



ROSC

*Sunset Recovery
Yoga Seminar*

JULY 31, 2021 | 7PM

HORSESHOE SHELTER LINCOLN PARK

TREADWELL DR

GALESBURG, IL 61401

SUNSET RECOVERY YOGA SEMINAR

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TREADWELL DR
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7PM

7:00	LEANN - ROSC
7:10-7:35	LAURA BUSH - YOGA
7:35-7:45	BREAK TIME
7:45-8:05	ALYSSA PACHECO - YOGA
8:05-8:15	BREAK TIME
8:15-8:45	TINA HOPE - YOGA

*PLEASE BRING A SMALL BLANKET, TOWEL OR
YOGA MAT. WATER WILL BE PROVIDED!