



## MERC Meeting Agenda

July 15, 2021

Via Zoom

1. Welcome and Introductions. We had 23 members attend this meeting.
2. Logo- We voted on several options for changes to the MERC logo. Laura will finalize the logo change with Chestnut's marketing staff.
3. Family Support Trainings with Bob Carty
  - July 26<sup>th</sup> at 6pm- 7pm "Learning New Ways to Communicate Within Your Family"
  - Free
  - Registration required for security purposes
  - Please share with anyone you think would benefit from this training.
  - See attached flyer
4. Family Support Committee Update.

The Family Support Network billboards are up in Clinton and Bond County. A faith based letter was prepared to reach out to local churches. A call log form has been created so that the volume of calls can be tracked.

Family Support Outreach Packets
5. Jean provided the update and shared that the family support packets have been assembled and distribution will begin. We will begin with delivering packets to Centerstone, Gateway, Comprehensive. Drug courts, probation, and DCFS. Please reach out to Laura if you would like packets.
6. Recovery Month
  - Libraries- 3 in each county. Laura has confirmed plans with Edwardsville library and is meeting with the Director 7/16. Jen is waiting to hear from Alton library staff. Janice is reaching out to Dupou library. Greg is waiting to hear back from the Belleville library staff. John will reach out to his contact person at the O'Fallon location. Jean reports the Troy library would prefer to purchase their own books. Laura will follow up with Troy library to create the plan for the resource table.
  - Faith Community- Toni is creating a letter to send to the Faith communities to bring awareness to the meaning and purpose of Recovery Month. We are asking the parishioners to include a prayer for those in recovery, actively using, and loved ones of those struggling with SUD.

- Facebook Live event with Mark Sanders, Toni Randall, and Ty Bechel.. The event is scheduled for 9/23 and will be from 7p.m. – 8p.m. We will work with Chrissy from CHS marketing to set up the Facebook Live event.

7. Rockin' For Recovery- Ty Bechel

The event is scheduled for 9/11 from 4-10pm. Volunteers are needed, contact Ty if you are interested. The headliner band is Bad Finger. There will be food trucks as well. Clinton, Bond, and Madison/St. Clair to donate \$333 each to help sponsor this event. See attached flyer for more info.

8. Wellness Moment.

Terri McKee presented on the topic of personal wellness.

9. Trainings and Presentations.

Mark Sanders will present at the next MERC meeting on the topic of "Equity and Diversity in Treatment." Laura asked for suggestions or requests for training topics and/or presentation topics that members are interested in. The next Narcan training is on 7/22 and 8/19. The times are 10a.m. and 2p.m. Please see attached flyer.

10. Announcements and events

Jen Nagel reported the CDC release the 2020 overdose data and there was a 30% increase. . Karen T. has information on Madison Co. and Dana will provide information on St. Clair Co. and it will be shared at the next MERC meeting. Cindy Mayhew advised Comprehensive is working with Recovery Corp. There are several positions available. Cindy stated there is a stipend available. For more information on these positions:

Comprehensive Behavioral Health Center of St. Clair County, Inc. in conjunction with AmeriCorps/Recovery Corps is actively seeking an Opioid Response Project Coordinator and Recovery Navigator who are ready and committed to begin a year of service empowering those who are seeking to live full and thriving lives in recovery from Substance Use.

To apply, please visit the following links:

<https://recovery-readingmathcorps.icims.com/.../opioi.../job>

<https://recovery-readingmathcorps.icims.com/.../recov.../job>

**Next meeting: August 19th, 2021 from 9:00-10:00 via Zoom.**