

GET INVOLVED!

FAMILY RECOVERY

New workgroup to plan family event and activities, as well as a 'Family Program' for newcomers and people in treatment, along with their loved ones, designed to help them understand alcoholism and addiction as a disease, codependency, recovery basics, assertive communication, and more.

RACIAL EQUALITY IN TREATMENT

Help break down barriers to receiving help among black and brown cultures. Panels, speakers, education and awareness, and other ways to build trust and make recovery possible for ALL who still suffer in our community but may be reluctant to seek help.

JAILS AND PRISONS RE-ENTRY

Be a part of McLean County Re-Entry Council, along with the ROSC, to help reduce recidivism and provide recovery tools and services to people coming out of jails and prisons.

We need people with lived experience (PLEs) in the ROSC Council. Tell us how you want to get involved and we will provide the service opportunities!

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YOUTUBE CHANNEL

Help foster ideas and provide content for McLean County ROSC YouTube channel-- recover stories, addiction and alcoholism education, stigma reduction, and various other videos to help carry the message that we do recover from a hopeless state of mind & body.

SOBER RECREATION

Seek Sober Living solutions in McLean County, including increased capacity and fundraising for scholarship funds to assist prospects with first month's rent and deposits into transitional housing.

SPIRITUALITY

Help organize and participate in events to help recovering people understand there are multiple paths to finding a vital spiritual experience. Includes panels, virtual parties, speakers, 12-step studies, CR and faith system overviews, and more.

CONTACT US

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MCLEAN COUNTY ROSC

*Recovery Oriented
Systems of Care*

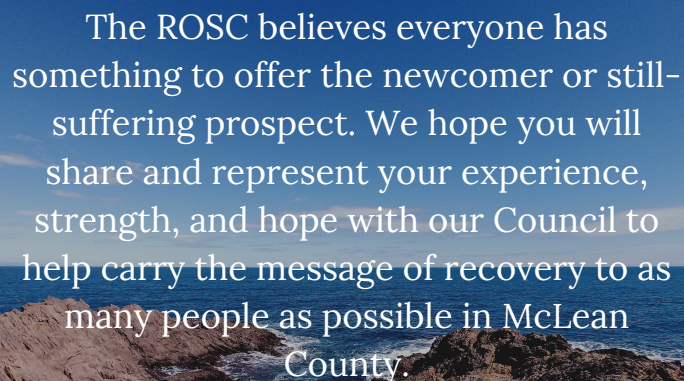
Recovery is a Reality!



WHAT IS A ROSC?

You may have heard of the term "ROSC" but don't really know much about it. The ROSC is basically a community coalition of volunteers and representatives from various agencies and organizations throughout McLean County, including people with lived experience (PLEs) from our recovery community (e.g. 12-step fellowships, CR, SMART). Our sole mission is to bring holistic, helpful services and solutions to McLean County's recovering people. This comes in many forms-- increased sober living capacity (and funds for rent), building awareness and education about addiction and alcoholism to reduce stigma, providing more recreational activities while offering new coping skills, providing outlets for spiritual growth, breaking down stigmas and barriers to treatment, assisting with mental health, and more. We recognize recovery is more than just going to treatment and meetings. Our goal is to listen to what the recovery community says it needs and do our best to address those needs.

The ROSC seeks to ally with existing 12-step and recovery communities rather than be seen as an alternative. We support multiple pathways of recovery but highly value the spiritual awakening and many other promises that materialize from a 12-step recovery program. We hope to benefit from the strong fellowships and people that already have been cultivated in BNAA and other existing programs in McLean County. The ROSC can only be effective if it has voices at the table to reflect the needs and experiences of the recovery community, which is why we hope you will consider finding out more about it and perhaps even becoming involved. This brochure outlines just some of the many ways the ROSC and our recovering people could benefit from your service and experience.



The ROSC believes everyone has something to offer the newcomer or still-suffering prospect. We hope you will share and represent your experience, strength, and hope with our Council to help carry the message of recovery to as many people as possible in McLean County.



Monthly ROSC Council Meetings are on 3rd Tuesday of every month at 3:30pm (one hour)

Zoom Code: 372 979 8714

ROSC Support Groups **Bridges All Recovery & Family Group:**

Every Thursday at 7:00 p.m.

Zoom ID: 182 684 538

Passcode: 2020

SMART Recovery:

Every Wednesday at 7:30 p.m.

Zoom ID: 372 979 8714

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STIGMA REDUCTION

Help educate and increase awareness among community at large, in order to help them understand alcoholism and addiction as a disease and view recovering people as sick people getting well, rather than immoral people trying to not be "bad".

BEHAVIORAL HEALTH

Collaborate with ROSC members to implement services and raise awareness about co-occurring disorder (i.e. dual diagnosis), abuse and addictive thinking in relationships, criminal thinking patterns, and other aspects to support substance and alcohol use recoverees who also have mental health disorders.

RECOVERY RECREATION

Make sure to feature your bestsellers or signature products or pieces. Keep it simple and to the point by listing the name, price and brief description.

GENERAL RECOVERY SUPPORT

Develop supports and services to help recovering men and women with various foundational needs, such as employment, transportation, childcare, starting new support group meetings (Bridges, SMART, LGBTQ+, Spice, etc.), and more.