



T.E.E.C.H - ROSC MONTHLY MEETING AGENDA

DATE: May 25, 2021

TIME: 6:00 p.m. – 7:30 p.m.

6:00 – 6:30 PM

Opening Statement & Introductions

6:30 – 6:45 PM

Presentation:

6:45 – 7:00 PM

Presentation:

7:00 – 7:30 PM

Q&A, Closing by Dr. Karen White

From: Transforming Educating & Empowering Children and Humanity (dba TEECH) svdbygraceandmercy@sbcglobal.net
Subject: TEECH ROSC May 2021: Managing Resources
Date: May 18, 2021 at 9:57 PM
To: svdbygraceandmercy@sbcglobal.net



T.E.E.C.H Far Southside ROSC Initiative

Managing Resources

May 25, 2021 • 6:00 pm - 7:30 pm

Guest Speaker



Gregory Cox

Join The Discussion!

We all need resources! Knowing how to access and manage them is important to becoming successful. Join us as we take a look at how to manage our resources.

Zoom Information

<https://us02web.zoom.us/j/83457129193?pwd=5XZHSTgwOVIPbTRHM1hDROZYYTg3Zz09>

Meeting ID:

834 5712 9193

Password:

553998

Phone Number:

312-626-6799



TEECH FAR SOUTHSIDE ROSC INITIATIVE MONTHLY MEETING
VIA-ZOOM

Meeting **Date:** 05/25/2021

Time: 6:00PM – 7:30M

Community Topic: Managing Resources

Guest Speaker Gregory Cox emphasizing the importance of resources

What are resources: Defined as, assets and or strategy

What are our resources as it relates to recovery?

Some examples of resources as it relates to Recovery:

- Sponsor: related experiences
- Recovery Coach: your advocator and guide
- Counselor: knowledge on addiction and as it relates to your persona; struggles
- Therapist: Knowledge of self
- Treatment: first action to getting help
- Relationships:

All these work as resources because they are assets for one going through recovery. They will provide the one in recovery skills to get through their journey.

Some examples of Resources as it relates to community:

- Stores: provides necessities and desires
- Business: money and opportunities
- Churches: hope, faith, opportunities
- Relationships:
- Community: the old saying it takes a village meaning everyone helps each other.

Relationships is common in both situations. Relationships pay a unique role as it relates to resources.

- Make sure your relationships line up with your present state
- People places and things pay attention to who is affecting you



Why are resources important?

Resources are important because resources keep us as a world to continue moving but also, they keep us moving in our individual lives.

Managing your resources is knowing what is needed and being able to get the need fulfilled.

Everyone resources will look different because your resources represent who are the players in your life.

Questions and answers