
Health & Wellness Center

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Macoupin and Montgomery Counties ROSC Council

Membership Protocols

Recovery Oriented System of Care

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Defining ROSCs (Recovery Oriented System of Care)

ROSCs are networks of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders, other addictions, and mental illness. The system in ROSC is not a treatment agency, but a macro-level organization of a community, a state, or a nation. (William White)

General

By definition, protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their substance use, other addictions, or mental health disorders.

Mission, Goal, Vision, and Values

It is the duty of every ROSC Council member to adhere to the mission, goal, vision, and values. There tends to be a lack of understanding in the counties we serve that recovery happens within the community. The development and sustainability of a collaborative Recovery Oriented System of Care will work to create a culture that builds and nurtures recovery.

ROSC Mission

Supporting, facilitating, and advocating for the renewal and restoration of health and wellness for communities, families, and individuals who are seeking and living in recovery.

ROSC Goal

We believe that everyone has untapped potential - for some it is apparent, and for others it may be buried by trauma, substance use, other addictions, and mental health issues. We believe in people even when they do not believe in themselves, and that is why this ROSC wants to offer opportunities and make resources available to help those individuals become productive members of the community when they are ready. Our top priorities are to:

- Reduce stigma and increase engagement
- Improve awareness of substance use and mental health through education and outreach
- Cooperate across sectors, perspectives, and lived experiences

- Advocate for Macoupin & Montgomery counties and for individuals with substance use disorders

Illinois ROSC Vision

- People can and do recover
- Individuals and families determine the supports and services they need
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery
- Support of recovery is a community responsibility and value
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery
- Measuring quality and outcomes is a system priority

Illinois ROSC Values

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the “voice” of peers, family members, and the community in planning and decision-making
- Individuals and families determine the supports and services they need
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

ROSC Guiding Principles

- Recovery involves a process of healing and self-redefinition
- Recovery is support by peers and allies
- Recovery involves a personal recognition of the need for change and transformation
- Recovery is holistic
- There are many pathways to recovery

ROSC Elements

- Inclusion of voices and experiences of recovering individuals and their families
- Person-centered
- Strength-based

- Commitment to peer recovery support services
- Inclusive of family and other ally involvement
- Systems anchored in the community
- Continuity of care
- Ongoing monitoring and outreach
- Research based

Membership Inclusion, Expectations, and Role of Nonmembers

- Membership in Macoupin and Montgomery counties is open to all persons who understand and agree with the mission, goals, principles, and elements without regard to age, race, sex, creed, gender, sexual orientation, values, or physical challenges.
- It is the goal of the ROSC Council to be inclusive rather than exclusive. Rich and diverse community involvement will aide in the success of the ROSC Council.
- There is no need to define the role of nonparticipants as all community members are invited to join the council at any time.
- Persons on the ROSC Council who serve in the capacity of PLE (Persons with Lived Experience) or a family member of a PLE should not have judgement or criticism placed on them in any situation.
- PLE's must be intentional and actively involved in their own recovery program.
- Members must be willing to collaborate with other persons or organizations for the purpose of helping persons in recovery.
- Members will remain open minded and flexible in their thinking and willing to learn from one another.
- Members must maintain confidentiality and respect the privacy of all members; personal stories and situations that may be shared need to be kept within the council.
- Members have a common understanding of the language that pertains to addiction, mental health, and recovery.
- It shall be the right of the Council to change membership protocols if and when the Council determines a change is necessary. Such changes will be made by a 60% democratic majority vote at a ROSC meeting.

Recruitment

It will be the responsibility of the ROSC Coordinator(s) to fulfill the duties of recruitment when it comes to outreach and education both within Macoupin and Montgomery counties, and outside the counties. This will be accomplished through the ROSC website, emails, distribution of printed material, press releases, social media, radio ads, presentations, health fairs, trainings,

and community discussions. The importance of recruitment is to build our coalition. This coalition is important because it will allow our ROSC Council to develop relationships with people, programs and processes that will strengthen our community resources and move the entire four counties toward a positive social change.

It will also be every member of the ROSC Council's responsibility to recruit by word of mouth.

Some of our priority groups include individuals that live in the community, local hospital systems, primary care, mental health, law enforcement, states attorneys, drug courts, public defenders, regional leadership centers, landlords, local business owner(s), local and state government representatives and policymakers, persons with lived experience (PLEs), SUD prevention providers, SUD intervention providers (such as recovery homes), SUD treatment providers, SUD peer recovery support services provider(s), faith-based organizations, and other organizations such as homeless shelters.

Orientation

Orientating new members will make a significant contribution to the ROSC Council.

Involvement is crucial to the longevity of the ROSC Council. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council.

It will be the responsibility of the ROSC Coordinator(s) and other Recovery Care Coordinators to contact anyone who is interested in becoming a member. The new council members will learn about the council's vision, goals, objectives, history, purpose, and structure. Older members are also encouraged to provide a short introduction to new members, so that the latter understand their rights and responsibilities within the Council.

Training

It will be the responsibility of the ROSC coordinator(s) and other Recovery Care Coordinators to provide trainings to Council members. A few examples include Voices for Recovery, Partnership in Addiction, IRETA trainings, relevant TedTalks, and others. Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders, other addictions such as gambling and technology, and mental health disorders in our communities.

Council Work Groups

There will be no division in work groups at this time. The Council may revise this decision when and if it determines a change is necessary.

Community Needs Assessment

The community needs assessment will be updated annually and be available to all members of the ROSC Council as well as community members on the ROSC website. The Needs Assessment will consist of surveys, focus groups, key informant interviews, and secondary data such as census data, access to resources, state sites to get a sense of drug arrests and other information pertaining to addiction and mental health disorders. The Council will determine the necessity for additional qualitative research mechanisms if lack of attendance or other issues will arise.

Strategic Plan

The strategic plan will be developed based on data gathered during the assessment process. Data will be analyzed and used to develop goals, objectives, and strategies which are specific, measurable, attainable, and realistic. For the purpose of the ROSC Council, goals will be set and these goals will reflect the long-term vision of the council and the communities we serve as well as the need to meet all required deliverables according to the grant. At any time, the council can adjust their choice of strategy and tactics in unplanned ways. Immediate council needs and decisions will be discussed and evaluated to determine adjustments to the strategic plan.

Contact Information

ROSC Coordinators:

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Fiscal Contact:

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Meeting Information

- Platform for meetings: Hybrid (Live and Zoom). Zoom link and meeting agenda will be sent out monthly via email one week prior to meeting.
Zoom Link: <https://slu.zoom.us/j/99791426686>
- In-person meeting location: 805 St. Francis Way, Litchfield, IL 62056
- Meeting dates/time: Fourth Monday of the month at 2:00 PM (1 hour):

(Tentative 2021-2022 schedule) 11/22/2021, 12/27/2021, 1/24/2022, 2/28/2022, 3/28/2022, 4/25/2022, 5/23/2022, 6/27/2022, 7/25/2022, 8/22/2022, 9/26/2022, 10/24/2022, 11/28/2022.

