

# Minutes

RCORP Consortium & Macoupin and Montgomery counties ROSC Council			
Date: March 28 <sup>th</sup> , 2022	Time: 2 PM	In-person meeting at HSHS Saint Francis and <a href="https://slu.zoom.us/j/98964683555">https://slu.zoom.us/j/98964683555</a>	
Meeting	March RCORP Consortium & ROSC Council Meeting		
Agenda	ROSC and Safe Passage updates. Presentation by Peter Siriprakorn 'Substance Use and Stigma: Language Matters'		
Facilitator	Brian Pollo		
Attendees	<input checked="" type="checkbox"/> Kent Tarro <input checked="" type="checkbox"/> Becky Hatlee <input checked="" type="checkbox"/> Brian Pollo <input checked="" type="checkbox"/> Jennifer Carron <input type="checkbox"/> Tricia Lewis-Thompson <input type="checkbox"/> Lori Sanson <input checked="" type="checkbox"/> Carissa van den Berk-Clark <input checked="" type="checkbox"/> Giulia Butler <input checked="" type="checkbox"/> Lindsay Minor <input checked="" type="checkbox"/> Elyse Schoen <input type="checkbox"/> Elisabeth Walden <input type="checkbox"/> Tamra Taylor <input type="checkbox"/> Debbie Link <input type="checkbox"/> Courtney Newby <input type="checkbox"/> Amanda Majors <input checked="" type="checkbox"/> Cristal Ramos <input checked="" type="checkbox"/> Oviya Sougoumarane <input checked="" type="checkbox"/> Peter Siriprakorn <input checked="" type="checkbox"/> Nancy Phillips, Illinois Family Resource Center	<input type="checkbox"/> Orville Mercer <input checked="" type="checkbox"/> Donna Nahlik <input checked="" type="checkbox"/> James Timpe <input type="checkbox"/> Ty Bechel <input checked="" type="checkbox"/> Corinne Briscoe <input type="checkbox"/> Chief Kenny Ryker <input type="checkbox"/> Dr. Brian Quarton <input type="checkbox"/> Brian Burnside <input type="checkbox"/> Sue Campbell <input checked="" type="checkbox"/> Jon Magnuson <input type="checkbox"/> Linda Liebscher Cross Over Ministries <input checked="" type="checkbox"/> David Knoblich Hearts United <input checked="" type="checkbox"/> Ailee Taylor <input checked="" type="checkbox"/> Kevin Schott <input type="checkbox"/> Steve Bryant <input checked="" type="checkbox"/> Kristine Gamm-Smith <input type="checkbox"/> State Senator Doris Turner <input type="checkbox"/> Blake Meyer with Senator Turner <input type="checkbox"/> Dan Hutchinson <input type="checkbox"/> Janel Robinson <input type="checkbox"/> Dr. Kristen Ferguson <input type="checkbox"/> Kelly Barbeau	<input checked="" type="checkbox"/> John Blank, Shelter Insurance <input checked="" type="checkbox"/> Sam Claxton, lived experience <input checked="" type="checkbox"/> Toni Randall, Bond County Recovery Council <input checked="" type="checkbox"/> Karen Webb, ED and surgical services manager at HSHS St. Francis <input checked="" type="checkbox"/> Hailey?? <input checked="" type="checkbox"/> Candi Mazza, family engagement coordinator Litchfield Schools <input checked="" type="checkbox"/> Erica Petcher, CRSS for Crossover Ministries <input checked="" type="checkbox"/> Heather Thompson, lived experience <input checked="" type="checkbox"/> Dan Hough, President of 708 Board <input checked="" type="checkbox"/> Maria Clark, project manager Hillsboro Area Hospital <input checked="" type="checkbox"/> Dawn Young N.P. Hillsboro and Cross Over Ministries <input checked="" type="checkbox"/> Kathleen Alford-Spitze, CRSS/FSS St. Francis Way <input checked="" type="checkbox"/> Patrick Miller, Bond County recovery council <input checked="" type="checkbox"/> Katie McKenna, Christian County <input checked="" type="checkbox"/> Dane Solari, Trinity Baptist Church <input checked="" type="checkbox"/> Bonita Goodwin, Recovery Corps

