Bond County Recovery Council

Wednesday, November 9, 2022 10am-11:30am (probably only until 11am)

Via Zoom/In Person at the SMART building 3rd Floor



Meeting Agenda

1. Welcome and Introductions

National Rural Health Day - November 17, 2022! This day highlights the efforts made by health professionals, community stakeholders, and others who are vital to our rural communities. We recognize all the energy and work that go into better care and accessibility for those living in these areas. We look forward to new and future collaborations to help maneuver and even lessen health disparities common to rural regions.

*Attendees

Via Zoom:

Beverly Holland - Merc

Curtis Flake - Minsterial Alliance

Patrick Small - HSHS St John Highland

Katy Anderson - Advisory Board

Gene Dunkley - Greenville University

Teresa Cornelius - Head of Nursing at HSHS

Fran Ingram – Sagamon County ROSC

Kourtney Renfro - Sagamon County ROSC

Chuck Bersin - Advisory Board

Megan Miller - Prairie Counseling

Sarah Hulbert - Substance Abuse Clinician at Prairie Counseling

Lindsay Minor - RCC Montgomery;

Veneta Wadlow - Riverbend Head Start

Angella Holloway-MERC

In Person:

Patrice White - Bibleway House of Prayer & Core Community

Toni Randall - BCRC

Stacy Nonn - Chestnut

Bekah Walter – BCRC Intern

Marc Tanner-RCORP, Recovery Coach

Kristine Gamm-Smith- NAMI & guest

Rebecca Klitze-Crisis Coordinator Prairie Counseling Center

Alicia Moesner-RCORP

Donnie Campbell-RCORP

2. Review Old Business

*Completed Resource List-It is at the end of the minutes. Please check and let us know if any changes/additions need to be made.

*T-Shirts ordered. Will notify when they come in.

**New MOU's - very important

*Red Ribbon Week-Unit 1 & 2

- BCRC worked with Prairie Counseling to give some sort of presentation to every student in the county (KRP-12th)
- Sarah H: surprised by how much kids already knew but kids were very engaged
- Toni: was with older kids had Cody Donaldson from the Sheriffs Department talk about common drugs in our community; had Valerie talk to middle schoolers about how the brain works and how drugs affect the brain; had a DEA agent present on One Pill Can Kill; panel Q&A with people in recovery let kids ask questions after; offered students a \$25 gift card to students who wrote an essay on Red Ribbon Week and the majority wrote about the panel

3. Discussion about 2023 plans November & December meetings

See tentative plans for 2022 (at the end of these minutes)-this will be discussion at December meeting.

4. New Business

- *Giveaway items? What have you liked? Suggestions made:
 - Keychain that opens up for a phone stand
 - Pizza cutters
 - Brain stress balls
 - Ink pens
 - Phone holders
 - Recovery ribbon pins

*Committees for Strategic Plan

- -Housing-Rebecca Klitze, Curtis Flake, Housing Authority next meeting Tuesday, December 6th @ 2pm
- -Transportation...Melissa Marti, Michelle Miller
- -Stigma-Rebecca Klitzke, Curtis Flake, Alice Fitzsimmons, Kristine Gamm-Smith. Next meeting Tuesday, November 29, 2pm Bring ideas for billboards
- -MAT/MAR-Dan Hutchinson, Amber Nichols
- *We will be creating a card that lists all meetings in the county after the 1st of the year.
- 5. Advisory Board for People with Lived Experience. Wednesday, December 7th. Location change Toastiez on 1st Floor of the SMART building @ 7pm-8:30pm
 - Flyer is attached in email. Will be meeting monthly instead of every other month in 2023.
- 7. Update from any Groups & Organizations -
 - Kristine, NAMI: Mental Health Awareness walk had good conversations with people who hung around afterwards. BCRC would like to take a group next year
- 8. Narcan Virtual Training- November 17th at 10am & 2pm Flyer attached to invitation email
- 9. Looking for a 2^{nd} ROSC person in Bond County. Look at job description on the Chestnut website.

Future Meeting Dates for 2022:

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.

Bond County Recovery Resource List

Prairie Counseling CenterPrimary Phone Number: 618-664-1455Bond County Health DepartmentOpen: Monday 8am-4:30pm

1520 South 4th Street, Greenville Tuesday 8am-8pm

Wednesday & Thursday 8am-4:15pm

Friday Closed

Provided Services: Prairie Counseling Center provides an array of related therapy services as well as assessments necessary for needed treatment, such as crisis and mental health assessments and substance abuse assessments. For questions on payment, please call their primary phone number.

