

Logan/Mason ROSC Council October Monthly Meeting

Date: Thursday, October 20, 2022

Time: 2 pm

Location: Virtually via Zoom

Attendees: Kari Knapp (Chestnut Health Systems), Cat Hays (IL Recovery Corps/Chestnut Health Systems), Jeff Asmus (Chestnut Health Systems), Lyn Pedigo (Mason Co. Probation), Leann Courson (West Central IL ROSC/Region 3 ROSC Mentor), Autumn Olowo (Chestnut Health Systems), Randi Derrig (Chestnut Health Systems), Tyler Wenger (Chestnut Health Systems), Kourtney Renfro (Sangamon Co. ROSC), Cassie Delaney (Memorial Behavioral Health), Angela Stoltzenburg (Lincoln Memorial Hospital), Fran Ingram (Sangamon Co. ROSC), Rick Brown, Grace Irvin (Chestnut Health Systems)

- I. Recovery Walks 2022 Recap
- II. Social Media Metrics – 9/2022
 - a. Logan County
 - i. Facebook Reach – 604 individuals who saw any content (+18.7%)
 - ii. Instagram Reach – 15 individuals who saw any content (+36.4%)
 - b. Mason County
 - i. Facebook Reach – 353 individuals who saw any content (+15.7%)
 - ii. Instagram Reach – 15 individuals who saw any content (+125%)
- III. Looking Ahead
 - a. Reflect on previous year
 - b. Planning
 - i. Holiday celebration
 - ii. Movie event
 - iii. Spring get-together
 - c. HMA/MAR efforts in jail – Recovery Meetings being set up
- IV. FY23 Communication/Outreach Plan
 - a. Social Media
 - b. Recruitment/retention – Who else is missing at the table?
 - c. Making community resources shareable
- V. Recovery Story Sharing Program
 - a. If interested, contact Cat Hays, cmhays@chestnut.org
- VI. CRSS Certification Program @ Heartland Community College
 - a. For more information: <https://www.heartland.edu/recoverySupport/>
- VII. Education Update
 - a. “Too Good for Drugs” curriculum
 - b. Alcohol/vaping campaign for parents & high school students
 - c. IYS – 2022
- VIII. Agency Updates
 - a. Cassie
 - i. 988 – 50% increase in calls
 - ii. Mobile crisis response team recently rolled out to provide service to both Logan and Mason Counties

- b. Mason County's Sheriff Department
 - i. Drug Take Back Day – Saturday, 10/29
 - 1. Mason City, IGA Parking Lot – 10 – 11 am
 - 2. Manito, The Lodge – 11:30 am – 12:30 pm
 - 3. Havana, Oney's Parking Lot – 1 – 2 pm
- c. Lyn
 - i. Illinois Probation & Court Services Association – Statewide trainings
 - 1. Overdose education/Naloxone training – Sue Tisdale
 - 2. Role of peer support and peer recovery specialists in supporting justice-involved individuals – Mike Tyson
- d. Autumn
 - i. Center for Leadership
 - 1. Toolkits – Transportation, housing, & stigma
- e. Nadia
 - i. Permanent drop boxes for medication
- IX. Recovery in Action Meetings
 - a. Sunday, 10/23 – 7:30 pm @ 523 Woodlawn, Lincoln
 - b. Tuesday, 11/8 – 7:30 pm @ 523 Woodlawn, Lincoln
- X. Hiring
 - a. Community Health Specialist – Logan/Mason ROSC
- XI. Next Meeting
 - a. Thursday, 11/17/2022, 2 pm via Zoom
 - b. Share, share, share on social media about the Logan/Mason ROSC!