

October 20, 2022 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on October 20, 2022 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Ted Lowers (Dewitt-Piatt Bi-County Health Department); Tony Kirkman (Piatt Co Mental Health – ED); Steve Keagle (Lodge Church of God); Jaime Porter (Clinical Director Piatt Co Mental Health); Kaitlyn Habel (MSWintern); Dave King (Carle Health); Dan Koenigs (CADC PCMH). In addition the following participants joined via ZOOM: Michael Schroeder (Dewitt-Piatt Bi-County Health Department); Mark Vogelzang (Piatt County Sheriff); Susan Houston (Willow Tree Missions).

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Suboxone Clinic at Kirby stating that things are going well and that 9 out of 19 folks have started therapy services since June when Tia started offering case management services. Tia discussed the two support groups are going well, both in the Piatt County Jail and the open group held in Bement on Wednesday evenings. Tia stated that the Wednesday evening had 4 this past week and 3 the week before. There are 5 total who have been attending pretty regularly but have not all been at the meeting at the same time. Tia discussed NAADAC and shared some experiences that she had there. Tia is still working on getting in contact with transitional houses from Springfield IL, Decatur IL, and Champaign/Urbana IL. Tia stated that her past contact, Marci Phillips, Ph.D., is no longer with Rosecrance but that Marci gave contact information to someone still working at Rosecrance. Tia explained that she has reached out to them and is waiting for a reply. The ROSC Picnic was a success with 10 in attendance. Tia is excited to build on this for next year's picnic. Tony reported that on October 6th he provided roughly 12 individuals NARCAN training for the Mid-Piatt Fire Rescue.

This Month's Activities – Tia discussed where she was at in regards to the leave behind bags that were discussed the past couple of meetings. The committee was agreeable with the leave behind bags. One question that was asked was "where do you plan to leave these bags to try and get them into the people who need it hands?" Tia stated that she plans on giving bags to Fire Rescue, EMS, and Police Departments to have on hand when they go to an overdose call. These bags will also be left behind at business where they can be given to or taken by folks who want or need them. Tia is also shared with the group that November 3rd at 12 pm she will be going to the Lodge Church of God in Lodge, IL to speak about ROSC with the Piatt County Minister's Alliance. Tony shared that on November 2nd he will be doing NARCAN training at DeLand Weldon Schools as well as in Clinton at the Dewitt County Community Event. Tony also shared that on November 15th he will be doing NARCAN training for Monticello School District.

Speaker – Dan Koenigs, BA CADC, from The Center was the guest speaker this month. Dan shared his story at the ROSC Picnic in September and was invited to speak at the October meeting for ROSC. Dan has 31 years in recovery. Dan stated that he grew up in an alcoholic family and, in his opinion, had been around alcohol his whole life, including in utero. Dan stated that he drank because, to him, it hid the pain he felt from trauma he experienced through his life. He stated the issue with that is his tolerance grew and it took more and more drink to get the feelings to disappear. Dan stated that his alcoholism came to a head when he was a freshman in college around 18 or 19 years old. Dan stated that he was

constantly in trouble with the school and the dean of students gave him an option, go to 4 or 5 AA meetings or continue getting in trouble and get kicked out of school. Dan chose to go to the AA meetings but stated he wasn't very serious about them at the beginning. Dan stated that after attending a few AA meetings, for the first time in his life, he felt like he belonged and that was huge for him as well as humbling. Dan stated that by the age of 23 he was sober and in recovery. Dan stated that he didn't get sober because he wanted to but because he had to. Dan stated that his body was starting to fall apart and fail him due to the black out drinking he had indulged in. Dan stated that he would love to see more community events like the ROSC Picnic and the 4th of July event ROSC put on this past year. Tony asked "When did you realize you were no longer defined by alcoholism?" Dan stated "I am not sure when that happened but I do know I have a health fear of the drink". Steve asked "Why do you think you made it and your friends who went to recovery with you didn't?" Dan stated "I don't have an answer for that because I don't know." Dave asked "What is your perspective of the programs evolving since your first AA meeting?" Dan stated that "He doesn't really have an opinion other than he cannot NOT abstain."

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course. Tia discussed that November 9th at 6:30 pm, she will be presenting to the Bement School District school board information in regards to the purposed youth support group. The anti-stigma yard sigma yard signs were also discussed with the group. A decision on what should be ordered and how many will be made via email with the whole committee. Tia gave copies of the ideas presented to her from Adams Billboards creative team to the ROSC committee. Lots of really good ideas and suggestions were given to take back to the creative team. One question was "how do we know that it is for Piatt County ROSC and not a different organization?". Another question included "Can we add The Center's number along with the Crisis Line so that way folks are directed to the right assistance?". It was unanimous that everyone loved the logo being present on the billboards! Tia will take the ideas back to Adams Billboards creative team to have changes made.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Piatt County Minister's Alliance Meeting – November 3rd 12 pm Lodge Church of God, Lodge, IL
NARCAN TRAINING

November 2nd – DeLand Weldon Schools and Dewitt County Community Event

November 15 – Monticello School District.

Youth Support Group discussion – Bement School District November 9th 6:30 pm Bement, IL

*Hopefully if COVID #s decrease, Council can resume past discussion regarding a possible County-wide collaborative effort to provide a NARCAN training for multiple communities with multiple agencies utilizing their communication channels.

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday November 17 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would

help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4:00 pm

Recorded by ROSC Coordinator, Tia Schum