# Southeastern Illinois Substance Use Prevention, Recovery and Treatment Council (SI SUPRT)/ROSC MEMBERSHIP PROTOCOLS, November 2022

Serving Gallatin, Hamilton, Saline and White counties in Southeastern Illinois

# **Council Mission/Vision:**

We will create a culture that builds and nurtures opportunities to achieve recovery, and provide healthy and hopeful supports for recovery capital in the community. Our ROSC Council, SI SUPRT, embraces the Illinois ROSC Vision, Values and Goals.

### Illinois ROSC Vision:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.
- Act as a resource/referral coordinator in our area.

#### Illinois ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the "voice" of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

### **ROSC Goals:**

- Educate and engage key stakeholders in the community.
- Inform, educate and empower individuals and communities.
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Develop partnerships that are rich and diverse.

 Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

## **Membership Recruitment**

- We retain and solicit SI SUPRT Council members through:
  - o Social media appeals on our Facebook and Egyptian Health Department (EHD) pages.
  - o Individual outreach to people known to Council members.
  - o People with Lived Experience (PLEs, both people in recovery and people with family members or loved ones with substance use disorder or other addictive behaviors).
  - o ROSC Council recruitment invitation and magnets will be sent to local employers with an invitation to join the council along with information on opioid use and misuse in the workplace.
  - o Continuing targeting members for specific sector and county involvement.
  - o Information brochures available at Recovery Resource Center and at community events where EHD/ROSC information can be shared.
  - Regular community events that help to raise awareness of SI SUPRT and recovery services in our coverage area.
- We continually work to foster individual connections with staff and community members.
- We extend general invitations to the public via radio interviews and recruitment announcements, public presentation announcements, and by attending other coalition meetings in our area.

# **Orientation:**

New SI SUPRT members receive a local Frequently Asked Questions (FAQ) sheet about particulars of SI SUPRT which include the state vision, values and goals.

- Minutes of previous meetings are available in State ROSC website: https://www.govst.edu/ROSC-GSU/ROSCC/SIRC/
- Members referred to SI SUPRT's Communications and Action Plans, Needs Assessment and Strategic Plan, all available on the website.
- New members welcomed at SI SUPRT meetings.
- Members can visit with ROSC Program Coordinator and/or Program Assistant at any time. More information can be provided according to their need/request.

## **Training in ROSC Framework:**

- See above as we combine this with orientation procedures.
- Various links to educational materials sent to Council members such as
   The Addictionary: <a href="https://www.recoveryanswers.org/addiction-ary/">https://www.recoveryanswers.org/addiction-ary/</a> and <a href="mailto:Substance Misuse Resources">Substance Misuse Resources</a> Healthy Southern Illinois Delta Network (<a href="https://www.recoveryanswers.org/addiction-ary/">https://www.recoveryanswers.org/addiction-ary/</a> and <a href="mailto:Substance Misuse Resources">Substance Misuse Resources</a> Healthy Southern Illinois Delta Network (<a href="https://www.recoveryanswers.org/">https://www.recoveryanswers.org/addiction-ary/</a> and <a href="mailto:Substance Misuse Resources">Substance Misuse Resources</a> Healthy Southern Illinois Delta Network</a>

# Additional training will be provided for community and Council on:

- Destigmatizing Substance Use Disorders/Addiction.
- Pathways to recovery including medicine assisted recovery (MAT/MAR).
- Recovery advocacy and recovery support.
- Prevention and intervention techniques along with Hidden in Plain Sight displays, overdose prevention training, and naloxone distribution.

# **Inclusion and role of non-member participants:**

- All Council meetings are open to the public.
- Zoom link and in-person location for meetings distributed each month to all contacts on SI SUPRT roster.
- Council and community members are encouraged to provide input to ROSC
  Coordinator or other staff if they cannot attend meetings. In other words, our list
  serve is larger than our typical list of those who attend meetings. Agendas,
  minutes and information are posted on the state ROSC website and distributed
  by email following each monthly meeting.
- We reach out to specific individuals and groups we need to hear from such as recovery groups in the community.
- We reach out to the community intentionally in many ways: by attending other agencies and organization's events, promoting upcoming events on social media, through various activities and educational events, and by supporting other area resource providers.