



Community Needs Assessment 2022

Piatt County Recovery Oriented System of Care Council

The ROSC Council Needs Assessment is a collaborative undertaking by Piatt County Mental Health Center to highlight the needs of services in Piatt County as it pertains to mental health, substance use disorders and recovery.

Tia Schum: tschum@piattmhc.org

ROSC Coordinator



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ROSC DEFINITION & PROJECT INFO

Recovery Oriented System of Care (ROSC)

A Recovery Oriented System of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and substance use issues.

BACKGROUND AND PURPOSE

In September 2021, Piatt County Mental Health Center (PCMHC) was awarded a ROSC grant for Piatt County. Since this time, community leaders, service providers, and persons with lived experience (PLEs) have been invited to participate in a collaborative effort to reduce stigma, increase access to care, and help strengthen a resource network for those in the recovery community. “Collaborating to Build and Empower Communities of Recovery” is the mission of the Piatt County ROSC Council.

“Collaborating to Build & Empower Communities of Recovery”

Project Description

The Recovery Oriented Systems of Care (ROSC) Council will assist communities with building local recovery oriented systems of care that can network with the statewide ROSC Council. Piatt County Mental Health Center (PCMHC) is the lead Agency collaborating with community members to form the local ROSC Council. To ensure sustainability of the ROSC Council, PCMHC must demonstrate a commitment to establish the ROSC Council permanently with a long-term (5 year) strategic plan, either as a stand-alone non-profit organization or with a permanent business relationship with the lead agency. This agreement is set for by the terms and conditions applicable to services funded by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR) for the development of Recovery Oriented Systems of Care Council.

Project Expectations

Involve people with lived experience (PLE). Lived Experience means personal knowledge about substance use disorders (SUDs), including co-occurring mental health and substance use disorders (CODs) treatment, and recovery gained through direct involvement, which may include that individual's involvement as a patient, family member or loved one of a person receiving SUD/COD treatment services.

Create an integration of systems within the ROSC, local hospital, primary care, mental health, law enforcement, local business owners, local government representatives and policy makers, persons with lived experience and SUD intervention, treatment, prevention and recovery support service providers.

Build a menu of services and supports including all the components listed in the definition above: person-centered, building on strengths/resiliencies, coordinated, and community-based.

Organize the logistics of ROSC Council meetings, stipends to ensure the participation of persons with lived experience, training cost, or website administration cost. Plans that include the development of Recovery Community Organizations (RCOs) in the ROSC are strongly encouraged.

Build capacity for communities to provide advocacy, education and recovery support services for people in recovery from SUDs and co-occurring (SUD/Mental Health) Disorders (COD).

Map resources and assess needs including: readiness for a recovery community organization.

Inform, educate and empower individuals and communities, expanding access to a comprehensive array of prevention, treatment and peer recovery support options.

The median household income in the county was \$70,849, the per capita income was \$33,468, and the persons in poverty was 6.4%. The median value of a owner-occupied housing was \$138,600 and median gross rent was \$851.

NEEDS ASSESSMENT COLLECTION & RESULTS

Method of Data Collection

Results were collected through multiple focus group discussions, which included key community stakeholders, social service providers and persons with lived experience. Two of these meetings were in conjunction with our local Critical Access Hospital's Community Needs Assessment focus groups and others involving ROSC Council Members. Some of these members included representatives from:

- Local Critical Access Hospital
- Piatt County Sheriff Department
- Local Prevention Provider
- Domestic Violence Providers
- Community Clergy Members
- Monticello Mayor
- Local School District Administrators
- Atwood Fire Department
- MAT Chief Medical Officer
- Behavioral Health Providers
- Local Ambulance Service
- SUD Providers
- Prevention Service Providers
- Small Business Owners
- Piatt County Board Chairman
- Monticello Fire Department
- Monticello Police Department
- Persons With Lived Experience

Overall Response to Needs Assessment

Strengths

- Strong Collaborative Provider Network
- Recent increase in # of MH Providers
- Critical Access Hospital w/many programs
- Ample COVID-19 Testing for schools
- 2-1-1 System (Online database for service providers)
- Great school systems w/high academic achievement rates
- Great resources that address food insecurity
- Multiple SUD Prevention Programs
- Increase in Medication Drop-off boxes
- Local MAT Program

