

Minutes

RCORP Consortium & Macoupin and Montgomery counties ROSC Council			
Date: April 25 th , 2022	Time: 2 PM	In-person meeting at HSHS Saint Francis and https://slu.zoom.us/j/98964683555	
Meeting	April RCORP Consortium & ROSC Council Meeting		
Agenda	ROSC and Safe Passage updates, Recovery Capital, Support Groups Presentation by Kristine Gamm-Smith		
Facilitator	Brian Pollo		
Attendees	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Kent Tarro <input checked="" type="checkbox"/> Becky Hatlee <input checked="" type="checkbox"/> Brian Pollo <input checked="" type="checkbox"/> Jennifer Carron <input type="checkbox"/> Tricia Lewis-Thompson <input type="checkbox"/> Lori Sanson <input checked="" type="checkbox"/> Carissa van den Berk-Clark <input checked="" type="checkbox"/> Giulia Butler <input checked="" type="checkbox"/> Lindsay Minor <input checked="" type="checkbox"/> Elyse Schoen <input type="checkbox"/> Tamra Taylor <input type="checkbox"/> Debbie Link <input type="checkbox"/> Courtney Newby <input checked="" type="checkbox"/> Amanda Majors <input checked="" type="checkbox"/> Cristal Ramos <input checked="" type="checkbox"/> Oviya Sougoumarane <input type="checkbox"/> Peter Siriprakorn <input type="checkbox"/> Nancy Phillips, Illinois Family Resource Center 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Orville Mercer, Chestnut <input checked="" type="checkbox"/> Donna Nahlik, Chestnut <input type="checkbox"/> James Timpe <input type="checkbox"/> Ty Bechel <input checked="" type="checkbox"/> Corinne Briscoe, Probation <input checked="" type="checkbox"/> Chief Kenny Ryker, Litchfield PD <input type="checkbox"/> Dr. Brian Quarton <input type="checkbox"/> Brian Burnside <input type="checkbox"/> Sue Campbell <input checked="" type="checkbox"/> Jon Magnuson, Beacon Church <input type="checkbox"/> Linda Liebscher, Cross Over Ministries <input checked="" type="checkbox"/> David Knoblich, Hearts United <input type="checkbox"/> Ailee Taylor <input checked="" type="checkbox"/> Kevin Schott, EMS <input checked="" type="checkbox"/> Steve Bryant, Litchfield Park Dist. <input checked="" type="checkbox"/> Kristine Gamm-Smith, NAMI <input type="checkbox"/> State Senator Doris Turner <input type="checkbox"/> Blake Meyer with Senator Turner <input checked="" type="checkbox"/> Janel Robinson, Alton Memorial <input type="checkbox"/> Dr. Kristen Ferguson <input type="checkbox"/> Kelly Barbeau, HSHS St. Francis 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Sam Claxton, lived experience <input checked="" type="checkbox"/> Katie McKenna, Christian County <input checked="" type="checkbox"/> Bonita Goodwin, ODAT <input checked="" type="checkbox"/> Erica Petcher, CRSS for Crossover Ministries <input checked="" type="checkbox"/> Julie Pohlman, Chestnut <input checked="" type="checkbox"/> Pam Scott, Citizen in Recovery <input checked="" type="checkbox"/> Dixie Gage, MC Drug Court and FA <input checked="" type="checkbox"/> Jack Wike, Virden AA <input checked="" type="checkbox"/> Ben Loftus, AA and NA <input checked="" type="checkbox"/> Ron Howard, mobile crisis response team MCPH <input checked="" type="checkbox"/> Kelly Jefferson, NAMI SWI <input checked="" type="checkbox"/> Deborah Roemhildt, AA and NA <input checked="" type="checkbox"/> Megan Eilerman, County Health Dept. <input checked="" type="checkbox"/> Chief Haley, Carlinville PD <input checked="" type="checkbox"/> Terry Lane, Lewis and Clark Community College <input checked="" type="checkbox"/> Chas Swearingen, Lincoln Prairie Behavioral Health Center <input checked="" type="checkbox"/> Ron Sprong, Greene County Health Dept. <input checked="" type="checkbox"/> Molly Peters, Greene County Health Dept.

