

## **Hour House -Cumberland County ROSC Council Meeting Minutes February 24, 2022**

**Members Present:** Kristin Davis, Karen Cook, Sarah Ruholl, Joe Mounce, Jennifer Houser, Pauline Cade

### **Membership Sharing:**

### **Recovery Navigator Update:**

- Hour House is providing Recovery Navigator services (around 8 weeks in) Recovery Navigators provide recovery support services for those in recovery (one on one sessions and group sessions to help individuals on their journey); also called Peer Recovery Support Specialist or Peer Based Recovery Services

### **Illinois Family Resource Center**

- Nancy is looking for 2-4 pilot groups to participate in Celebrating Families training; looking for 5 individuals to collaborate for each team; free and training will be provided by IL Family Resource Center; dates start in May; Karen will reach out to Nancy for additional information and will share email that provides additional details on the Celebrating Families training after the meeting; great educational resource for the community around SUD for families

### **Kristin Davis: Hour House Prevention**

- Shared that they have completed Project Alert with the Cumberland School district. Prevention is promoting the Illinois Youth Survey and Cumberland Middle School will be participating.

### **Continuation of meeting with strategic goals discussion:**

ROSC will develop additional meetings or develop plans surrounding transportation; Karen inquired about contacts- Sara is only aware of Celebrate Recovery and the local AA meeting at the churches.

- Sarah Ruholl mentioned Celebrate Recovery options as well; Karen asked if Sara would contact Shawn and ask how the ROSC can provide support.
- Pauline mentioned the lack of transportation for individuals who are interested in attending the meetings. Karen and Sara plan to have discussion regarding a volunteer transportation list. Sara mentioned engaging the ministerial alliance to ask for support.
- Pauline and Sara both mentioned that the county lack adequate childcare opportunities. Kristin provided information that they YMCA offers before and after school childcare services. The YMCA also accepts CCRR for childcare payment.
- Engage churches, create a list of contacts, reach out to discuss celebrate recovery and the benefits that it could bring to the community; Karen mentioned that there is a church in Peoria that offers Celebrate Recovery and the pastor is always happy to discuss this support with other pastors
- Transportation to treatment is also a barrier, Karen mentioned Safe Passages and requested for additional law enforcement contact. Sara will provide Karen with this information. Karen will gather the materials to have a positive conversation on how ROSC can be supportive of Safe

Passage and will engage with other counties who have already implemented Safe Passage to bring them into the conversation.

- Karen shared that a network of hers; Kari will be attending the Rural Transit Assistance Center Spring Conference next week
- Sara asked about the barriers surrounding Lyft/Uber within Cumberland County; can these services/trips be billed to MCO's? Karen stated that she will meet with Kari after the conference to review the findings.

The next Cumberland County meeting- March 21<sup>st</sup> at 4:30 PM, meeting will be hybrid.