<u>Chestnut Health Systems</u> Chestnut Primary Phone: 618-877-4420

50 Northgate Industrial Drive Toni Randall: 618-304-2590 Granite City, IL 62040 Patrick Miller: 618-572-8371

Crisis After Hours: 618-877-0316

Narcan Providers/Trainers at Chestnut: 618-512-1781

Provided Services: Chestnut Health Systems has multiple substance and mental health services for both adolescents and adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Bond County Health Department Primary Phone Number: 618-664-1442

1520 S. Fourth Street, Greenville After Hours: 618-664-5020 http://www.bchd.us Open: M-F 8:30am-4pm

Provided Services: Some services provided include Confidential Family Planning Services, discussion of contraceptive options and dispersion, medical services and several available tests for blood pressure, weight, height, urine, hematocrit, and pregnancy tests. They also offer male services to those who need them.

Bond County Courthouse Circuit Clerk: Randi Workman – 618-664-3208 200 W. College Avenue, Greenville Clerk/Recorder: Meg Sybert – 618-664-0449

State's Attorney: Dora Mann – 618-664-2262

Bond County Housing Authority Main Phone Number: 618-664-2321

220 East Winter, Greenville Open: M-F 8am-4:30pm

Provided Services: Applications are available for both homeless individuals and their families. Homeless status will put you at the top of the waiting list, but you will not qualify if you owe to other public housing or any other Illinois County.

Bond County Probation Department200 West College, Greenville

Deb Sewing: 618-664-2099

Brooke Earnest: 618-664-9697

BCMW Community Services Inc. Wendy Williams: 618-664-3309

915D South Third Street, Greenville Open: Monday-Thursday 8am-4pm

Provided Services: LIEP, Low Income Energy Assistance Program, and others. Ask for assistance regarding deadlines and what is necessary to bring to the appointment.

The Simple RoomPrimary Phone Number: 618-664-2894405 Franklin AvenueOffice Hours: Monday 9am-12pmPO Box 613, GreenvillePO Box 613, Greenville

Provided Services: The Simple Room of Greenville has been serving children and youth since 1983. They offer tutoring, recreational hour, character building, and bible studies up to the high school level during varying days of the week. For more information, please call or check out their website at http://www.simpleroom.org

Bond-Madison Employment and Training Center Kaye O'Dell: 618-545-3473

Kaskaskia College Greenville Education Center 209 South Third Street, Suite C

Bond County Core CommunityPatrice White: 618-699-9872
First Baptist Church
Patrick Miller: 616-309-4060

218 East South, Greenville Office Hours: Monday 5:30pm to 8:00pm

Main Phone Number: 618-664-2584

Information: Core Community is about healing lives, solving poverty, and empowering communities for greatness through relationships.

Bond County Cars4Change – Vehicle Ministry

Greenville Free Methodist Church 1367 US Route 40, Greenville https://cars4change.wixsite.com/website

Bond County Transit Main Phone Number: 618-664-9844

PHYSICAL: 102 West Bowman Drive, Greenville Stephanie Hicks, Scheduling: EXT 105

MAILING: 1001 East Harris Avenue, Greenville

www.bondcountytransit.org

Information: Please call or refer to the website for rates and hours. Will travel up to 150 square

Main Phone Number: 618-664-3799

Open: M-F 8:30am-5pm

Hours: Monday-Thursday 10 AM- 2 PM

miles.

Bond County Pregnancy Support Center

116 2nd Street, Greenville

Department of Human Services Staff: 217-532-3957

210 East Fairground Avenue

Hillsboro, IL 62049

Social Security Administration Phone Number: 855-285-6006 Room 103 Federal Building Phone Number: 618-463-6568

Room 103 Federal Building 501 Belle, Alton IL 62002

https://www.ssa.gov

Greenville Food Pantry Volunteer: 618-664-1465

Bond County Senior Center Hours: Monday & Thursday – 2pm-4pm 1101 East Harris Ave, Greenville Last Tuesday of the month – 4pm-6 pm

Pocahontas Food Pantry
Pastor Ray Snider: 618-669-2523

108 Moreland Street, Pocahontas IL 62275 Becky Hawley: 618-558-2405

Bond County / MERS Goodwill Emily Sirianni: 618-314-5273

209 Third Street Suite B, Greenville **Email:** esirianni@mersgoodwill.org

Information: Provides help with employment, preparation for college, job skill training, and job shadowing/internships. There is also provision of certifications, assistance with job searches,

financial education, tutoring, GED assistance, and career exploration.

