

McLean County ROSC Council October Monthly Meeting

Date: Tuesday, October 18, 2022

Time: 3:30 – 4:30 pm

Location: Virtually via Zoom

Attendees: **Kari Knapp** (Chestnut Health Systems), **Tom Troe** (IDHS), **Cat Hays** (IL Recovery Corps), **Marita Landreth** (McLean County FUSE), **Angelyca Adcock** (McLean ROSC Social Media), **Chris Baldwin** (PATH Crisis Center), **Jeff Asmus** (Chestnut Health Systems), **Andrea Kindseth** (LIFE CIL), **David Lewis** (Children’s Home & Aid, Fatherhood Coalition, Dads Uplifting Dads), **Leann Courson** (WCIR), **Michelle Cope** (BPL), **Linda Foster** (B/N NAACP, Family Community Resource Center), **Natasha Caudle** (McLean Count Dept. of Health), **Abbie Lee** (OMNI Youth), **MaResa** (McLean County CASA), **Ethan Sizemore** (Oxford House)

- I. Introductions & Agency/Organization Updates
- II. Staffing Update
 - a. Kari Knapp, Community Outreach Coordinator
 - b. Cat Hays, Recovery Project Coordinator
- III. Narcan Update
 - a. 9/20 Training
 - b. Chestnut Health Systems – Main distributor of Narcan for McLean County
 - c. For free community trainings on how to administer Narcan, contact Randi Derrig – rderrig@chestnut.org
- IV. Self-Survey Health Check Review
 - a. “I am pleased with the direction the McLean County ROSC is headed in.”
 - i. 55% of 13 answers – “Agree”
 - b. “In general, I feel the McLean ROSC is focusing its time and resources in the appropriate areas of the community and recovery.”
 - i. 70% of 13 answers – “Agree”
 - c. Slido Poll No. 1 – “What is one thing you would like the ROSC to achieve within the next fiscal year (now until June 2023)?”
 - i. “Prioritization of people with lived experience in leadership or growth of group”
 - ii. “Regular sober social events”
 - iii. “Community Education and being more involved”
 - iv. “Continuance of sober social events”
 - v. “Continue to spread the word about ROSC”
 - vi. “Recovery Café”
 - vii. “People with lived expertise developing the agenda and leading the meetings”
 - viii. “Subcommittees/subgroups”
 - d. “Overall, I feel like I have had ample opportunity to provide input on McLean ROSC initiatives and future direction.”
 - i. 53% of 13 answers – “Agree”
 - e. Slido Poll No. 2 – “What is one way to increase Council members’ input on ROSC initiatives and future direction?”

- i. "Subcommittees/subgroups"
 - ii. "Hybrid meetings"
 - iii. "In-person meetings"
 - iv. "Bribe with snacks/meat and cheese"
 - v. "Share info outside of meetings"
 - vi. "Email template for feedback"
 - vii. "Quick polls-Slido"
 - viii. "Continuously asking for feedback"
 - ix. "Social media"
 - f. "In general, I feel like people want to get involved with the McLean ROSC but don't know how to do so."
 - i. 59% of 13 answers – "Neutral"
 - g. Slido Poll No. 3 – "What is one way we can increase community engagement and awareness of the ROSC?"
 - i. "Community events"
 - ii. "Social media"
 - iii. "Training"
 - iv. "Traditional media"
 - v. "Ask others to invite"
 - vi. "Billboards"
 - vii. "Membership mentors"
 - h. Survey Link: www.surveymonkey.com/r/X9SJTY5.
- V. Sober Living Planning Committee Updates
 - a. Trunk or Treat Events
 - i. Wednesday, 10/19 – Eastland Suites, 5-7 pm
 - ii. Saturday, 10/22 – 1 Auto Row Drive, Bloomington 61704, 1-3 pm
 - b. Gratitude Story Slam: McLean ROSC & Next to Normal Story Slam Collaboration
 - i. Friday, 11/11 – McLean County Arts Center, 7:30 pm
 - c. Winter Wear Accessory Collection Drive
 - i. Handmade and store-bought donations of hats, scarves, mittens, and gloves to be collected for community organizations/agencies that serve clients experiencing homelessness
 - ii. Donations to be collected Monday, 12/5 through Friday, 12/9 in a donations box at Crossroads Chestnut location – 448 Wylie Drive, Normal 61761
 - d. ROSC Holiday Party
 - i. Save the Date – Friday, 12/9, 6-8 pm
 - ii. More details to come
- VI. Community Asks/Call to Action
 - a. Turkey Sponsorship for Thanksgiving meals for local recovery residences
 - i. Tentatively 10-12 recovery residences in McLean County
 - b. Social Media
 - i. Share, share, share!
- VII. Next Meeting
 - a. Tuesday, 11/15 @ 3:30 pm

- b. Tentatively hybrid meeting
- VIII. Contact Info:
- a. Kari
 - i. Email: kmknapp@chestnut.org
 - ii. Cell: (309) 391-1802
 - b. Cat
 - i. Email: cmhays@chestnut.org
 - ii. Cell: (309) 846-0262