

September is National Recovery Month! In celebration of this important month, the Logan Mason Recovery Oriented Systems of Care (ROSC) is staging its first annual Recovery Walk in both the Logan and Mason Counties. **The Logan County Recovery Walk** will be held on **Saturday, September 18<sup>th</sup> 2021** from **1-3pm at Scully Park** near downtown Lincoln – 303 S. Kickapoo St. Lincoln, IL 62656 (rain date Sept. 19). **Mason County Recovery Walk** will be held on **Saturday, September 25<sup>th</sup> from 1-3pm** at **Riverfront Park** near downtown Havana – 112 N. Schrader St. Havana, IL 62644 (rain date Sept. 26). The walk will be less than a mile with participants meeting and ending at the starting location. Please note, walking is not a requirement to participate in this event.

Recovery from addictions, mental health concerns, and other life challenges CAN and DOES happen! We believe there are many paths to recovery. Join us to remember those who have been lost to Substance Use Disorder and other mental health disorders. Please join us in this Recovery Walk to bring awareness and connect with others to eliminate stigma while celebrating victories in recovery.

This is a free family-friendly event where all members of the community are encourage to attend! Community vendors and agencies will be providing a wide variety of valuable resources and education.

If you are interested in becoming a sponsor, making a donation, or if you have any questions, please contact the Logan/Mason ROSC by emailing <a href="LoganMasonROSC@gmail.com">LoganMasonROSC@gmail.com</a> or by calling/texting 309-391-1298. If you are interested in having an informational booth at the walk, please email the Logan/Mason ROSC and be prepared to bring your own table/chairs.