<u>Salvation Army</u> Main Phone Number: 618-664-0942

First Presbyterian Church Hours: Wednesday 9 AM to 11 AM 501 Idler Lane, Greenville

Bond County Victim/Witness Advocate Karen Knox: 618-664-2262

200 West College Street, Greenville Email: kknox@bondcountyil.com

First Christian Church (Financial Assistance) Dee Armes: 618-664-0350

1100 Killarney Drive, Greenville

appointment

Open: Mondays at 6pm-7pm or by

Free Methodist Church (Financial Assistance)

1367 IL State Route 140, Greenville

appointment

Open: Thursdays at 6pm or by

Jenna Battleson: 618-664-2584

Celebrate Recovery

Greenville Free Methodist 1367 IL Route 140, Greenville

7pm Small Groups
Child Care Provided

Local Contact, Amy Marcoot: 618-664-2584

Hours: Thursdays at 5:45 PM Services: 6:15pm Free Meal

Sundays: 3 PM – Men's Bible Study

Lost and Found

206 West Oak Street, Greenville

6:15 PM – Worship with Sober Bar **Monday:** 7 PM – Men's Recovery Group

Tuesday: 6:30 PM – Women's Recovery Group

Thursday: 10 AM – Women's Bible Study

Friday: 7 PM – Sober Bar

PAL (Parents of Addicted Loved Ones) Group Craig Loddeke: 618-567-6095

Email: craigloddeke@yahoo.com
Meetings: Virtual through Zoom

Website: palgroup.org

Information: This is a support group for those eighteen and over who have a loved one that may be abusing drugs or alcohol. It is available to parents, spouses, siblings, and friends.

Sexual Assault and Family Emergencies (SAFE) Phone Number: 800-625-1414

1410 Sunset Drive, Suite G Vandalia, IL 62471

Information: SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

<u>AA and NA</u> – For more information on locations, dates and times, please download the NA or AA app from your app store of choice.

<u>Family Support Hotline</u> <u>Phone Number:</u> 314-669-1184

Serving Bond County

<u>Heartlinks Grief Center</u> Phone Number: 618-277-1800

5110 West Main, Belleville IL

www.myheartlinks.com

Eden's Glory Main Phone Number: 314-312-3539

Email: healing@edensglory.org

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God.

2022 Ideas-discuss for 2023

Major Events:

- 1. February-Presentation at Bond County Business Networking Lunch-Done
- 2. Parent Event for Schools
- 3. School Stigma event
- 4. March Chapel/Week at GU, National Drug & Alcohol Facts Wk March 21st to March 27th
- 5. Early Summer Recovery Celebration did on October 1st
- 6. July Fourth Fest Participation-July 1st
- 7. August 31 Awareness Event-August 31st
- 8. September Recovery Month Recovery Fest Party-October 1st
- 9. October Mental Health Awareness Week-October 2nd-8th
- 10. October-Red Ribbon Week-October 24th to October 28th
- 11. November Greenville Come Home for Christmas Parade-November 26th

Other Events:

- 1. Mulberry Parade-left my name and number at village. Will call with date
- 2. Pocahontas Fireman's Picnic Parade-July 9th call 669-2349 to get a position
- 3. Sorento Homecoming Parade-July 30th
- 4. Bond County Fair Parade-August 9th no registration
- 5. Recovery Theme for photography/art contest at Bond County Fair
- 6. Outdoor Farmers Market-First Saturday June-October (Jess Adams \$20)
- 7. Booth at Greenville Health Fair
- 8. Set up booth at Sporting Events
- 10. Library engagement
- 11. Art Walk/Apple Days-sidewalk chalk mural-October 3rd

Willing to provide candy for parades:

- 1. HSHS-Teresa Cornelius
- 2. Bond County Law Enforcement-Josh Hill
- 3. Lost & Found-Alice Fitzsimmons

Stigma Training: Do 1-2 minute ones for social media & 10-15 minutes ones for meetings with groups:

- 1. Employers
- 2. School Faculty
- 3. Parents/Families
- 4. Police

- 5. Churches
- 6. Hospitals/Medical Community/Nursing Students
- 7. College Students
- 8. Fire Dept/EMS
- 9. Court/Legal System
- 10. DCFS
- 11. Bond County Housing Authority
- 12. SAFE
- 13. Domestic Violence Shelters

Monthly BCRC Meetings:

15 minute trainings

- a. Medication assisted Recovery-Stacy Nonn (February)
 - b. Narcan Training-Karen Tilashalski (March)
 - c. Stigmatizing language-Liz McQuaid (April)
 - d. Jenn Nagel-Porch Light Collective
 - e. Warm Hand-Off-Alton Memorial Hospital
 - f. Trauma Informed Care
 - g. Dual Diagnoses People (both mental health issue/SUD)
 - h. Substance Use & Brain Awareness
 - i. Marijuana Abuse Awareness

Quarterly update to newspaper Quarterly update to WGEL

Form a Focus Group of People with Lived Experience-every other month. Reward with Gift Card for participation-Plan to have first group at 7pm @ Toastiez on February 16th

Committees for Strategic Plan:

(working on these)

- -Housing-Rebecca Klitzke, Curtis Flake, Valerie Rasch, looking for someone on the Housing Authority
- -Transportation
- -Stigma-Rebecca Klitzke, Curtis Flake, Alice Fitzsimmons, Teresa Cornelius
- -MAT/MAR-Dan Hutchinson