## Hour House -Coles County ROSC Council Meeting Minutes April 25th, 2022

**Members Present:** Olivia Jenkins, Karen Cook, Nancy Phillips, Liesl Wingert, Gary Stephen, Dana Tell, Jeff McFadden

## **Membership Sharing:**

**ROSC Update**: Hour House applied and received for funding to expand ROSC Efforts! The expansion will include Edgar, Clark, and Moultrie counties. Hour House plans to hire 1 ROSC Supervisor and 5 ROSC Coordinators. Additionally, Hour House will hire 6 Recovery Navigators (similar to a Peer Specialist; at least 2 years of active sobriety/recovery – looking for someone who is community specific. If you are aware of anyone that might be a good fit for this, please let Karen know They do not need to live in the county in which they will serve). Implementation will begin FY23 (July 1, 2022). Karen has recovery navigator brochures if any additional community members need more. ROSC should also now be listed on the CORD link.

**Illinois Family Resource Center:** Continues to partner with ROSC and will be hosting their 6<sup>th</sup> webinar April 28<sup>th</sup> at 1 PM. The webinar will focus on building healthy parenting for recovery. IFRC will also be parenting with NACOA in May.

**Hour House Prevention:** Received additional grant funding and will now be expanding their curriculum for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grades. Has also been promoting National Drug Take Back Day-April 30<sup>th</sup>.

**Wingman Ministries:** Offers a sober living facility for men. The home will have a capacity of 2. Continues to help individuals after incarnation with navigation of social services, transportation, basic needs, and treatment options. Wingman Ministries also provided an update that a local Sober living home will be closing their doors. Additionally, Wingman Ministries will be having a conversation with a local individual who wants to open a homeless facility with capacity to house men and women.

**Supportive Services for Veteran Families:** Services that can be provided to support veterans are help with the first months rent, housing items, new beds, social service navigation. Due to the pandemic it was noted that 2 individuals have lost their lives due to SUD.

## Continuation of meeting with strategic goals discussion:

**Narcan Training:** Karen reached out to the Coles Co. Health Department and did not receive a response. Members suggested utilizing other trainers such as Champaign Urbana Public Health District can offer trainings (Joe Trotter); also, SIU School of Medicine (Liesl); Nancy mentioned that Stacy Welch (Douglas Co. is also trained)

- Members voiced that training needs to be provided to those attending local recovery meetings, living in sober living/homeless shelters, and family members.
- ROSC members suggested the 3<sup>rd</sup> week of June. Karen will reach out to the local library in Charleston to reserve a space. Members also want to reproduce the training in Mattoon due to lack of transportation. Members will suggest a location in the Mattoon area.
- Members also noted that an additional training should take place in September with the university is back in session.

## **Community Events:**

Community events/Anti-Stigma/Education

Karen reminded ROSC members that August 31<sup>st</sup> is National Overdose Awareness day; Karen explained to the members that they could host a candle light vigil to remember those who have lost their lives. Members suggested having a small group in each town due to lack of transportation. Members will volunteer to lead the groups.

The next Coles County meeting- May 30<sup>th</sup> at noon, meeting will be hybrid.