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Agenda Topic 1 – Introductions, Announcements, Updates

Time allotted: 20 minutes

Brian Pollo, Elyse Schoen, Becky Hatlee

Presentation and discussion

- Welcome and introductions
- Approval of meeting minutes
- Overview of agenda
- Webinars:
 - Secondary Trauma 5/17
 - RCORP Book Discussion 5/17
 - Opioid Response Network's [Stand Against Stigma Challenge](#)
- Announcements:
 - National Prescription Drug Takeback Day 4/30/2022 10:00-2:00. Locations: Litchfield PD at Walmart, Virden, Carlinville, Gillespie, Mt. Olive, Bunker Hill, Litchfield and Hillsboro PDs, Macoupin County and Montgomery County Sheriff's Dept., Sullivan's Health Mart and Pharmacy in Litchfield, Michelle's Pharmacy, and Walgreens Pharmacy.
 - [Amare Town Hall Event](#) 5/12
 - [Mental Health Awareness Month](#) during the month of May
 - [Strengthening Families together](#) program begins in May
 - [Alcoholics Anonymous Founders Day](#) 6/10-12
 - Al-Anon Meetings every Thursday at 6:30 PM at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL)
 - Emotions Anonymous Meetings every Thursday from 6-7 PM at Beacon Church (622 North Franklin, Litchfield, IL)
- Safe Passage Update:
 - Up to 26 access points across MC and MT county.
 - Met with chief of Wilsonville, Coffeen, and Donaldson.
 - Meeting with Girard, Virden, and Nokomis this week.
 - Macoupin County sheriff agreed to be an access point.
 - In March, 33 individuals received Safe Passage services and 72% went to inpatient and outpatient treatment.
 - Like and follow Facebook page:
<https://www.facebook.com/SafepassagelitchfieldIL>

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Agenda Topic 2 – Recovery Capital and Support Groups

Time allotted: 27 minutes

Brian Pollo, Kristine Gamm-Smith

Presentation and Discussion

- Recovery capital: resources or capital a person needs for them to maintain recovery, which is what this council is trying to build.
Four different types of recovery capital:
 - Personal - physical (basic needs) and human capital (abilities, skills).
 - Family or social (relationships with friends, family, and people in recovery).
 - Community (attitudes, policies, resources related to help resolve substance use disorders).
 - Cultural (religious, value-based).
- Support Groups:
 - People receiving and providing support by sharing knowledge and experiences, coping strategies, offering understanding and acceptance.
 - Motto is 'you are not alone'.
 - Recovery is a process of change and self-acceptance.
 - Peer support means giving and receiving professional and nonclinical assistance. Different than treatment or a crisis service.
 - Peer support is integrated into behavioral health programs.
 - Support groups are about reconnecting with other people and sharing sensitive information that must be kept confidential.
 - Difficult for people in rural areas to keep confidentiality because they could be there with someone they know and are concerned about sharing personal info.
 - Virtual meetings have been beneficial to involve more people and allow them to maintain privacy by not sharing their names or faces.
- NAMI
 - Funded in late '70s and started with people sharing their family issues on mental illness and substance use.
 - Since then NAMI has expanded into 1000 affiliates around the state.
 - Many support groups: Parents and Loved Ones, Basics for Families and Youth, Family to Family, Family and Friends, Sharing the Hope (focused on minorities and more sensitive to barriers), Ending Silence (for middle and high schools - mental health and SUD discussions from people with lived experience), In Our Own Voice (lived experience for youth and general public), Faith Net (shared experience in churches), Home Front (program for veterans and loved ones), Support groups for teens and college kids starting soon.
 - All these groups are free because finances should not be a barrier.
 - Peer to peer education classes.
 - Dual diagnosis support group for MH and SUDs combined.
 - Jail diversion strategy to help get people that are in jail for minor crimes to treatment at the same time. Working with law enforcement, and other key stakeholders.
 - Signature programs are all very carefully crafted to reflect best practices in the field. Not a 12-step model but the structure is similar.

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Agenda Topic 3 – Personal Experience with Support Groups

Time allotted: 14 Minutes	Kelly, Brian, Jon
Presentation and Discussion	<ul style="list-style-type: none">○ Personal experience with NAMI shared by Kelly.○ Brian spoke about his perspective and experience with groups and recovery.○ <i>Challenge</i>: Think of other groups/programs we should start in the area - whether it is a new one or one that is already available in a different town. Bring ideas to our next meeting!
	Final Remarks: <ul style="list-style-type: none">○ Moment of wellness offered by Jon Magnuson to conclude the meeting.○ Next Consortium meeting is May 23rd at 2:00 PM.

End Time: 3:01 PM

RCORP Consortium & ROSC Council Satisfaction Report



What is your level of satisfaction with this meeting?

1 2 3 4 5
Very dissatisfied Dissatisfied Neutral Satisfied Very satisfied

How would you rate the materials/slides presented?

1 2 3 4 5
Very useless Useless Neutral Useful Very useful

Do you have any comments or suggestions?

Thank you for your participation!