informant interviews and looking at our surveys. Once the documents are ready, we will be sharing with our council.
  - ii. Social Media – Share community events and resources with the ROSC that you would like promoted.

VI. Next Meeting

- a. Tuesday, January 17, 2023 at 3:30 pm (hybrid) at Chestnut Crossroads, 448 Wylie Dr, Normal, IL