

Hour House -Effingham and Shelby County ROSC Council Meeting Minutes February 22, 2022

Members Present: Karen Cook, Nancy Phillips, Johnna Schultz, Kylie Goss, Carrie McKinzie, John Reith

Membership Sharing:

Recovery Navigator Update:

- Hour House is providing Recovery Navigator services (around 8 weeks in) Recovery Navigators provide recovery support services for those in recovery (one on one sessions and group sessions to help individuals on their journey); also called Peer Recovery Support Specialist or Peer Based Recovery Services

Resource Fair Reminders:

- Store fronts- look for locations that provide a diverse population
- What is our message?
- How does the community receive information- how can we engage them?
- What is our Call to Action?

Nancy Phillips: Illinois Family Resource Center

- Nancy is looking for 2-4 pilot groups to participate in Celebrating Families training; looking for 5 individuals to collaborate for each team; free and training will be provided by IL Family Resource Center; dates start in May; Karen will reach out to Nancy for additional information and will share email that provides additional details on the Celebrating Families training after the meeting; great educational resource for the community around SUD for families

John Reith: Comwell ROSC Coordinator

Provided insight on Community engagement and suggested doing a Pop-up Booth

- Gather information, brochures, community resources, etc.
- Utilize this opportunity to address stigma reduction.

Johnna Schultz: Effingham Public Library

- Two new case workers, continuing to navigate social service network from the library.
- Volunteered to help with resource pop-booth.
- Johnna will provide Nancy and Karen a connection some individuals who might be interested in the celebrating families training.

Next Meeting- March 22nd at 9 AM- Will be offering a hybrid version.