RCORP Consortium & Macoupin and Montgomery counties ROSC Council – December meeting					
Date: December 20 <sup>th</sup> , 2021	Time: 2 PM	In-person meeting at HSHS Saint Francis and https://slu.zoom.us/j/98964683555			
Meeting	December ROSC & RCORP Consortium Meeting				
Purpose	Safe Passage and St. Francis Way Clinic updates, Accomplishments, ROSC Outreach Plan				
Facilitator	Brian Pollo	×			
Attendees	<ul> <li>⋉ Kent Tarro</li> <li>⋉ Becky Hatlee</li> <li>⋈ Brian Pollo</li> <li>⋈ Tricia Lewis-Thompson</li> <li>☐ Lori Sanson</li> <li>⋈ Carissa van den Berk-Clark</li> <li>⋈ Giulia Butler</li> <li>☐ Lindsay Minor</li> <li>⋈ Elyse Schoen</li> <li>⋈ Elisabeth Walden,</li> <li>Substance Use Case</li> <li>Manager/Crisis Counselor</li> <li>HWC/SFW</li> <li>☐ Tamra Taylor</li> <li>☐ Debbie Link</li> </ul>	<ul> <li>☑ Orville Mercer</li> <li>☐ Donna Nahlik</li> <li>☑ James Timpe</li> <li>☐ Ty Bechel</li> <li>☐ Corinne Briscoe</li> <li>☐ Chief Ken Ryker</li> <li>☐ Dr. Brian Quarton</li> <li>☐ Brian Burnside</li> <li>☒ Jon Magnuson</li> <li>☐ Sue Campbell</li> <li>☐ Christy Blank</li> <li>☐ Chief Dwayne</li> <li>Wheeler</li> <li>☐ Denise Evans</li> </ul>	□ Dan Hutchinson  ☑ Linda Liebscher □ Amber Kite Montgomery County Housing □ Janel Robinson □ Dr. Kristen Ferguson ☑ David Knoblich □ Kelly Barbeau ☑ John Blank □ Kristine Gramm-Smith (NAMI) □ Carrie McKinzie, Dominion Diagnostics and family member ☑ Kevin Schott, Montgomery County EMA		
Agenda Topic 1 – Intr	oductions, Upcoming Events, Nov	vember Minutes, Safe Pa	ssage Update		
Time allotted: 20 minutes	Brian Pollo, Elyse Schoen				
Presentation and discussion	<ul> <li>Welcome and introductions</li> <li>Approval of meeting minutes</li> <li>Overview of agenda</li> <li>Upcoming events:         <ul> <li>Webinars: Substance Abuse Child Welfare (1/11), Motivational Interviewing (1/11), Effective Team Collaboration (1/27), Technology and Addiction (2/11) – you will receive a Zip file with these events.</li> <li>St. Francis Way and Health and Wellness Center are collecting items for client needs: Clothing items, toiletries, cleaning products through 12/30/2021 at either location.</li> <li>Christmas basket distribution at Union AVE Christian Church.</li> <li>Volunteers needed for packing and distribution.</li> </ul> </li> </ul>				

- Introduction to "Come Home to a New Thing" mental health summit and musical, which will be at Free Methodist Church in Hillsboro on 3/12/2022. Introduction to the musical will be at Crossover Ministries on 12/21/2021 at 7:30pm. RSVP 12/19/21.
   Linda distributed "Conquering the mind mental health summit" flyers. Hillsboro radical social change happening 1:1, looking for sponsors. Reach out to Linda (leendachambers@yahoo.com) for sponsorship letters.
   Al-Anon Meetings every Thursday at 6:30 PM at Cross Over Ministries Living Room (102 N Main St, Hillsboro, IL).
   Emotions Anonymous Meetings every Thursday from 6-7 PM at Beacon
  - Emotions Anonymous Meetings every Thursday from 6-7 PM at Beacon Church (622 North Franklin, Litchfield, IL).
  - Other webinars shared in follow-up email Zip folder.

#### o Safe Passage:

- Distribution of November report.
- Double booking appointments because the word is really getting out.
   Getting not only referrals from access points, but also individuals calling for help for themselves or others.
- Served 22 clients in November. 64% have begun treatment. 54% received outpatient treatment and 10% received inpatient treatment in Oct 2021.
- Gateway Foundation and Chestnut Health Systems seem to be first calls. Gateway in Jacksonville has 3 male beds available.
- Adult and Teen Challenge of Illinois a faith-based recovery in patient program (through Assembly of God) that has a women's center in Carlinville and two sponsored slots available for Litchfield area. The clients would have to be graduated from a detox program already. https://teenchallengeusa.org/centers/tcil103/
- Touring CRC in Irving next year, run by Montgomery County Public Health Department. Looking to get a representative from CRC to join our meetings.
- Like and follow Facebook page: https://www.facebook.com/SafepassagelitchfieldIL

Agenda Topic 2 – Saint Francis Way Clinic Update, Accomplishments, and Directions				
Time allotted: 15 minutes	Brian Pollo, Kent Tarro			
Presentation and Discussion	<ul> <li>Saint Francis Way Clinic:         <ul> <li>Columbian Boulevard Dental clinic with have two full-time dental providers and likely most popular dental clinic out of the 3.</li> <li>Some gaps: need additional therapists, psychiatric prescriber, licensed clinical social workers, licensed clinical professional counselor, skilled bachelor's degree counselor.</li> <li>Hard time hiring field recovery specialists for weekends, holidays, nights.</li> </ul> </li> </ul>			

- Certified drug and alcohol counselors could be the best-case managers because they work with both addiction and mental health. Have advertised through IL Certification Board.
- About to start a very heavy marketing campaign with billboards, radio campaign.
- Not quite at the point we should be, could be due to Covid and the fact that the clinic's opening did not get much traction after inauguration as the 2016 grand opening, which had newspapers and TV stations from Saint Louis and Springfield and brought in 400 clients in a month.

