



SI SUPRT MEETING MINUTES
December 1, 2021
12:00 – 1:00 PM
Egyptian Health Department

The meeting was held via ZOOM

In Attendance:

Tammy Samples – Safe Families for Children Area Coordinator
Ely Questelle – Egyptian Health Department (EHD) Supported Employment Specialist
Kimberly Scott- Pilkington – EHD Health Educator
Danielle Bradley – IL HEALS Saline/Gallatin/White County Resource Coordinator
Quest Nelson – Marion VA Peer Recovery Specialist
Danielle Camp – IL HEALS Volunteer Coordinator
Deb Beckman - Clinton County ROSC Coordinator
Misty Smith – EHD Support Specialist Coordinator
Kindra York – EHD Peer Recovery Support Specialist (PRSS)
Lori Lester – EHD PRSS
Haley Smith – EHD PRSS
Stacey Miller – EHD SUD Counselor
Gena Haile – EHD SUD Counselor
Samuel Stearns – Centerstone Community Development Representative
Chrystal Cantrell – EHD Health Education Administrative Assistant
Trevor Thompson – SIU School of Medicine ETHIC Grant Research Project Specialist
Dalus Ben Avi – Centerstone Director of Marketing & Community Engagement
Chris Dennis – EHD Prevention and ROSC Coordinator
Elizabeth Cook – EHD Quality Improvement Director
Angie Bailey – Southern Illinois Healthcare (SIH) System Director for Community Health & Benefits
Katie Unthank – EHD Director of Health Education
Lindsay Schroeder – The Night’s Shield Family & Youth Services Program Director
Mike Tyson – Take Action Today Executive Director

Introductions:

Attendees introduced themselves and the agencies they represent.

Standing Coalition Business:

*Approval of November minutes

- Dalus made a motion to approve November minutes.
- Danielle seconded the motion.
- All members were in favor.

*In-Person coalition meetings

- Most members like the idea of in person but due to travel would probably attend more via Zoom
- Most members also like the hybrid idea
- The council previously voted to do in-person meetings quarterly with Zoom available on the alternating months.
- We previously tossed around the idea of having a quarterly meeting in each of our ROSC counties (i.e. – one in Hamilton, Gallatin, Saline and White every year).

New and Standing Coalition Reports:

SIU SOM ETHIC Program (Ending Transmission of HIV, HCV, STD's and Overdose in Rural Communities) – Trevor Thompson/Wiley Jenkins

- **121 participants**

**114 white/Caucasian, 6 black, 1 other – 104 straight/heterosexual, 17 queer or non-heterosexual – 48 females, 73 males – Median age is 38

Drug Use

**24 identified heroin as a drug of choice – 11 identified street fentanyl as drug of choice – 95 identified methamphetamines as drug of choice

- The ETHIC grant is an over the phone process so travel is not usually necessary however, incentives are given to participants and the Community Action Place partner can travel to meet participants if needed. Coupon codes are also available for referrals.

SAFE FAMILIES FOR CHILDREN – Presentation: Tammy Samples

- Safe Families for Children - Southern Illinois offers help and support to families in crisis. We can provide safe hosting for kids in our volunteer host homes. This is especially helpful for parents who are in recovery and/or wanting to receive treatment for substance use disorder and care for their children is a barrier. We can help families who are homeless, need mental health services, have substance use/domestic violence/medical needs, and other needs.
- Our volunteers are trained, background checked, fingerprinted, and homes are safety checked. Hosting is short-term and parents retain all legal rights. We have parents sign a legal power of attorney granting consent for our host families to take the child to the doctor or enroll them in school if necessary. The hosting can be ended at any time if parents request to have their children back - although, if it is an unsafe situation, we will make a hotline call to DCFS. Our goal is to keep children from going into foster care and keep families together.
- We also offer mentoring-type services for parents who may not need hosting but could use some encouragement and mentoring to help them as they navigate the daily life of parenting.
- We have a resource closet that can help host families and parents with clothing, diapers, equipment, etc. We are always recruiting new volunteers (host families, family friends, resource friends) and always need more. I can be reached by calling 618-319-5751. Tammy Samples. tsamples@safefamilies.net