Needs

- Minimal Peer Recovery Support Services
- No transitional housing for recovery clients
- Still not enough MH providers
- Little recreational opportunities for youth
- Support for youth w/parents that struggle with SUD
- Most social services are found only in one town
- More social service support for seniors
- Need Mental Health First Aid Training
- Both AA meetings in County are closed
- Lack of transportation for inpatient SUD needs

COUNTY RESOURCE DIRECTORY

Meetings

- Alcoholics Anonymous - There are currently (2) meetings available in Monticello. One is on Monday night and the other is Thursday night. Both are closed meetings
- Narcotics Anonymous - There is (1) meeting available in Atwood, which is located in far SE corner of the County.
- Treatment Group - There is (1) treatment group at the Piatt County Mental Health Services, but one must be obtain a referral prior to admission.
- Open Support Group - Currently only 1 open support group available in Bement, IL. Held on Wednesday evenings.

Medication Assisted Treatment

- Kirby Medical Center has a MAT program in Monticello, IL.

Treatment and Recovery

- Piatt County Mental Health Services has a Certified Alcohol and Drug Counselor who provides addiction services and DUI evaluations.
- While there are no Inpatient Treatment Centers in Piatt there are several providers within a 45-mile radius
 - Heritage Behavioral Health Services - Decatur, IL
 - Rosecrance on Moreland - Champaign, IL
 - Chestnut Health Systems - Bloomington, IL

Free Medication Disposal

- Monticello Police Department
- Piatt County Sheriff Department
- Kirby Medical Center
- Kirby RX

Naloxone Training and Distribution

- Champaign-Urbana Public Health District - Urbana, IL
- Piatt County Mental Health Center - Monticello, IL

Recovery Support Services

- Alcoholics Anonymous Hotline
- Narcotics Anonymous Hotline
- Al-Anon & Al-Ateen
- Illinois Help and Text Line
- Illinois Warm Line
- National Suicide Prevention Lifeline
- Crisis Mental Health Hotline for Piatt County - Serviced by Heritage Behavioral Health

Health Care Services

- Kirby Medical Center - Kirby has a Critical Access Hospital in Monticello, Illinois as well as a rural clinic in Cerro Gordo and Atwood.
- Christie Clinic - Monticello, IL
- Carle Clinic - Monticello, IL

Mental Health Services

- Piatt County Mental Health Center - Monticello, IL
- Kirby Medical Center - Kirby has mental health providers in all three locations: Monticello, Cerro Gordo, and Atwood.
- Mindful Beginnings - Cerro Gordo

Domestic Violence Providers

- Dove, Inc.
- Willow Tree Missions

Affordable Housing

- Piatt County Housing Authority - Hammond, IL

Job Readiness

- Piatt County Mental Health Center - PCMHC has a Support Employment Service Program
- Champaign County Regional Planning Commission - Monticello, IL office

SUMMARY

Community Readiness

Based on initial conversations around the ROSC Council many stakeholders have demonstrated enthusiasm and interest in participating with Piatt County ROSC Council (PCRC) initiatives. While we have a great number of active participants in PCRC at this point, we remain constantly committed to increasing the number of Persons with Lived Experience (PLE) in the process. While there have been multiple community conversations with social service providers for a need to provide a greater safety net and further opportunities for those interested in recovery, there has not been a funding opportunity to make this possible. Hopefully with the ROSC Coordinator solely focused on engagement of the community towards these goals, it is likely that those resources to support the effort will engage and provide that support.

Technical Assistance Needed

This area has had few resources for many years and has not been able to progress toward creating a recovery community before now. A great deal of technical assistance may be needed to ensure the group can achieve success.

Specific Technical Assistance Needs:

- Stigma Reduction Efforts
- Continual Council Membership Recruitment
- Planning for and working toward a Recovery Community Organization
- Expanding and Creating Services based on the Identified Needs of those with Lived Experience

Moving Forward

PCRC remains optimistic about the success of future initiatives (stigma reduction, reducing barriers to treatment, increasing support/resources for recovery community, and creating recreational activities that support the sober community). Through the utilization of existing strong collaborative networks, support from IDHS, and insights from local PLEs, Piatt County's recovery efforts will be enhanced in the upcoming years.

“A journey of a thousand miles begins with a single step.” - Lao Tsu