

McLean County ROSC Council October Monthly Meeting

Date: Tuesday, November 15, 2022

Time: 3:30 – 4:30 pm

Location: Virtually via Zoom & In-person Chestnut Crossroads Center

Attendees: **Randi Derrig** (Chestnut Health Systems), **Tom Troe** (IDHS), **Cat Hays** (IL Recovery Corps), **Marita Landreth** (McLean County FUSE), **Chris Baldwin** (PATH Crisis Center), **Jeff Asmus** (Chestnut Health Systems), **Sandra Beecher** (Gateway), **Sonja Workman** (Center for Human Services), **Michelle Cope** (Bloomington Public Library), **Matthias Pope** (PLE), **Feli Sebastian** (Extraordinary Women Project), **Denise Backes** (Gateway), **Wendi Ashford** (Carle Bromenn), **Kareema Barr** (Carle Bromenn), **Teresa Eubanks** (Carle Bromenn), **Jana Mercado** (Carle Bromenn), **Kourtney Renfro** (Family Guidance Centers), **Leann Courson** (ROSC Mentor), **Katie Difanis** (Carle Health Addiction Recovery), **Natasha Caudle** (McLean Count Dept. of Health), **Natasha Nunoo-Ponder** (Center for Human Services)

- I. Introductions & Agency/Organization Updates
- II. Narcan Update
 - a. Chestnut Health Systems – Main distributor of Narcan for McLean County
 - b. For free community trainings or to have Narcan picked up/distributed, contact Randi Derrig – rwDerrig@chestnut.org
- III. Discussion: Self-Survey Health Check Review
 - a. “In general, I feel the McLean ROSC is focusing its time and resources in the appropriate areas of the community and recovery.”
 - i. How can we continue promoting/spreading word about ROSC?
 - ii. How can the ROSC better reach and/or support populations such as adolescents, veterans, LGBTQIA+, elder, etc.?
 1. Look at community calendars and show up at events, put our events on the calendar
 2. Groups in the high schools
 - a. Have had the most success when reaching out to health teachers
 3. BN Parents – group dedicated to underage drinking and effects on the brain. Also address marijuana. Has not addressed opioids.
 4. Reach out to senior community at Bloomington Housing Authority (Care Coordinator LaKeesha Smith) – Wood Hill Towers
 5. YIC youth 8th grade to college. Students who do community work
 - a. Contact: Phani Aytam for YICU and YGC programs
aphaniram@gmail.com
 - b. In general, I get something from the monthly ROSC Council Meetings and feel the content/topics are relevant to recovery
 - i. What would you like McLean County ROSC Council meetings to focus on/include in 2023 (topics, speakers, structure of meetings, etc.)?

1. Always impactful to have someone with Lived Experience speak – talk about their barriers, give listeners something to think about that they can do with their own organizations
 2. Sober events like Grady’s was beneficial for the community
 3. Who should we partner with?
 - a. Eastview Community Center
 - c. I believe I understand what a ROSC is and would be able to explain it to someone unfamiliar with the concept.
 - i. How can we best describe the ROSC to others? How can we explain what the ROSC is in a way that engages the individual and shows why they are needed?
 1. Like to tell people they are a part of the ROSC whether they know it or not – every service that touches people in our community
 2. Depends on the audience. PLE need to be empowered to get their voices heard. Agency – research before and see how the ROSC fits in with their work and how they fit into ROSC. Find how you can benefit one another. Network of community agencies that work together to bring recovery to every area.
 3. Our communities are only as strong as our weakest links.
 4. ROSCs are coordinated networks of services and supports in the community. They are person-centered and individualized; and they build on strengths. There is a greater emphasis on recovery rather than treatment. Treatment is a bridge to recovery. ROSCs also form partnerships/relationships within the community.
 5. <https://www.dhs.state.il.us/page.aspx?item=117096#:~:text=ROSC%20is%20a%20coordinated%20network,risk%20of%20substance%20use%20disorders>
 6. Different mediums to advertise the ROSC in – Facebook live, newspaper, radio stations
 7. Print out and post all activities and information. Put it up in spaces where people will be
 8. Get associated with the Chamber
 9. Visit BN
 - d. We want to hear from you! Survey Link: www.surveymonkey.com/r/X9SJTY5.
- IV. Sober Living Planning Committee Updates
- a. Trunk or Treat Events
 - i. Wednesday, 10/19 – Eastland Suites, 5-7 pm
 - ii. Saturday, 10/22 – 1 Auto Row Drive, Bloomington 61704, 1-3 pm
 - iii. Great Turnout!
 - b. Gratitude Story Slam: McLean ROSC & Next to Normal Story Slam Collaboration
 - i. Friday, 11/11 – McLean County Arts Center, 7:30 pm
 - ii. Great turnout especially with students
 - c. Winter Wear Accessory Collection Drive

- i. Handmade and store-bought donations of hats, scarves, mittens, and gloves to be collected for community organizations/agencies that serve clients experiencing homelessness
 - ii. Donations to be collected Monday, 12/5 through Friday, 12/9 in a donations box at Crossroads Chestnut location – 448 Wylie Drive, Normal 61761
 - d. ROSC Holiday Party
 - i. Save the Date – Friday, 12/9, 7-9 pm
 - ii. The Junction at Home Sweet Homes
 - iii. Matthias will be speaking
 - iv. Avanti's, cookie decorating, card making
- V. Community Asks/Call to Action
 - a. Turkey Sponsorship for Thanksgiving meals for local recovery residences
 - i. Tentatively 10-12 recovery residences in McLean County
 - b. Social Media
 - i. Share, share, share!
- VI. Agency Updates:
 - a. Sonja from Center for Human Services and Heartland CC. if you know any students that want to join Certified Recovery Support Specialist (CRSS) reach out to me. Students can attend at no charge – tuition, books, technical assistance with laptop and hotspot. The CRSS program is open to people outside of the community college district of McLean County. Openings for January term available.
 - b. Michelle Cope – Bloomington Library is in the middle of a large expansion.
 - c. Tom Troe Division of Mental Health. The CRSS and CPRS for both credentials have doubled in the past month. Lots of people in the pipeline working toward these certifications.
 - d. Path – go look for the holiday Pathogram. Subscribe to see volunteer and employment opportunities as well as updates from nonprofit sector in town.
- VII. Next Meeting
 - a. Tuesday, 12/13 @ 3:30 pm (one week early due to Christmas)
 - b. Hybrid option
- VIII. Contact Info:
 - a. Kari
 - i. Email: kmknapp@chestnut.org
 - ii. Cell: (309) 391-1802
 - b. Cat
 - i. Email: cmhays@chestnut.org
 - ii. Cell: (309) 846-0262
 - c. Randi Derrig (Narcan)
 - i. Email: rawderrig@chestnut.org
 - ii. Cell: (309) 830-7611