



**FSSRI** Far Southside ROSC Initiative  
PLANNING FOR A BETTER COMMUNITY

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## **T.E.E.C.H - ROSC MONTHLY MEETING AGENDA**

**DATE:** February 17, 2021

**TIME:** 6:00 PM – 7:30 PM

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**6:00 – 6:15 PM**

Opening Statement & Introductions – De'Shara Clark

**6:15 – 7:00 PM**

Presentation:

The Recovering Parent – Ramona Randall & Sherin Randall-London

**7:00 – 7:30 PM**

Q&A, Closing - Dr. Karen White



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## T.E.E.C.H Far Southside ROSC Initiative

# The Recovering Parent

Wednesday, February 17, 2020

6:00 PM – 7:30 PM

### Guest Speakers:



**RAMONA RANDALL**



**SHERIN RANDALL-LONDON**

#### Join The Discussion!

*When a parent suffers with addiction the family is impacted, especially children. Tonight we will discuss the dynamics of recovery, parenting, and family life.*

### Zoom Information

<https://us02web.zoom.us/j/83457129193?pwd=ZXZHSUgwOVlPbTRHMTlhRDZYYTg3Zz09>

**Meeting ID:**

**834 5712 9193**

**Password:**

**553998**

**Phone Number:**

**312-626-6799**



## TEECH FAR SOUTHSIDE ROSC INITIATIVE MONTHLY MEETING VIA-ZOOM

Meeting Date: 02/17/2021

Time: 6:00PM – 7:30M

Community Topic: THE RECOVERING PARENT

Guest Speakers: Ramona Randell and Sherin Randell-London They will discuss:

- The struggles as the one in addiction (Ramona the mother)
- The struggles as one being the child of one in addiction ( Sherin Randell)

What is recovery: The process of becoming healthy or whole again or returning to its original state.

Recovery defined as it relates to Substance use and or alcohol addiction is to return to a healthy mind or state without the use of substances.

Both definitions are the same one includes substances, and one does not. However, both definitions are in common with returning to a healthy state of consciousness.

Why is the recovery process important?

- Recovery gives you another chance at life
- Recovery gives you another chance to correct your past mistakes

Who is involved in the recovery process:

The Recovery Process typically focus on the addict and the addiction. The model for recovery can look similar too:

- Treatment inpatient 28 days, outpatient
- Counselor
- Sponsor

Today in 2021 Recovery is looking different and better. Recovery model now vs. before

- Treatment inpatient 28days or outpatient
- Recovery Coach or Specialist
- Counselor
- Sponsor
- Therapist



Because there are multiple pathways to Recovery no one way is the set-in stone for everyone. However, we are learning Community should be included in the process and family. We have been educated and have observed addiction not only hurt the one in active use, but the community and families suffer as well.

The floor is open for questions and comments after