RECOVERY COMMUNITY OUTREACH EVENT – Lori Lester

- Community Laundry event suggested quarterly – Roc Wash-N-Go laundry in Eldorado has 1 washer size. Amount of money provided would be based on family size. Quarters and soap would be provided.
- 3-4 hours total of outreach with a last load time
- The idea was suggested to monetarily assist community members at local service area laundromats with Peer Support Specialists available to share the resources that are available for SUD and recovery support
- Looking for sponsors in towns of our service areas or council member agencies
- This is for the community so you do not have to be an EHD client to receive the services
- It was mentioned that there is not a laundry service in White County so would Rides Mass Transit possibly provide transportation for this service area?
- Angie mentioned that Carbondale hosts their events with donations from the faith-based community. Sponsored by First Presbyterian Church, Carbondale Interfaith Council and Sparrow Coalition.
carbondalelaundryproject@gmail.com

SIU SOM – SI SUD LEADERSHIP CENTER – Brent Van Ham

- No updates

IL HEALS: (Helping Everyone Access Linked Systems): Danielle Bradley, Danielle Camp

- IL HEALS is busy with referrals for Christmas gifts
- Heaven’s Kitchen had a great turn out for their Thanksgiving outreach – December 21 is their Christmas dinner. If you would like to volunteer, please reach out.
- IL HEALS has monthly meetings for Gallatin/Saline County, White County and Franklin/Williamson County. If you are interested in being on this distribution, contact dbradley@egyptian.org.
- If you can volunteer in any capacity, please contact dcamp@egyptian.org

NARCAN/NALOXONE/OVERDOSE REPORT, FENTANYL TEST STRIPS: Chris Dennis

- Fentanyl test strips are now available at EHD.
- Since June 2021, 35 mobile Narcan events were held in 22 counties with 916 naloxone kits being distributed.
- November 2021 numbers: 16 participants trained and 96 kits distributed.
- If anyone is interested in training or Narcan kits, you can contact Chris Dennis at #618-294-8322 x207.
- Mobile Narcan is ongoing in the 30 counties served by EHD. If you want to host or promote this, please reach out to Chris.
- Egyptian Health’s Peer Recovery Support Specialist staff can distribute Narcan also.

SUPPORTED EMPLOYMENT SPECIALIST – Ely Questelle

- EHD supported employment specialist can assist EHD clients with job searches, connecting with employers, building resumes, interviews and other job skills.

RECOVERY SUPPORT GROUP UPDATES: Haley Smith

- There are recovery support groups in our ROSC service and outside our service area but in southern IL.
- There are also multiple pathways such as Celebrate Recovery, Life Recovery 12 Step Recovery, Refuge Recovery and SMART recovery that have meetings listing which can be found on the internet.
- Take Action Today has a list of meetings on their website <https://takeactiontoday.net/meetings/>
- Celebrate Recovery meetings in Carmi 6 pm meal then meeting
- Life Recovery
- Cornerstone Church in Marion Wednesday evenings – meal at 6 PM and meeting at 6:30 PM/ childcare available - sometimes music

- First Baptist Church in Harrisburg has a meeting on Friday with a meal at 6 PM
- Alanon meeting in Harrisburg on Thursday at 11 AM
- Refuge Recovery has started back up with in-person meeting in Carbondale. Thursday 7-8pm. Sundays 10:30am-11:30am. Gaia House. 913 S Illinois Ave, Carbondale, IL 62901
- Please call EHD and ask for a Peer Recovery Support Specialist if you need more information.
- Link to AA District 16 Meetings: <https://aa-district16.org/>
- Link to NA Virtual Meetings: <https://virtual-na.org/>
- EHD's ROSC grant can fund interested PLE's for SMART recovery training as long as the meetings are held in our service area of Gallatin, Saline, White or Hamilton counties.

