

## **Hour House - Douglas County ROSC Council Meeting Minutes**

**February 23<sup>rd</sup>, 2022 at 10:00 AM via Zoom**

**Members Present:** Karen Cook, Summer Phillips, Matthew Hales, Joe Mounce, Jennifer, Michelle Eaton, Liesl Wingert, Jason Pantier, Colleen Lehmann, Melissa Ratliff, Kari Knapp, Sara Ruhoff

### **Membership Sharing:**

**Liesl Wingert:** Program Coordinator at Southern Illinois University School of Medicine Center for Rural Health and Social Service Development

- Liesl is attending various interagency meetings and involved in multiple counties (including Douglas Co.); Liesl is here to make sure we have everything that we need

### **Kari Knapp: Community Health Specialist at Chestnut Health Systems**

- Chestnut has completed the Community Health Needs Assessment for Douglas County (thank you to all who were involved in the data collection)! Kari and Karen will be meeting within the next couple of weeks and the assessment data will be shared during the March ROSC meeting

### **Melissa Ratliff: Carle Addiction Recovery Community Outreach Worker**

- Lost a Grants Manager (job posted as of today 2/23); participating in U of I health fair and will be going to the event; if ROSC members have any resources that they would like shared, let Melissa know. There will be a new Community Health Outreach Worker who will be focusing on Champaign Co; ICAN Conference in June (Melissa is a part of the committee; focus is on harm reduction and stigma reduction; if anyone has topics or resources that would be beneficial, please send to Melissa)

### **Summer Philips: Director of Outreach at Douglas Co. Health Department**

- Attended ERBA online meeting – 2022 needs assessment for stakeholders was provided; the highest needs were child care, transportation, substance use; over 60 participants – 18 were from Coles County and 18 from Douglas County.
- Summer completed the CATCH My Breath vaping training and will complete the My Life My Quit training cessation program; Summer will be certified for cessation afterwards; potentially partnering with Lauren for Medicaid nicotine addiction- Medicaid laws might be changing, resulting in someone needing to go through cessation treatment in order to stay on Medicaid; Illinois laws are TBD but N. Carolina is implementing this on July 1, 2022
- Summer has new Narcan supplies; contact Summer if yours has expired or you need more; Summer has completed 1 needle exchange in last 60 days and 4 Narcan trainings (school from Oakland, and Fire Department and Probation in Douglas Co.)

### **Stacy Welch: President and Founder of Shalynn's Hope**

- 17 students will be attending the CGTI conference in Bloomington this Friday; 1 new student going this time; Karen requested that the ROSC come up with more ideas on how these students can assist the Douglas County community (similar to the backpack distribution)

### **Nancy Phillips: Illinois Family Resource Center**

- Nancy is looking for 2-4 pilot groups to participate in Celebrating Families training; looking for 5 individuals to collaborate for each team; free and training will be provided by IL Family Resource Center; dates start in May; Karen will reach out to Nancy for additional information and will share email that provides additional details on the Celebrating Families training after the meeting; great educational resource for the community around SUD for families

### **Karen Cook: ROSC Coordinator with Hour House**

- **Recovery Navigator Update:**
  - o Hour House is providing Recovery Navigator services (around 8 weeks in) Joe and Jennifer (2 out of the 5 Recovery Navigators were on the ROSC meeting); Recovery Navigators provide recovery support services for those in recovery (one on one sessions and group sessions to help individuals on their journey); also called Peer Recovery Support Specialist or Peer Based Recovery Services
  - o Karen will provide update on referral system; Summer requested that once referrals are received, to send that info to Summer for the Douglas County 211 system
  - o Liesl asked about reimbursement – Karen shared that they have not deployed Recovery Navigator’s just yet for services but they hope to start this by March 1; answer to this question is not known at this time- Karen said she would look into this deeper and will get back with Liesl and Kari
- **Continuation of meeting with strategic goals discussion:**
  1. ROSC will develop 2 additional meetings within 5 years ; Karen inquired about contacts- Summer is only aware of the one group that meets at the church? Summer mentioned a group within Coles County; Summer will reach out to see if they would be available to bring that service into Douglas County;
    - o Sarah Ruholl mentioned Celebrate Recovery options as well; Karen asked if anyone would be interested in reaching out to churches and seeing if they would be interested in starting a celebrate recovery
    - o Victory Church Camargo, IL. – Celebrate Recovery available Sunday at 5:00 PM; Jason will contact Victory Church to see if they can come present at an upcoming ROSC meeting
    - o Engage churches, create a list of contacts, reach out to discuss celebrate recovery and the benefits that it could bring to the community; Karen mentioned that there is a church in Peoria that offers Celebrate Recovery and the pastor is always happy to discuss this support with other pastors
    - o Summer suggested contacting the Pastoral Council for Douglas County
    - o Focus on younger local recovery group (AA, NA, Smart Recovery) (YPAA)
  2. Other: transportation, additional educational activities, stigma reduction surrounding SUD
    - o Summer inquired about a health fair at EIU; Karen mentioned that Lakeland might be doing one for spring
    - o Kari and Karen connect Summer with additional resources for cessation support; Liesl might be able to assist with this as well through connecting for full support
    - o Collaboration with health fairs- summer has made previous connections

- Pop up Booth Discussion
  - Gather information, brochures, community resources, etc.
  - Summer and Kari volunteered to help
  - Utilize this opportunity to address stigma reduction
- 3. Transportation:
  - a. Colleen asked Kari about how many individuals who need transportation are on Medicaid/Medicare; Kari shared that she will look into this more after attending the Rural Transit Assistance Center Spring Conference next week
  - b. Summer asked Kari about the barriers surrounding Lyft/Uber within Douglas County; can these services/trips be billed to MCO's? Kari shared that she will look into this more after attending the Rural Transit Assistance Center Spring Conference next week
  - c. If you have any specific questions regarding transportation, please email them to Kari Knapp at [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org) ; Kari will be happy to gather as much info as possible at the Rural Transit Assistance Center Spring Conference March 1-2
- **Wrap Up and Conclusion:**
  - All members: please come up with ideas on how Shalynn's Hope teens can assist the community members of Douglas County; bring ideas to next ROSC meeting
  - Summer: Contact YPPA from Coles County and discuss and see if they would be interested in new AA for Douglas Co.
  - Jason: contact Victory Church about promoting Celebrate Recovery and seeing if someone could come present at an upcoming ROSC meeting
  - Karen: code/billing questions for Liesl and Kari
  - Kari: follow-up with Colleen and Summer about transportation questions after transportation conference
  - Discussion on having the next ROSC meeting in-person
    - Next meeting: Wednesday, March 23<sup>rd</sup> at 10:00 AM in person at the Douglas County Health Department (virtual option will be available; more info to come)