### Accomplishments:

- Opened the St. Francis Way Clinic seeing patients for behavioral health and substance use disorders.
- Established Safe Passages Program 17 sites.
- Established Recovery Oriented Systems of Care Program 17 council members so far.
- o Two new 12-step groups: Emotions Anonymous and Al-Anon.

### Directions for SFWC/Safe Passage:

- Expanding Volunteer Driving Program.
- o Emergency/Crisis services focused on economic needs.
- More coordination with hospitals in area.
- More coordination with probation and other criminal justice stakeholders.

### Any feedback on how things are going?

- Linda: mental health court meeting should be attended next month. The local Judicial system have received a grant for it.
- Kent: every step starts with awareness but how to engage businesses and counties. How to spread the word on addiction and that there is strength in asking for help. Any ideas?
- Carissa: increasing marketing and anti-stigma campaigns.
- o Kent: radio interview.
- Dave: newspapers, WSMI are followed by lots of people. Including those on FB and other social media.
- Kent: agree that it must be sustainable and short.

### Agenda Topic 3 – ROSC Outreach Strategies

Time allotted: 45 Minutes

Brian Pollo and all participants brainstorm

# Presentation and Discussion

### **Outreach Outlets:**

- Social Media: radio interviews with Shawn Balint, WSMI, newspapers, Saint Louis radio stations (STL Public Radio, STL on the Air, 99.1 the Joy), faithbased radio station out of Carlinville, social media.
- Litchfield School system, Candy Mazza is the best contact.
- Shane Grammer is a good resource in town.
- Heavier networking is necessary.

#### Events:

- o Brian created a 2022 event resource list.
- Try new avenues to get the message out. Trauma informed care, motivational interviewing, trainings. Linda: mental health summit in 2019 was attended by 300 people in the county. Lean onto this event as much as possible.
- Kevin: community risk reduction committee, last meeting was attended by Sen Turner and a representative. Introduction to educate two legislatures. 708 board in MT county, develop those events and when funding is needed, put a request in 708 board. Sole purpose is to address mental health issues in the area.

### Topics:

- Kevin: through our committee we discussed ACEs for children that was wellattended.
- o Kent: physical health, mental health, veteran support.

### Outreach strategies:

- O Create Branding and Templates for whole group to use.
- o Print Media (Flyers, Brochures).
- o Digital Media (Facebook, YouTube, etc.).
- Media Packs and Outreach (Talk Radio, Newspaper).
- O Stakeholder testimonials (short videos, blurbs, quotes).
- Creating workgroups with Risk Committee.
- Kent and Jon interview with Shawn Balint and develop mediums where people with lived experience can share their thoughts and stories. Can use a YouTube channel? Other mediums?
- Kent and Jon Magnuson have committed to interviews.

### Billboard discussion - draft due Dec 27th

- O Ideally 2 in Macoupin County and 2 in Montgomery County. None are available as of right now in Montgomery County. There are two billboards along Route 4. One in Benld (north-facing driving from Gillespie to Benld), and another in Girard (also north-facing and catching people driving from Girard toward Carlinville.) Those both have great visibility.
- First design is targeting anger and is more generic.
  - Carissa: Should add that help is free or low-cost.
  - Becky: must be mindful of what people can see in a short time. It needs to be short and communicative.
  - Jon: ideally steer away from the word pandemic.
  - John Blank: more need now than ever before. Feels strongly about this one. Kevin Schott: no matter the stance on the pandemic, the fatigue is there for everybody.
- Second one is eye-catching and the colors pop, has Safe Passage logo and has Litchfield and Gillespie phone numbers. Language is powerful.
- O Third and fourth options are nice and have one phone number.

	Final Remarks:  O Jan 12 <sup>th</sup> at 10 AM is next Risk Committee Meeting			
	<ul> <li>Moment of wellness offered by Jon Magnuson to conclude the meeting</li> </ul>			
	Next Consortium meeting: January 24th at 2:00 PM.			
End Time: 3:20 PM				

RCORP Consortium Satisfaction Report



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What is	s your level of satis	faction with this	meeting?			
	1 Very dissatisfied	2 Dissatisfied	3 Neutral	4 Satisfied	5 Very satisfied	
How w	ould you rate the r	materials/slides p	presented?			
	1 Very useless	2 Useless	3 Neutral	4 Useful	5 Very useful	
Do you	have any commer	nts or suggestion	s?			

Thank you for your participation!