

Minutes

Macoupin and Montgomery Counties ROSC Council			
Date: June 27, 2022	Time: 2 PM	In-person meeting at Beacon Church and https://slu.zoom.us/j/98964683555	
Meeting	June ROSC Council Meeting		
Agenda	ROSC and Safe Passage Updates, The Living Room at Cross Over Ministries, The Next Network, 708 Board Application		
Facilitator	Jennifer Carron		
Attendees	<input checked="" type="checkbox"/> Kent Tarro <input checked="" type="checkbox"/> Becky Hatlee <input checked="" type="checkbox"/> Brian Pollo <input checked="" type="checkbox"/> Jennifer Carron <input checked="" type="checkbox"/> Carissa van den Berk-Clark <input type="checkbox"/> Giulia Butler <input checked="" type="checkbox"/> Lindsay Minor <input checked="" type="checkbox"/> Elyse Schoen <input checked="" type="checkbox"/> Cristal Ramos <input checked="" type="checkbox"/> Oviya Sougoumarane <input type="checkbox"/> Tricia Lewis-Thompson <input type="checkbox"/> Lori Sanson <input type="checkbox"/> Tamra Taylor <input type="checkbox"/> Debbie Link <input type="checkbox"/> Courtney Newby <input type="checkbox"/> Amanda Majors <input type="checkbox"/> Nancy Phillips, Illinois Family Resource Center	<input checked="" type="checkbox"/> Orville Mercer, Chestnut <input type="checkbox"/> Donna Nahlik, Chestnut <input type="checkbox"/> James Timpe, HSHS St. Francis <input type="checkbox"/> Ty Bechel, Amare <input checked="" type="checkbox"/> Corinne Briscoe, Probation <input checked="" type="checkbox"/> Chief Brian Boston, Girard PD <input type="checkbox"/> Chief Kenny Ryker, Litchfield PD <input checked="" type="checkbox"/> Jon Magnuson, Beacon Church <input checked="" type="checkbox"/> Linda Liebscher, Cross Over Ministries <input checked="" type="checkbox"/> David Knoblich, Hearts United <input type="checkbox"/> Ailee Taylor <input checked="" type="checkbox"/> Kevin Schott, EMS <input checked="" type="checkbox"/> Steve Bryant, Litchfield Park Dist. <input checked="" type="checkbox"/> Kristine Gamm-Smith, NAMI <input type="checkbox"/> Janel Robinson, Alton Memorial <input type="checkbox"/> State Senator Doris Turner <input type="checkbox"/> Blake Meyer with Senator Turner <input type="checkbox"/> Dr. Kristen Ferguson	<input checked="" type="checkbox"/> Julie Pohlman, Chestnut <input checked="" type="checkbox"/> Ron Howard, Mobile Crisis Response Team of Montgomery County <input checked="" type="checkbox"/> Ron Sprong, Greene County Health Dept. <input checked="" type="checkbox"/> Terry Lane, Lewis and Clark Community College <input checked="" type="checkbox"/> Fabienne Jean, SLU medical student <input checked="" type="checkbox"/> Empress James, SLU medical student <input checked="" type="checkbox"/> Chas Swearingen, LPBHC <input checked="" type="checkbox"/> Dawn Young, APRN <input checked="" type="checkbox"/> Danielle Vincent, in recovery <input checked="" type="checkbox"/> Erica Petcher, CRSS/CPRS Lived Experience <input checked="" type="checkbox"/> AJ Dunoway, Oxford Homes

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Agenda Topic 1 – Introductions, May Minutes, Announcements

Time allotted: 10 minutes

Jennifer Carron and all participants

Presentation and discussion

- Welcome and introductions
- Approval of meeting minutes
- Overview of agenda
- Webinars:
 - 7/11 at 8 AM - Substance Abuse Prevention Skills Training
 - 7/19 at 2 PM - Integrated Trauma and Substance Use Disorder Treatment for Women
 - 7/29 at 10 AM - Understanding Clients Living with a Substance Use Disorder and How to Enhance Motivation for Change and Entering Treatment
- Announcements:
 - 7/27 - Second-Hand Trauma Training at Cross Over Ministries in Litchfield
 - 7/29-31 [MetroEast Narcotics Anonymous up the Creek Float Trip](#)
 - 8/6 9AM-1PM - Back to School Bash at Litchfield Community Center
 - 8/8 at 6:30 PM - Phoenix Center focus group on bringing LGBTQ services to our community, 205 Oakland Ave, Carlinville IL
- Recurring Events:
 - Al-Anon Meetings every Thursday at 6:30 PM at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL)
 - Emotions Anonymous Meetings every Thursday from 6-7 PM at Beacon Church (622 North Franklin, Litchfield, IL)
 - Winner’s Circle Meetings on Fridays at 6 PM at Cross Over Ministries Living Room

Please send us any announcements/upcoming events you would like to share with the council.

