

Logan/Mason Monthly ROSC Council Meeting Minutes

When: Thursday, September 15, 2022, 2-3 pm

Where: Virtually via Zoom

Meeting called by: Logan/Mason ROSC

Note taker: Cat Hays

Members in Attendance: **Nadia Klekamp** (Chestnut), **Cat Hays** (IL Recovery Corps), **Jeanette Davis** (Chestnut), **Jenna Fox** (Family Guidance Center), **Lyn Pedigo** (Mason Co. Probation), **Kourtney Renfro** (Family Guidance Center), **Rick Brown**, **Jeff Asmus** (Chestnut), **Ethan Sizemore** (Oxford House), **Samantha Martinie** (IL Recovery Corps), **Randi Derrig** (Chestnut), **Kari Knapp** (Chestnut), **Grace Irvin** (Chestnut), **Tyler Wenger** (Chestnut), **Denise Backes** (Gateway), **Shelby Harvey**, **Abby Behrens** (Butterfly Project – Children’s Home and Aid), **Teresa Orrick** (UnityPoint Health), & **Kim Turner** (Logan Co. Probation)

Minutes

Agenda Items:

- Welcoming Recovery Corps member and Project Coordinator, Cat Hays
 - Update on work by Cat Hays
 - Social media
 - Recovery stories
 - Support for Logan/Mason ROSC
- Hiring for Community Health Specialist for Logan/Mason ROSC
 - <https://chestnut-health-systems.talentify.io/job/community-health-specialist-full-time-days-logan-and-mason-counties-il-chestnut-health-systems-3505>
- Logan County Walk 4 Recovery
 - Radio ad spotlight – Jeanette
 - Resources tables – Salvation Army, Crime Stoppers, SIU, Memorial Health
 - Schedule for the day:
 - 12 – Set up
 - 1 – Meet n’ Greet
 - 1:15 – Speaker TBD
 - 1:30 – Moment of silence for those lost to substance use
 - 1:35 – Recovery Walk
 - 2 – Music/Food
 - 2:20 – Speaker
 - 2:35 – Speaker

- 2:50 – Hang out
- Mason County Walk 4 Recovery
 - Schedule for the day:
 - 12 – Set up
 - 1 – Meet n' Greet
 - 1:15 – Speaker TBD
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 - 2:50 – Hang out
- Recovery in Action/Event Updates
 - Upcoming meetings:
 - Sunday, 9/25 @ 7:30 pm
 - Tuesday, 10/11 @ 7:30 pm
 - Sunday, 10/23 @ 7:30 pm
 - Please share info and invite others to attend!
- “What does recovery mean to you?” Group Discussion
 - “Building a life you don’t want to escape from”
 - “Empowering, strong”
 - “Turning something that was killing me into something that can save lives”
 - “Having a voice and being a voice”
 - “Having a purpose and being loud about it”
 - “An adventure, dreams coming true”
 - “Finding yourself again”
 - “Getting to build something you didn’t think was possible”
 - “Encouragement”
 - “Bravery”
 - “Understanding and filling spirituality gaps in our lives”
 - “Being an advocate for others”
 - “Hope for breaking stigma”
 - “Making dreams come true”
 - “Community – We understand each other”
 - “Recovery is bigger than ourselves”
 - “Mentorship”
 - For everyone – community-focused”
 - “Gives my life meaning”
 - “Hope that others won’t have experience that kind of pain”
 - “Turning pain into power”
- Communication Updates
 - Abby Behrens – The Butterfly Project and Children’s Home and Aid

- Virtual Domestic Violence Training/Coalition Meeting – 10/3, 11-12:30 pm. For more info, email Abby Behrens, abehrens@childrenshomeandaid.org.
- Teresa Orrick - UnityPoint Health
 - Pregnancy Post-Partum Depression meetings
 - Contact info:
 - Logan County – UnityPoint Health, 1231 Keokuk/Rte 10, Lincoln, IL
 - (309) 212-8349
- Contact Cat Hays with community events/opportunities to promote on the Logan/Mason ROSC social media accounts. Email: cmhays@chestnut.org.
- Next Meeting – Thursday, October 20 @ 2 pm, via Zoom
 - Zoom Meeting Info:
 - Meeting ID: 935 6172 7220
 - Passcode: 395255