SUD (substance use disorder) STAFF NEWS: Gary Hamilton

- No updates

RECOVERY RESOURCE CENTER events: Chrystal Cantrell

- Please "like" our SI SUPRT Facebook page (link is at the end of meeting minutes).
- Final Anything Recovery Zoom event is December 13, 2021 1:00 to 2:30 PM – (Flyer attached)
- Recovery Speaker Presentation Zoom event is December 18, 2021 from 2-4 PM – (Flyer attached)
- Final Third Saturday Series which started in September 2020. We have completed having the events that were suggested by the clients and the community in the last survey. More to come as we decide how to move forward in 2022.

SIH SUPPORT GRANT and CHNA Summary –Angie Bailey/Danielle Begeske

- CHNA- Behavioral health is the main focus. Once all the data is compiled, it will be put on the website – tentatively set for April 2022
- SIH has Narcan available
- There is a MedSafe disposal unit at Herrin Hospital, St. Joseph's Hospital, Carbondale Memorial and the SIH Cancer Treatment Center. Now that SIH has merged with Harrisburg Medical Center, they are going to add a disposal option at this location in the future. Community members can bring unused, outdated medications and drop them in the container without having to wait for a designated annual Drug Takeback Day event.
- SIU SOM Continuing Education Site: [SIU School of Medicine \(highmarksce.com\)](https://www.highmarksce.com)
<https://www.highmarksce.com/siumed/index.cfm?do=ev.pubSearchEnduring>
- IL helpline is taking updates of information by emailing the helpline directly. There are provider resources available there also
- The HSIDN website www.hsidn.org/resources lists community resources in the lower 16 Illinois counties. Please take some time to review the list and see if there are any changes to be made or if you are aware of new resources. If there are updates that need to be made, please send them to Amanda Roberts of the SIU SOM CRHSSD at aroberts39@siumed.edu.
- See all SUPPORT activities here: <https://www.hsidn.org/support-program>

Council Leadership:

- Continued discussion from September and October meetings that while EHD is the lead agency for our ROSC grant, we need other council members to share leadership with council work.
- Council member roster update for FY 22/Memorandum of Understanding forthcoming. If anyone is interested, please contact Chris Dennis.
- White County council meetings will no longer be held separately on the third Thursday of the month. White County is a part of our ROSC service area along with Gallatin, Saline and Hamilton.
- The ROSC SI SUPRT meetings held on the 1st Wednesday of the month at noon serves all four counties.

Requests for Support and Collaboration:

- This was not discussed in depth due to time constraints.

General:

Sponsor a Brick:

- Misty mentioned the Fortress Community which networks with EHD on community resources is having a fundraiser to restore the Fortress Community Center and thought it would be helpful for SI SUPRT to consider a donation. A brick can be purchased for \$100 and we could have it engraved with SI SUPRT Council.
- Chris will make this an agenda item for next meeting so we can take an official vote on using SI SUPRT council funds held in the SICHC acct.

Illinois Tobacco Cessation News:

- The IL Tobacco Quitline is in its 20th year of serving IL. The current focus is on working with organizations that serve populations disproportionately burdened by tobacco use such as those with behavioral health conditions, LGBTQ+, chronic disease, low socioeconomic status, low educational level, racial/ethnic minorities, and pregnancy. If your organization is interested in becoming a referral partner (refer patients/clients interested in tobacco cessation options), please email me: kscott-pilkington@egyptian.org / # 618-313-1227.
- Facilitator Training w/Respiratory Care Association-Courage to Quit December 9-10. The cost for training is \$125, and the link to register is here: <https://resphealth.app.neoncrm.com/np/clients/resphealth/eventRegistration.jsp?event=316>.
- Courage to Quit classes begin January 4; no cost to participate-participants can register here: www.hsidn.org/couragetquit
- Illinois Tobacco Quit Line-www.quityes.org /866-784-8937; online chat, text, or call options are available; no charge to participate (for ages 13-99+)

Next Meeting: January 5, 2022 – 12:00-1:00 via ZOOM

ROSC State Website to view SI SUPRT documents:

<https://www.govst.edu/ROSC/>

SI SUPRT Facebook Page Link: (This link is our Facebook page to view all upcoming events and resources.):

<https://www.facebook.com/sisubstanceuseprevntionrecoverytreatmentcouncil>.

Illinois Family Resources Link:

<https://illinoisfamilyresources.org/>