- Safe Passage Update:
 - Heavier presence in the community to distribute Narcan. Might set up booth in town.
 - 26 Safe Passage clients last month and 85% of them have begun treatment.
 - There are currently 29 access points across Macoupin and Montgomery counties.
 - Will start reaching out to attorneys that work in Macoupin and Montgomery counties so they can also link anybody who is in jail for a substance-related crime. Want to offer another option after Gateway.
 - Like and follow Facebook page:
<https://www.facebook.com/SafepassagelitchfieldIL>
- Outreach and awareness:
 - MCPHD attended the pride parade in Springfield.

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	<ul style="list-style-type: none"> ▪ MCPHD also participated at the Macoupin County Fair and had a table to distribute Narcan. ▪ Practicum students hosted a Summer Program at the Bendl Library about balanced eating, moving your body and healthy minds.
Agenda Topic 2 – The Living Room at Cross Over Ministries and starting a Living Room Association	
Time allotted: 35 minutes	Linda Liebscher, Dawn Young
Presentation and Discussion	<ul style="list-style-type: none"> ○ The Living Room at Cross Over Ministries: <ul style="list-style-type: none"> ▪ Meet individuals where they are, whether they need preventative care or crisis-related help. ▪ This area does not have short-term overnight recovery options and many people are not being helped after business hours. The Living Room increases the opportunity to be present at a time of need. ▪ The reason why the vision and mission recently changed is because most people have dual diagnoses. The Living Room can offer both mental health and substance use recovery opportunities. ▪ The clinical aspect of treatment is vital, so the Living Room helps that process with recommendations, referrals, and resources. ▪ The Living Room aims to provide access, communication, and connection. The goal is to provide support that’s helpful to the guest. ▪ Average time to see mental health counselor in Montgomery County is 3 weeks. Passing up that moment of need can be dangerous. That’s why having a Living Room option is trivial for recovery and catching people when they need help. ▪ In 2021, the county experienced 5 suicides and 12 overdoses. In 2022, 3 suicides and 2 overdoses. ▪ 25% of individuals in Montgomery County jail have mental health issues. ▪ Cross Over ministries offers several trauma-focused trainings throughout the year. ○ Examples across the U.S.: <ul style="list-style-type: none"> ▪ Recovery home in Framingham, MA is considered full living room and is all peer-led and peer-sourced. It is completely <i>voluntary</i>. People in the living room are guests and are treated with full support of their choices. In two years, 10,000 interactions with guests, each guest averages 13 separate visits. Average length of stay is 90 minutes. Based on voluntary responses, 97% of guests ‘highly recommended’ the Living Room. ▪ There are 400-450 Living Rooms/Respite Homes in the US currently. In this area, there are hybrid versions within health departments. However, individuals may need this service 24/7 rather than during business hours. ▪ Case study looked at 10 Living Rooms and the average cost per year is \$16K, meaning everyone working there is volunteering. Or one in New Hampshire is \$353K offering a 7-day stay.