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Agenda Topic 1 – Introductions, February Minutes, Upcoming Events, Updates	
Time allotted: 20 minutes	Brian Pollo, Kent Tarro, Carissa Clark
Presentation and discussion	<ul style="list-style-type: none"> <li>○ Welcome and introductions</li> <li>○ Video on recovery</li> <li>○ Approval of meeting minutes</li> <li>○ Overview of agenda</li> <li>○ Webinars:               <ul style="list-style-type: none"> <li>▪ Autism Acceptance 4/7</li> <li>▪ Natural Sleep Approach 4/8</li> <li>▪ Treating Substance Use Disorders in Older Adults 4/27</li> </ul> </li> <li>○ Other announcements:               <ul style="list-style-type: none"> <li>▪ Trivia night with Amare</li> <li>▪ SAMHSA Targeted Capacity Expansion Proposal – Please <b>sign letter of commitment</b>. Would entail sustainability until 2026 and includes comprehensive services: harm reduction, prevention, treatment, and recovery</li> <li>▪ Continuing collection for PIMs data from RCORP Consortium members</li> <li>▪ Al-Anon Meetings every Thursday at 6:30 PM at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL)</li> <li>▪ Emotions Anonymous Meetings every Thursday from 6-7 PM at Beacon Church (622 North Franklin, Litchfield, IL)</li> </ul> </li> <li>○ ROSC Update:               <ul style="list-style-type: none"> <li>▪ Growing council, please invite anyone you think would be a great fit</li> <li>▪ Needs Assessment showed need to reduce stigma in our area</li> </ul> </li> </ul>
Agenda Topic 2 – Substance Use and Stigma: Language Matters	
Time allotted: 35 minutes	Peter Siriprakorn and all attendees
Presentation and Discussion	<ul style="list-style-type: none"> <li>○ Introduction and background – lived experience and published writer, currently pursuing a clinical MSW in substance use disorders treatment at Washington University.</li> <li>○ Language matters and both shapes and upholds attitudes, beliefs, and behaviors.</li> <li>○ Strengthen community action through awareness and support, critical to fight shame and stigma.</li> <li>○ Guidelines for health promotion:               <ul style="list-style-type: none"> <li>▪ 5th-8th grade reading level</li> <li>▪ Leave enough white space and do not use images that may be triggering</li> <li>▪ Use person-first language (focus on person, not their illness). Do not use “addict” but instead “someone with a substance use disorder.” Separate individuals from their addiction.</li> </ul> </li> <li>○ Checklist for messaging:</li> </ul>

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	<ul style="list-style-type: none"> <li>▪ Reflect on where you are getting your information, how the language is framing the population and if are you inserting your personal biases.</li> <li>▪ Reframe the conversation through messaging. How can the language foster positive values like compassion, empathy, self-worth, self-efficacy?</li> <li>▪ Listen to stakeholders and let them weigh in on how to use language to change attitudes and promote dialogue.</li> </ul> <ul style="list-style-type: none"> <li>○ Brainstorming activity: write about messages you want to come from this ROSC. Pass the idea to the person next to you so that they can build off it. Common themes were:             <ul style="list-style-type: none"> <li>▪ Substance use is a disease, not a choice</li> <li>▪ Recovery looks different for everyone</li> <li>▪ We all have implicit biases and need to work on them</li> <li>▪ Organize community events around stigma reduction and sober living</li> <li>▪ Help is available, you are not alone</li> <li>▪ Reaching out for help is a sign of strength</li> <li>▪ Sobriety is only as strong as our support systems</li> <li>▪ Focus on long-term solutions</li> <li>▪ Recovery in Macoupin and Montgomery includes all of us</li> <li>▪ Educate all members at all levels of lived experiences on the importance of ending the stigma surrounding substance use disorders Educate schools and organizations</li> <li>▪ Centralize efforts to create network of resources</li> <li>▪ Involving law enforcement is essential</li> </ul> </li> <li>○ Key words: achievable, network, encourage, community, housing, hope, no jail, opportunity, connection, process, education. All these can be used in your messaging strategies.</li> </ul>
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## Agenda Topic 3 – Safe Passage Update and Moment of Wellness

Time allotted: 5 Minutes	Lindsay Minor, Kevin Schott
Presentation and Discussion	<ul style="list-style-type: none"> <li>○ Safe Passage:             <ul style="list-style-type: none"> <li>▪ One year since the beginning of the program</li> <li>▪ Added 3 more access points: PDs in Bunker Hill, Brighton, Carlinville</li> <li>▪ SP signs available to attendees</li> <li>▪ Like and follow Facebook page: <a href="https://www.facebook.com/SafepassagelitchfieldIL">https://www.facebook.com/SafepassagelitchfieldIL</a></li> </ul> </li> <li>○ Moment of wellness offered by Kevin Schott to conclude the meeting.</li> </ul>
	<p>Final Remarks:</p> <ul style="list-style-type: none"> <li>○ Next Consortium meeting is April 25<sup>th</sup> at 2:00 PM.</li> </ul>

End Time: 3:00 PM

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## RCORP Consortium & ROSC Council Satisfaction Report



What is your level of satisfaction with this meeting?

1	2	3	4	5
Very dissatisfied	Dissatisfied	Neutral	Satisfied	Very satisfied

How would you rate the materials/slides presented?

1	2	3	4	5
Very useless	Useless	Neutral	Useful	Very useful

Do you have any comments or suggestions?

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Thank you for your participation!