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	<ul style="list-style-type: none"> ▪ In Montgomery County, the estimated cost would be \$250/300K a year. <p>The Living Room Association:</p> <ul style="list-style-type: none"> ○ Montgomery County’s ‘Living Room’ association could raise as much money. The goal would be to develop and implement a year-round fundraising plan of action; to promote recovery and wellness; to encourage volunteerism and decrease stigma; to provide on-site training and learning opportunities for organizations, non-for-profits, and ministries in IL and beyond to establish Living Rooms that model the one at Cross Over Ministries. ○ Linda showed a picture of the benefit for Cancer Assoc that many people were lined up for – and this can also happen around recovery and living room support. ○ First stakeholders meeting on June 13 with representatives from Macoupin, Montgomery County Health Dept., Saint Francis Way Clinic, Cross Over Ministries. Discussed is ARPA funds and found there is little oversight over these funds because the money needs to be spent. Now looking at what a living room will look like with the clinical support it needs and original ideas of living room being peer-run and peer-led. Have been researching this for 3 years now, discussed huge amounts of evidence for respite home, and handed out whole manual on hospital divergent services. <p>Experience with the Living Room:</p> <ul style="list-style-type: none"> ○ Dawn talked about a family member in crisis who sought medical assistance in two ERs and was declined admission and given a safety plan. She ended up wandering the streets in Springfield for 3-5 days because there was no help available. Dawn found a Living Room while on the way to a hospital and took her there. Not a 24/7 facility so time was limited. <i>When you are in a mental health crisis there should not be business hours limiting help.</i> During that time, her whole demeanor was changed, her anxiety level came down, it was a comfortable place to sit and have something to drink. Dawn saw first-hand what this can do for someone in a crisis and fully believes this is well needed in Montgomery County. ERs are used too often for things that living rooms can take care of.
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Agenda Topic 3 – The Next Network, 708 Board Application, and County Mapping

Time allotted: 15 Minutes	Jon Magnuson, Kent Tarro, Erica Petcher
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Presentation and Discussion	<ul style="list-style-type: none"> ○ Jon Magnuson – The Next Network: <ul style="list-style-type: none"> ▪ Most people that leave a rehabilitation clinic do not have access to a community or network of people once they leave. Most of the time they are sent back to their own communities which aren’t the healthiest places for them to be. ▪ Through these meetings we already have access to substantive network. What does it look like for a network of people to help people move successfully to next chapter of their story? Where do we start? We have 40-50 ROSC members - Why not try to partner with Macoupin/Mont drug courts? They are people who have been offered
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	<p>alternative to change their story, they have to work the program or can't stay. What would it look like to partner with these programs and with willing participant to ask what is the biggest obstacle they are facing - Is it housing? Transportation? Mental health needs not taken care of?</p> <ul style="list-style-type: none">▪ Next network able to connect that participant to the person who best helps them remove or overcome that obstacle in the next chapter of the story. Both MC and MT courts are on board with this idea. Why not give access to 40-50 more people who have expertise in these areas who can help your participants be successful? I'm asking someone who is a restaurant owner to be a felony friendly workplace? Healthcare professional willing to talk to them for 10 minutes? Etc.▪ Jon will expand on this more next month. <ul style="list-style-type: none">○ Kent – 708 Board Application:<ul style="list-style-type: none">▪ St. Francis Way Clinic under FQHC organized under 501c3. Very transparent about what we are doing.▪ We are putting application for 708 board for Montgomery County with focus on getting vehicles to drive people to mental health and substance treatment services because we can't do it within the Macoupin County system. We think it is important since a lot of people miss their appointments. This direction will be easier than expanding our program because it has too much red tape and there are not enough services in this area.▪ We also want to expand MAT services. We have an opportunity to expand MAT in Christian County and we may go after working with them. Will need your support putting that together if anyone has inklings of people in the medical community.▪ The collaborating agreement – via Federal Office of Rural Health Policy – want us to concentrate not just on opioid addiction but also alcohol use disorder. Want us to include partners such as pharmacy, correctional centers, and we will ask for support as well. <p><i>Please forward any questions to us so we can share with Linda, Jon, or Kent.</i></p>
	<p>Final Remarks</p> <ul style="list-style-type: none">○ Moment of wellness offered by Erica Petcher:<ul style="list-style-type: none">▪ Map of Montgomery County with a pin on each location focused on recovery – 12 step meetings, social services, jail, etc. There is not too much in the county from Wagner/Farmersville upward. Lots of substance issues here and something needs to happen because it is easy to miss the moment.○ Next Consortium meeting will be on July 25 at 2:00 PM at Beacon Church.

End Time: 3:00 PM

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RCORP Consortium & ROSC Council Satisfaction Report



What is your level of satisfaction with this meeting?

- | | | | | |
|-------------------|--------------|---------|-----------|----------------|
| 1 | 2 | 3 | 4 | 5 |
| Very dissatisfied | Dissatisfied | Neutral | Satisfied | Very satisfied |

How would you rate the materials/slides presented?

- | | | | | |
|--------------|---------|---------|--------|-------------|
| 1 | 2 | 3 | 4 | 5 |
| Very useless | Useless | Neutral | Useful | Very useful |

Do you have any comments or suggestions?

Thank you for your participation!